

HEATHNOTES

Encourage - Challenge - Succeed



ISSUE 122
28th November 2025

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🌐 www.heathcoteschool.com Facebook/Twitter @heathcotee4

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**NEXT WEEK IS
TIMETABLE...**

A

Dear Parents and Carers,

We are incredibly proud to share and celebrate some fantastic pupil achievements. Huge congratulations to **Rashmiya in Year 10**, who represented Heathcote with confidence and passion in the **Jack Petchey 'Speak Out' Challenge**, helping our school to secure the overall **win** with a truly inspiring performance.



This year we were invited to take part in a debate with **Rt Hon Sir Ian Duncan Smith MP at the Houses of Parliament**. This offered our pupils a prestigious national stage to share their ideas, sharpen their argument, and demonstrate exceptional ambition and articulation. We are delighted to congratulate those **Sixth Form pupils**, who achieved **second place in the Debate**. These opportunities remind us of the remarkable talent across our school, and we are proud to champion experiences that empower pupils well beyond the classroom. A few key reminders as we move into the festive season:

Year 11 Parents' Evening

A reminder that Parents' Evening for **Year 11** on the **11th December 4.20 - 6.20pm**. This is an important opportunity to meet teachers and support your child through their GCSE journey. We are also offering talks on the next steps 'how to apply to college/ sixth form throughout the night. Plus selling revision guides for a variety of subjects.

Year 9 options presentation: **Friday, 5 December · 4:00 – 5:00pm. Online. See link on page 4.** This is to support families with understanding the options process.

Christmas Lunch payment

Please remember to make payment for Christmas Lunch if you have not already done so.

Christmas Hampers for families

We are currently putting together **Christmas hampers** for pupils and families within our school community who may benefit from additional support over the festive period. If you are able to donate (for example: **tinned or boxed foods, Christmas treats, small gifts, or toiletries**), we would welcome any contributions. All donations will go directly to Heathcote families and pupils.

School Tree decorations

We are also seeking donations to help decorate our **school Christmas tree**. If you have any spare **baubles, ribbons, stars, or other tree decorations**, or would like to contribute new items, we would be very grateful.

Your support, kindness, and partnership mean so much to our school community, and help make Heathcote a place where everyone feels valued and included. Thank you for being part of that.

Warmest regards,

Sonia Close

UPCOMING EVENTS

Tuesday 2nd December

Year 8 CPR First Aid Course

Friday 5th December

Year 9 Online Options Evening

Thursday 11th December

Year 11 Parents Evening

REMINDERS

- Breakfast Club pupils are expected to arrive and sign in via the main school reception before 8:15am - they will not be able to attend if they arrive after this time.
- Please ensure you download the Arbor App if you have not already done so. More information can be found here; <https://support.arbor-education.com/hc/en-us/sections/201716749-Using-Parent-Portal-and-the-Arbor-App-as-a-parent>

Heathcote School & Science College, 96 Normanton Park, Chingford, London, E4 6ES

School Notices

Heathcote School & Science College Sixth Form Open Evening



Wednesday 14th January 2026

Book Now Using This QR Code

- Meet our teachers and pupils
- Explore our courses and pathways
- Tour our bespoke Sixth Form building
- Discover how we prepare you for success

5.00pm
to
7.30pm



For more information, please visit our website at;

<https://heathcoteschool.com/sixth-form/admissions/>

We look forward to seeing you!

Closing Date For Applications: Friday 6th March 2026

Heathcote School & Science College Sixth Form, 96 Normanton Park, Chingford, London, E4 6ES
Telephone: 020 8498 5110 Email: heathcote.sixthform@heathcote.waltham.sch.uk

School Notices

Heathcote School & Science College Sixth Form



Top Sixth Form in Waltham Forest for progress and attainment

**ALPS 3 rating
2025**

**Top 25% of
Sixth Forms
nationally**

**Scan the QR
Code To Apply**

Vocational Success
Majority of BTECs at
**Distinction /
Distinction***,
opening doors to top
destinations



**A Level Excellence
(2025):**

28% at A–A*

55% at A–B*

77% at A–C*

**Closing Date For
Applications:
Friday 6th March
2026**

For more information, please visit our website at;

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We look forward to seeing you!

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School Notices

Upcoming trips and events

If you have not confirmed your child's attendance or paid, please do so asap as all three KS3 trips will close by Friday 5th December 2025. We will not add anyone else after that date.

Year 7 <i>17th December</i>	Science Museum – 7.1 and 7.2 RAF Museum – 7.3 and 7.4 Centre of the Cell – 7.5 and 7.6
Year 8 <i>17/18 December</i>	Bletchley Park/Architecture Design Day
Year 9	Performing Arts Experience

Overseas Trips

All trip letters confirming spaces have now been sent out with details of behaviour threshold, payment plans, etc. If you have not sent copy of your child's passport, please do so asap.

Year 10/12 Work Experience

We are still in stage 1 of the process. This is where students find their own placements with support from family and friends. Once your child has found their placement, the completed form needs to be returned to me (sbashal@heathcote.waltham.sch.uk)

Year 9 Options Presentation

Friday, 5 December · 4:00 – 5:00pm

Google Meet joining info

Video call link: <https://meet.google.com/aqf-pitx-xes>

Or dial: (US) +1 413-752-4120 PIN: 929 148 456#

You will have received a letter regarding this.

Ms Bashal



School Notices

University of Hertford: Upcoming Free Online Talks

The University of Hertford is offering a selection of free online talks to students who are interested. Please register using the hyperlinks provided below if you would like to take part.



Topic: Mathematics Taster Lecture: Discover the Shape of Graphs

Led by expert Dr Severin Bunk and will look at graph theory, a fascinating area of Maths that explores how things are connected. Get to know graphs and learn how they feature in solutions to real-world problems. No prior maths knowledge required beyond counting and doing sums

Date: Thursday 27th November 2025, **Time:** 16:30-17:15

Register here: <https://www.herts.ac.uk/study/open-days-and-events/online-events-and-webinars/subject-sessions>

Topic: Gothic Masterclass: The Dark Side of Literature

Led by expert Dr Kaja Franck and will step into the shadowed world of Gothic Literature to discover the history, terminology and key themes that exemplify the Gothic. In particular, Mary Shelley's Frankenstein and Jane Austen's Northanger Abbey will be explored.

Date: Monday 1st December 2025, **Time:** 19:00-19:45

Register here: <https://www.herts.ac.uk/study/open-days-and-events/online-events-and-webinars/subject-sessions>

Topic: Beyond Belief: Exploring the Sociology of Religion in a Changing World

Dive into the sociology of religion with expert Dr. Arndt Emmerich and explore how beliefs shape identity, conflict, and cohesion in our globalised world. This Masterclass is vital for A-Level students, directly supporting key curriculum topics. You will also get a brief introduction to the wider structure of the Sociology programme at Hertfordshire.

Date: 3rd December, **Time:** 16:30-17:15

Register here: <https://www.herts.ac.uk/about-us/news-and-events/events/online-events/2025/beyond-belief-exploring-the-sociology-of-religion-in-a-changing-world>



School Notices

Topic: Study Skills: Research Methods

The session is aimed at sixth form students looking to improve their research skills and may be particularly useful for EPQ students. A follow-up session on Academic Writing and Referencing will be running on 22 January.

Date: Thursday 4 December, **Time:** 16:30-17:15

Register here: <https://www.herts.ac.uk/about-us/news-and-events/events/online-events/2025/study-skills-research-methods2>

George Monoux Sixth Form College

For those planning to apply to Sir George Monoux Sixth Form College, early application is essential. Places are limited, and we have already made a significant number of offers to students who have attended interviews and provided references.

Why apply now?

We invite students to enrol based on when they receive an offer, meaning early applicants are more likely to secure a place on their preferred courses. Only a limited proportion of applicants secure a place each year, so early applicants have the advantage of knowing their outcome sooner.

- Students can apply here:
[How To Apply - Monoux Sixthform College](#)
- For full course details:
[Courses A to Z - Monoux Sixthform College](#)
- Read and download our prospectus:
[Download Prospectus - Monoux Sixthform College](#)

Find out more about our best exam results in history this year and our students destinations

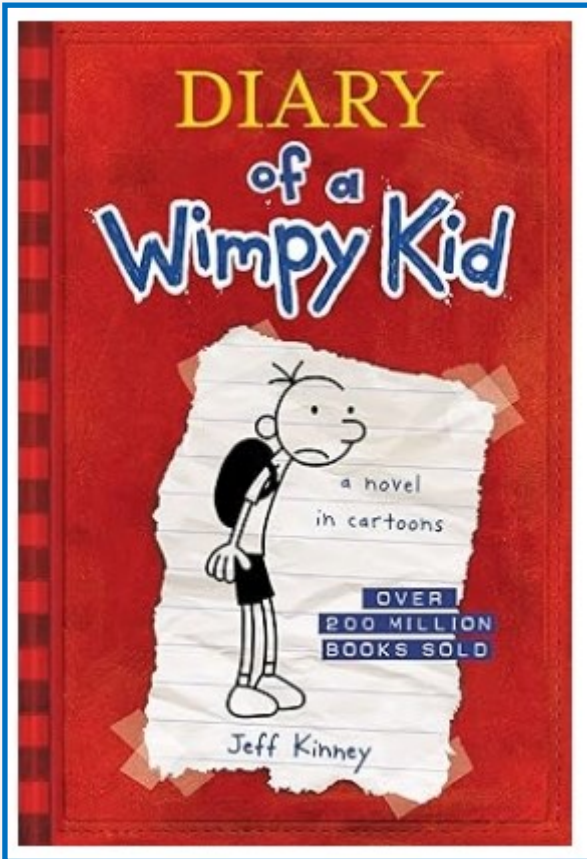
- [A-Level Results Day - Monoux Sixthform College](#)

Ms Bashal



Reading at Heathcote

Heathcote's Book Of The Fortnight



Diary Of A Wimpy Kid

Jeff Kinney

THE ONE WHERE IT ALL BEGINS!

The first book in the global phenomenon from #1 international bestselling author Jeff Kinney - 250 million copies of the series sold worldwide!

'Let me get something straight: this is a JOURNAL not a diary... The other thing I want to clear up right away is that this was MOM's idea, not mine.'

Things aren't going well for Greg Heffley.

He's been thrust into a new school where undersize weaklings share the corridors with kids who are taller, meaner and already shaving.

Along with his friend Rowley, Greg's desperate to prove his new maturity, which only going up a grade can bring. But when Rowley's star starts to rise, will Greg be able to reach the same heights of popularity as his best friend?

Ms Nash

Librarian



Year 7 News

Form	Praise Points	Attendance
7.1	116	94.3%
7.2	133	96.7%
7.3	125	90.5%
7.4	160	100.0%
7.5	157	91.9%
7.6	224	96.2%

Key Messages

Dear Parents/Carers,

I would like to begin by congratulating all the pupils who represented our school at the **Indoor Athletics Competition** this week. The feedback from staff and event organisers has been extremely positive, and it was great to hear how much the pupils enjoyed taking part. They represented Year 7 brilliantly, and I am very proud of them.

A special well done also goes to 7.5, who won Fun Friday this week after showing a huge improvement in their behaviour points and punctuality. This is fantastic progress, and I look forward to seeing even more positive achievements across the year group. Our focus for next week will be on earning positive behaviour points.

A reminder that the next instalment for the Gilwell Park trip is due on **Friday 28th November**. If you have not yet done so, please make this payment via the Arbor app.

I must also once again ask for your support in monitoring **your child's online activity in regards to group chats and involvement on online platforms such as Tiktok and Snapchat**. No pupil should be part of large group chats. If you find that your child is involved in one, please remove them. I will be sending out guidance to you on how to manage the settings on their phone so they cannot be added to these without accepting. These groups continue to create significant issues in school and are very difficult for us to manage without parental support. Sadly, some pupils have been the subject of unkind messages, whilst others have actively engaged in negative behaviours which have deliberately sought to isolate, manipulate and bully others. This is utterly unacceptable and such things have been of interest to Police when we have had such issues previously. We are keen to work proactively with families to prevent this but require significant monitoring by parents to eradicate this.

Kindest regards

Ms Clancey

Year 7 Lead



Year 8 News

Form	Praise Points	Attendance
8.1	76	92.1%
8.2	225	89.0%
8.3	98	98.0%
8.4	84	86.9%
8.5	78	91.6%
8.6	102	97.6%

Dear Parents/Carers,

I hope this newsletter finds you well. I wanted to take a moment to share some wonderful updates about Year 8 and to ask for your continued support with an important matter.

A Reminder About Online Safety

I'd like to remind all parents and carers to regularly check your child's phone and monitor their online activity. Unfortunately, we've seen an increase in instances of bullying via group chats and social media posts that are affecting our pupils at school. These incidents can have a significant impact on your child's wellbeing and their ability to feel safe and happy in school.

Please take time to:

- Review your child's social media accounts and messaging apps
- Discuss appropriate online behaviour and the impact of hurtful messages
- Encourage your child to speak to you or a trusted adult if they experience or witness bullying online
- Remind them that screenshots can be shared and nothing online is truly private

If you have any concerns about online bullying or need support in managing your child's online safety, please don't hesitate to contact me or your child's form tutor.

Year 8 Celebrations

I'm delighted to share some fantastic news about Year 8 this week!

- **Fire Drill Line-Up Practice**
Year 8 did brilliantly in our fire drill line-up practice this week. Every single pupil demonstrated excellent behaviour, quick responses, and perfect silence. It was wonderful to see! I now expect to see this same high standard every morning during line-up, as I know you can all do it. Well done, Year 8 – you've set the bar high!
- **Assembly Behaviour**
Year 8 were beautifully behaved in our two recent assemblies. The maturity, respect, and attentiveness you showed made me incredibly proud. Thank you for representing yourselves and our school community so well.
- **Girls' Football Team Success**
Huge congratulations to our girls' football team on their outstanding achievements! The team secured a fantastic 7-1 victory and have progressed through to the quarter-finals. They then went on to win 3-1 in the Essex Cup! What an incredible achievement – your hard work, teamwork, and determination have truly paid off. The whole school is proud of you. Well done, girls!

English Department Success

Congratulations to Ms Singh's English set for their outstanding work this term! The class has shown excellent engagement, creativity, and dedication to their studies. Well done to all students – keep up the fantastic effort!

Drama Excellence

Year 8 are currently studying improvisation in Drama—a challenging topic that requires quick thinking, collaboration, and adaptability. I'm incredibly proud to say that all pupils have been fully engaged and consistently giving 100% effort in lessons.

The following pupils have particularly stood out in their performances this week:

8.2—Julian, AJ, Cerys, Sammy, Lionel, Silvio, Daniil, Olivia, Alea, Joshua & Adam

8.3—Nicole, Mia, Archie, Christian, Sofian, Jassvin, Alex, Alessia, Emily, Angelica, Aleena & Johan

Your creativity, confidence, and teamwork have been exceptional. Well done!

Year 8 Stars of the Week

Congratulations to our Year 8 Stars of the Week! These pupils have demonstrated outstanding effort, attitude, and achievement across their lessons (*right*). Well done to all of you – you are excellent role models for your peers!

Thank you for your continued support. Together, we're helping Year 8 achieve wonderful things.

Ms Gasper
Year 8 Lead

Form	Star 1	Star 2
8.1	Igor	Charli-Ann
8.2	Isabella	Olivia
8.3	Jasmine	Jassvin
8.4	Hana	Maya
8.5	Ajsel	Kayla
8.6	Florence	Charlie W



Year 9 News

Form	Praise Points	Attendance
9.1	156	90.3%
9.2	197	91.0%
9.3	206	93.4%
9.4	52	77.9%
9.5	113	91.7%
9.6	107	90.8%
9.7	94	93.1%

Dear Parents/Carers,

A huge well done to pupils in 9.4, who have created a thoughtful and engaging PowerPoint exploring the positives and negatives of social media sites and apps. Their work demonstrated maturity, insight and strong teamwork. A special thank you goes to Enxhi, Anas and Haroon, who presented the topic to the entire year group via an online assembly with confidence and clarity. They represented the year group brilliantly.

Unfortunately, since September, Year 9 pupils have accumulated 1,587 late marks. This figure is unacceptable and highlights a pressing concern around punctuality. Arriving on time to school and to lessons is essential. Continued lateness results in significant learning time being lost and disrupts the education of others.

Year 9 is a crucial stage in your child's school journey, and we must see an improvement in punctuality moving forward. We ask for your support in ensuring your child arrives promptly to school each day and to their lessons. Persistent lateness will result in truancy reports to Ms Apperley and potential parent meetings.

Ms Larkin would like to share how proud she is of the Year 9 pupils who have taken part in her pastoral intervention sessions so far this year. Pupils have shown commitment and positive engagement with the sessions and are all working hard towards constructive outcomes. If you feel your child would benefit from any of the following interventions, these run weekly for half an hour in a period 5 across a half term. The next phase will begin after the Christmas break. Please feel free to contact Ms Larkin with any queries. rlarkin@heathcote.waltham.sch.uk

● Anger Management	● Managing emotions	● Making decisions
● Anxiety	● Self esteem	● Communication skills
● Behaviour	● Well being	● Mindfulness
● Confidence	● Social skills	
● Friendships	● Substances work	

Reminders

As we begin preparing for the Year 9 Options Process, it is essential that we have full engagement from both pupils and parents. To ensure a smooth and well-informed process, we will be providing clear guidance and opportunities for you to explore the subjects available. Your involvement makes a big difference in helping pupils choose what's right for them, and we're thankful to be working alongside you during this important time.

Stage 1: Online Options Presentation

Friday 5 December · 4:00–5:00pm
 Google Meet link: <https://meet.google.com/aqf-pitx-xes>
 Dial-in (US): +1 413-752-4120
 PIN: 929 148 456#

More information will follow closer to the date, but please ensure this key date is added to your diary.

Stage 2: Parents' Evening, Options Fair & Presentation

Thursday 29th January, 4:00–6:20pm. This event will include:

- Year 9 Parents' Evening
- An Options Fair to explore subjects in more detail
- A further Options Presentation to support final decision-making

Upcoming Events

- Year 9 Online Options Evening – Friday 5th December 4-5pm
- Mental Health Workshop – Monday 8th December P5
- Year 9 Rewards Assembly – Friday 12th December
- Year 9 Lottery Winners Rewards Afternoon – Friday 12th December P5

Ms Apperley

Year 9 Lead



Year 10 News

Form	Praise Points	Attendance
10.1	195	88.4%
10.2	72	76.6%
10.3	104	86.9%
10.4	126	89.9%
10.5	146	89.4%
10.6	115	87.9%

Key Messages

Dear Parents and Carers,

Challenge Week – 17th to 28th November

As we near the end of the first **Challenge Week** period, I want to praise all of our year 10 pupils for the effort and commitment that they have put into preparing for the exams. They have shown real maturity and I hope that their efforts are rewarded with positive results. Groups in core subjects will be reviewed once all tests have been marked and the data collated and analysed.

Intervention and Support

We have a range of intervention sessions running in order to support year 10 with their achievement, resilience and organisation. Our Science boosters and period 1 pastoral interventions have got off to a positive start. Please can I ask for your support in reminding your child to attend these regularly.

- **Period 1 Pastoral Support Sessions** are run daily, from 9-10am in the Humanities building.
- **Science Boosters run on Wednesdays**, after school, week A & B depending on your child's teacher
- **Maths Sparx Club** takes place weekly on a Wednesday after school in the library. This also means that children can attend Science one week and Sparx the following week if necessary.
- **Homework Club** takes place weekly on a Tuesday after school in the library.
- **Maths Mentoring** is running on a Monday, week B, after school in the 6th form study area

All of these activities are by invitation only, however the groups are reviewed regularly and pupils swapped in and out, so lots of our year 10s will benefit from the offer over the course of the year.

Keeping Property Safe

We have unfortunately dealt with a few incidents of students' belongings going missing in recent weeks, which is very disappointing. Please ensure that all equipment and uniform items are clearly labelled so they can be easily identified. Remind your child to keep their belongings secure in their bag or locker. Students should not lend their equipment to others. If a child does not have the correct equipment, they must speak to their class teacher.

Mobile phones, if brought to school, are done so at the student's own risk and should also be marked for identification. I would also like to reiterate that mobile phones should not be seen at all during the school day. If staff see a child using their phone, it will be confiscated and a restoration logged.

Use of Social Media

Please note that the minimum age for the most popular social-media and messaging apps are:

- **Snapchat** – 13 years ([UK Safer Internet Centre](#))
- **Instagram** – 13 years ([Better Internet for Kids](#))
- **TikTok** – 13 years ([klicksafe.de](#))
- **WhatsApp** – 16 years (though some sources indicate 13+, depending on account setup) ([LSE Blogs](#))

We encourage all parents/carers to monitor all social-media use carefully. While the school cannot investigate incidents that happen on social media outside school hours, we are happy to advise families on how to deactivate or report problematic accounts if needed.

Thank you for your support in helping keep children safe online.

Ms Page

Year 10 Lead



Year 11 News

Form	Praise Points	Attendance
11.1	114	77.7%
11.2	96	86.3%
11.3	144	80.8%
11.4	120	88.9%
11.5	93	79.7%
11.6	132	81.0%

Key Messages

Dear Parents/Carers,

We hope pupils found the careers fair at Olympia a valuable experience and that it has inspired choices for their post-16 options. I have started to see a rise in applications to colleges and sixth-form and subsequent reference requests. Well done to those pupils that have been proactive.

Pupils need to be mindful of different deadlines for applications, each establishment will have their own deadline date. Pupils have also been provided with subject insights this week in form time from all the A-level subjects that they could select in sixth-form.

Results Opening

On Thursday this week we had a mock result opening, in which pupils got to experience opening their results from challenge week 1 and the most recent predictions from staff. This was followed by a whole year group assembly to reflect on the experience and to hear from one of our year 13 pupils about her experience at this stage two years ago.

Next week we will be holding more bespoke assemblies for pupils to guide them on their current post-16 options based on their current predictions and provide pupils with an opportunity to ask questions related to careers.

Key Date

Y11 Parents Evening: Thursday 11th December – More detailed reports will be shared with you at parents evening, a next steps presentation by Ms Elmi will be delivered and most importantly an opportunity to speak with your child's subject teachers.

Year 11 in school targets:

Based on our reflections from half-term 1 the following targets are in place for year 11:

- *Punctuality* – be at FORM TIME & LESSONS on time
- *Attendance = outcomes* - No excuses – authorised absence ONLY
- *Restorations* - Attend 30 minutes and do not let them escalate to 60 minute detentions (6,120 minutes were wasted last half term).

Thank you for your supporting our year 11s in making this year a success.

Ms Lewis

Year 11 Lead



Year 12 News

Form	Praise Points	Attendance
12.1	5	88.6%
12.2	9	91.6%
12.3	5	93.3%
12.4	3	91.9%
12.5	9	92.5%

Key Messages

Dear Parents & Carers of Year 12,

It has been a very exciting few weeks in Year 12, with a number of fantastic achievements and opportunities to celebrate. We are extremely proud of our students and their continued commitment to personal and academic success.

Student Achievements & Opportunities

- Debating Success**
 Congratulations to Leigha, Ella, Valentin, Yanis and Heathcote School on reaching the Semi-Final of Iain's Sixth Form Debating Competition. The Semi-Final and Final will take place on Thursday 27th November at the Palace of Westminster — a truly prestigious achievement (right). We would also like to congratulate Joe, Alea, Teddy and Zahraa for being selected for the competition and for representing the school so fantastically. We are incredibly proud of all students involved.
- Leytonstone Roadshow**
 A big well done to Kezia, Mahek and Farhan for attending the Leytonstone Roadshow and representing the school so brilliantly.
- Rising Opportunities Scheme**
 Special recognition to all students who have signed up to the Rising Opportunities Scheme, which offers mentoring and access to top universities with reduced entry requirements.
- Envision Programme**
 Well done to all students who attended the Envision Programme. This is another excellent opportunity and we are proud of those who took part.
- Cambridge University Visit**
 Congratulations to the students selected to attend the upcoming Cambridge University trip — a significant academic achievement.
- EY Programme**
 Well done to all students selected for the EY Programme, taking place on 27th November.
- Rothschild Insights Day**
 A special congratulations to Emirhan G for attending the Rothschild Insights Day, a highly prestigious programme. We are extremely proud of this achievement.
 Reminder: Students should continue to regularly check the Google Classroom noticeboard for new opportunities. We are very fortunate to offer such a wide range of enrichment activities and encourage all students to take full advantage.



Challenge Week – Important Message

During the current mock period, a number of staff have raised concerns about a more “laid-back” attitude from some students. This is a vital time in the academic year and Challenge Week is an opportunity for students to truly shine. We strongly encourage all students to give their very best effort.

Please note that following Challenge Week, supervised spotlight sessions will be introduced to quality assure students' work.

Key Reminders

- Uniform:** As the weather becomes colder, students should dress appropriately and warmly. However, Ugg boots are not permitted as part of the Sixth Form dress code.
- Mobile Phones & Electronic Devices:** These should not be used outside of the Sixth Form building.
- Attendance:** Current Year 12 attendance stands at 95.8%, below our target of 97%. We expect to see this rise by Christmas, and positive attendance will be rewarded.

Birthday Celebrations

We would also like to wish Lihan W and Ibrahim A a very happy birthday as they celebrate this week!

Ms Singh/Ms Ismail

Joint Year 12 Lead



Year 13 News

Form	Praise Points	Attendance
13.1	5	92.3%
13.2	12	91.5%
13.3	10	88.8%
13.4	39	93.8%
13.5	36	93.1%

Key Messages

Dear Parents/Carers of Year 13,

Thank You to Year 13 Parents and Carers

Thank you to all the parents and carers who were able to attend the Year 13 Parents' Evening. We appreciate you taking the time to meet with staff and support your child during this important stage of their studies. Your engagement and partnership make a real difference.

UCAS Applications – Important Deadlines for Year 13

A reminder to all parents and carers that the *internal school deadline for UCAS applications is Friday 2nd December*. Meeting this date is essential, as it allows staff sufficient time to carefully review each student's application and finalise references to a high standard.

The *national UCAS deadline is 14th January at 6pm*, but we aim to submit all applications well in advance of this to avoid any last-minute issues.

Please also note that a *UCAS application fee of £28.95* must be paid in order for an application to be submitted. Ensuring this payment is made promptly will help prevent any delays.

Thank you for your continued support in helping students meet these important milestones.

Contact Details

If you'd like to contact me via e-mail the address is:

pmiltiadou@heathcote.waltham.sch.uk

Mr Miltiadou

Year 13 Lead



Other News & Events

Children's Services Directorate



Waltham Forest Town Hall, Fellowship Square, Forest Road, London E17 4JF

Email: wfholidayactivityprogramme@walthamforest.gov.uk
Direct Line: 0208 496 6076
Date: Wednesday 19th November 2025

Dear Parent,

Re: Book your child for their free HAF winter holiday club

I am pleased to be writing to invite you to book your child onto the free Waltham Forest's Holiday Activity and Food Programme for Winter 25.

These free holiday opportunities are funded through the government's Holiday Activities and Food (HAF) programme, which enables us to provide a holiday programme across the borough for primary and secondary school aged children who are eligible for benefits-related free school meals.

From Monday 24th November you will be able to visit the website below where you will be able to book your child onto a range of sessions. To ensure all eligible children have access to our programme, your child is able to book up to **4 sessions** during the Winter holidays from Saturday 20th December 2025- Friday 2nd January 2026, at no cost to you. The sessions will include a variety of fun activities, including sports, music, arts and other exciting opportunities to learn and develop skills, alongside a nutritious meal each day.

- To find out more and the places available to book, please visit www.walthamforest.gov.uk/holidays
- If you have any queries regarding the holiday activity programme, please email wfholidayactivityprogramme@walthamforest.gov.uk or call 0208 496 6076.

In addition to this free programme, families who are eligible for Universal Credit may be able to claim back up to 85% of their childcare costs. Please visit <https://www.gov.uk/help-with-childcare-costs/universal-credit> to find out more.

Yours faithfully,

Mary Jarrett
Corporate Director for Education

walthamforest.gov.uk

Other News & Events



WALTHAM FOREST HOLIDAY ACTIVITY AND FOOD PROGRAMME

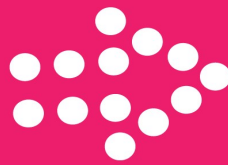
20 DECEMBER 2025 – 2 JANUARY 2026

WINTER 2025

**ARE YOU AGED BETWEEN 5-16
AND IN RECEIPT OF BENEFIT
RELATED FREE SCHOOL MEALS?**

This winter we have the opportunity for you to try a wide range of free activities, have fun, make friends and enjoy a free meal every day across the borough.

To book your place and find out more scan here:



or visit

WALTHAMFOREST.GOV.UK/HOLIDAYS

Booking is essential on all activities so book early to avoid disappointment

For queries please contact the Waltham Forest Holiday Activity Programme team on:

**WFHOLIDAYACTIVITYPROGRAMME@
WALTHAMFOREST.GOV.UK**



Other News & Events

THE GREAT BRITISH
BAKE OFF®

COULD YOU BE THE NEXT STAR BAKER?



WWW.APPLYFORBAKEOFF.CO.UK

APPLICATIONS CLOSE ON MONDAY 15TH DECEMBER 2025 AT 1PM.

MORE INFO: APPLYFORBAKEOFF@LOVEPRODUCTIONS.CO.UK

Other News & Events



Vaccination UK
Immunisation Provider for
NHS

LONDON'S

NHS

22-30 NOVEMBER

BIG WEEK

**FLU CASES ARE RISING.
GET YOUR FLU JAB.**



**FREE FLU VACCINE walk-in
clinics for school-aged children
North-East London**

Tower Hamlets

Tuesday 25th November
3:00 - 5:30pm
Sutton Wharf Health Centre, E2 0FA

Redbridge

Thursday 27th November
3:30pm - 5:30pm
Fullwell Cross Library, IG6 2EA

Haringey

Thursday 27th November,
3:30 - 5:00pm
Somerset Gardens Health Centre, N17 8NW

Newham

Saturday 29th November
10am-2pm
East Ham Library, E6 2RT

Havering

Wednesday 26th November
3:30 - 5:30pm
Rainham Royals Youth Centre, RM13 9YG

Waltham Forest

Thursday 27th November
3:30 - 5:30pm
Leytonstone United Free Church, E11 1AY

Barking & Dagenham

Saturday 29th November
10am-1pm
Harmony House, RM9 6XN

Or scan here to
book in to a clinic



Lunch Menu

Week Beginning 1st December

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL 1	Spicy Meatballs in a Tangy Tomato Sauce with Mixed Rice	Jerk Chicken with Italian Diced Potatoes	Lamb Rogan Josh with Mixed Rice & Naan Bread	Roast Chicken Chicken with Mash Potatoes & Gravy	MSC Fish Fingers or Bubble Crumb Salmon with Chipped Potatoes
Main Meal 2	Mexican Style Quorn Loaded Burrito (v)	Impossible Fillet Burger in a Floured Bun (ve)	Vegetable, Ginger & Garlic Stir Fry with Egg Noodles (v)	Quorn Chilli Dog with Tomato Salsa (ve)	Firecracker Pizza with Garlic Bread (v)
JACKET POTATO	Jacket Potato with Various Fillings (v)(ve)	Jacket Potato with Various Fillings (v)(ve)	Jacket Potato with Various Fillings (v)(ve)	Jacket Potato with Various Fillings (v)(ve)	Jacket Potato with Various Fillings (v)(ve)
PASTA POT	Pasta King (ve) (v)	Pasta King (ve) (v)	Pasta King (ve)(v)	Pasta King (ve)(v)	Pasta King (ve) (v)
UNLIMITED VEGETABLES	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables & Baked Beans
UNLIMITED SEASONAL SALADS	A variety of mixed salads	A variety of mixed salads	A variety of mixed salads	A variety of mixed salads	A variety of mixed salads
DESSERTS	Iced Sponge (v)	Apple Crumble (v) served with Custard (ve)(v)	Lemon Cheesecake (v)	Eton Mess (v)	Chocolate Sponge (v) with Chocolate Sauce (ve) (v)
Selection of Freshly Prepared Sandwiches/ Baguettes/ Wraps	Selection of Sandwiches. Baguettes & Wraps	Selection of Sandwiches. Baguettes & Wraps	Selection of Sandwiches. Baguettes & Wraps	Selection of Sandwiches. Baguettes & Wraps	Selection of Sandwiches. Baguettes & Wraps
FRESH FRUIT / YOGURT	Fresh Fruit/ Fruit Pots/ Organic Fruit Yogurt/Ice Cream tub	Fresh Fruit/ Fruit Pots/ Organic Fruit Yogurt/ Ice Cream tub	Fresh Fruit/ Fruit Pots/ Organic Fruit Yogurt/ Ice Cream tub	Fresh Fruit/ Fruit Pots/ Organic Fruit Yogurt/ Ice Cream tub	Fresh Fruit/ Fruit Pots/ Organic Fruit Yogurt/ Ice Cream tub
WATER AND FRUIT DRINKS	A selection of natural fruit drinks /milk shake / bottled water	A selection of natural fruit drinks /milk shake /bottled water	A selection of natural fruit drinks /milk shake /bottled water	A selection of natural fruit drinks /milk shake /bottled water	A selection of natural fruit drinks /milk shake /bottled water

Week Beginning 8th December

WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
MAIN MEAL	Chilli Con Carne with Mixed Rice	Vegetable Biryani (ve)	Beef Curry with Mixed Rice & Naan Bread	Sausage and Mash with Onion Gravy	MSC Golden Crumb Fish Fingers or Battered Fish with Oven Baked Chipped Potatoes
Main Meal	Classic Cheese & Tomato Pizza Wedge & Garlic Bread (v)	Southern Fried Chicken Burger and Jacket Wedges	Samosa with Mixed Rice & Sweet Chilli Sauce (ve)	Cheese & Sweetcorn Quiche with Mash (ve)	Cheese & Tomato Pizza With Garlic Bread (v)
JACKET POTATO	Jacket Potato with Various Fillings (v) (ve)	Jacket Potato with Various Fillings (v)(ve)	Jacket Potato with Various Fillings (v)(ve)	Jacket Potato with Various Fillings (v)(ve)	Jacket Potato with Various Fillings (v) (ve)
PASTA POT	Pasta King (v)(ve)	Pasta King (v)(ve)	Pasta King (v)(ve)	Pasta King (v)(ve)	Pasta King (v)(ve)
UNLIMITED VEGETABLES	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables & Baked Beans
UNLIMITED SEASONAL SALADS	A variety of mixed salads	A variety of mixed salads	A variety of mixed salads	A variety of mixed salads	A variety of mixed salads
DESSERTS	Peach Melba (v)	Eves Apple (v) & Custard (ve) (v)	Frosted Carrot Cake (v) & Custard (ve)(v)	Rice Pudding with Fruit Compote (v)	Sticky Chocolate Brownie (v)
Selection of Freshly Prepared Sandwiches/ Baguettes/ Wraps	Selection of Sandwiches. Baguettes & Wraps	Selection of Sandwiches. Baguettes & Wraps	Selection of Sandwiches. Baguettes & Wraps	Selection of Sandwiches. Baguettes & Wraps	Selection of Sandwiches. Baguettes & Wraps
FRESH FRUIT / YOGURT	Fresh Fruit/ Fruit Pots/ Organic Fruit Yogurt/ Ice Cream tub	Fresh Fruit/ Fruit Pots/ Organic Fruit Yogurt/ Ice Cream tub	Fresh Fruit/ Fruit Pots/ Organic Fruit Yogurt/Ice Cream tub	Fresh Fruit/ Fruit Pots/ Organic Fruit Yogurt/ Ice Cream tub	Fresh Fruit/ Fruit Pots/ Organic Fruit Yogurt/Ice Cream tub
WATER AND FRUIT DRINKS	A selection of natural fruit drinks /milk shake /bottled water	A selection of natural fruit drinks /milk shake /bottled water	A selection of natural fruit drinks /milk shake / bottled water	A selection of natural fruit drinks /milk shake /bottled water	A selection of natural fruit drinks /milk shake /bottled water