

HEATHNOTES

Encourage - Challenge - Succeed



ISSUE 120
30th October 2025

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**NEXT WEEK IS
TIMETABLE...**

A

Dear Parents and Carers,

I hope you and your families are well. I would like to begin by congratulating our Year 11 and Year 13 pupils on a highly successful Challenge Week. We were incredibly impressed with their hard work, preparation and excellent attendance at after-school booster sessions. Their determination and focus are a real credit to them, and we are proud of the positive start they have made to this important year.

We also celebrated pupils' achievements in our Rewards Assemblies before half term. Congratulations to all of our award winners, many who are named in the year pages that follow—we were delighted to recognise so many examples of excellence, effort and contribution across the school. Our Headteacher's Pizza Celebrations for those with outstanding behaviour, attendance and achievements will take place at Christmas. Please see below **key dates and reminders for this half term**:

Challenge Weeks 2025

- **Years 7, 8 and 9:** 3rd – 17th November 2025
- **Years 10 and 12:** 17th November – 1st December 2025

Please support your child in preparing by ensuring they make good use of the revision resources available on the Pupil Portal

Parent Information Events 2025

- Year 11 'Next Steps' Online Presentation:** Wednesday 12th November 2025 Further details will be shared shortly.
- Year 13 Parents' Evening:** Thursday 20th November 2025, 4.20–6.20pm This will include presentations on how to support your child with their next steps into university, apprenticeships or employment.
- Year 9 Options Online Presentation:** Wednesday 3rd December 2025 This will provide guidance to help you and your child make informed, aspirational subject choices.

Trips and Activities 2025

- **Year 11 Careers Trip:** Friday 14th November 2025 A valuable opportunity for pupils to explore potential future pathways and gain insight into a range of careers.
- **Whole School Trip/Activity Day (Years 7–10 & 12–13):** Monday 15th December 2025 More information will follow—please look out for this.

Throughout October, we have been proudly celebrating **Black History Month** with a programme of assemblies, competitions and rich learning experiences woven into our curriculum. Pupils have engaged thoughtfully with themes of culture, identity and achievement, showing maturity, empathy and curiosity. Alongside this, we have continued to strengthen our careers education offer, with a range of workshops, talks and events designed to inspire and equip pupils with the knowledge, skills and confidence to shape their futures. These experiences are vital in ensuring every pupil leaves Heathcote empowered to pursue ambitious, fulfilling and meaningful pathways.

Thank you, as always, for your continued partnership. Your support makes a tangible difference, and together we will ensure this half term is purposeful, enriching and full of opportunity for every pupil in our care. **Finally, we look forward to welcoming pupils back at 9.00am on Wednesday 5th November.**

UPCOMING EVENTS

Friday 24th October, Monday 3rd/Tuesday 4th November

INSET Days (Pupils Not In School)

Wednesday 5th November

Challenge Week Begins (Years 7, 8, 9)

Friday 14th November

Year 11 Careers Trip

REMINDERS

- Breakfast Club pupils are expected to arrive and sign in via the main school reception before 8:15am - they will not be able to attend if they arrive after this time.
- Please ensure you download the Arbor App if you have not already done so. More information can be found here; <https://support.arbor-education.com/hc/en-us/sections/201716749-Using-Parent-Portal-and-the-Arbor-App-as-a-parent>

Heathcote School & Science College, 96 Normanton Park, Chingford, London, E4 6ES

School Notices

Heathcote School & Science College Sixth Form Open Evening



Wednesday 14th January 2026

Book Now Using This QR Code

- Meet our teachers and pupils
- Explore our courses and pathways
- Tour our bespoke Sixth Form building
- Discover how we prepare you for success

5.00pm
to
7.30pm



For more information, please visit our website at;

<https://heathcoteschool.com/sixth-form/admissions/>

We look forward to seeing you!

Closing Date For Applications: Friday 6th March 2026

Heathcote School & Science College Sixth Form, 96 Normanton Park, Chingford, London, E4 6ES
Telephone: 020 8498 5110 Email: heathcote.sixthform@heathcote.waltham.sch.uk

School Notices

Heathcote School & Science College Sixth Form



Top Sixth Form in Waltham Forest for progress and attainment

**ALPS 3 rating
2025**

**Top 25% of
Sixth Forms
nationally**

**Scan the QR
Code To Apply**

Vocational Success
Majority of BTECs at
**Distinction /
Distinction***,
opening doors to top
destinations



**A Level Excellence
(2025):**

28% at A–A*

55% at A–B*

77% at A–C*

**Closing Date For
Applications:**

**Friday 6th March
2026**

For more information, please visit our website at;

<https://heathcoteschool.com/sixth-form/admissions/>

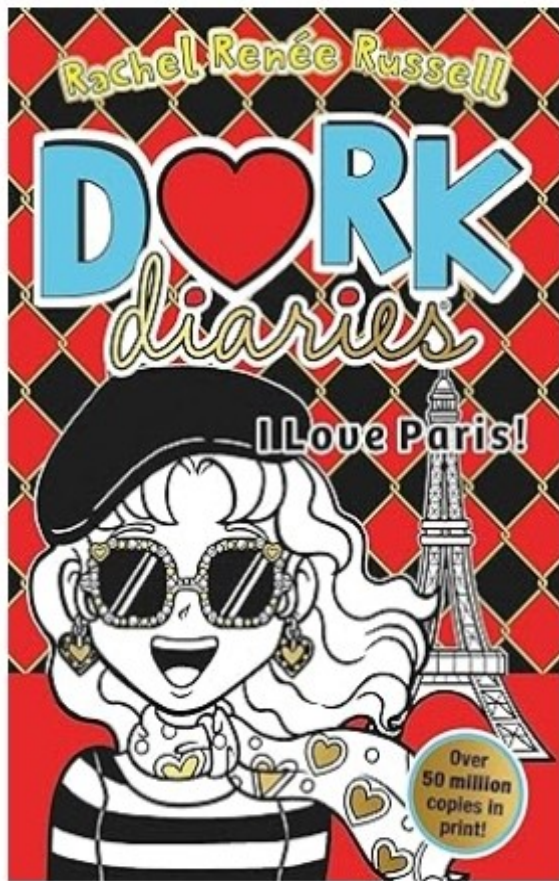
We look forward to seeing you!

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Reading at Heathcote

Heathcote's Book Of The Fortnight



Dork Diaries—I Love Paris

Rachel Renee Russell

Welcome to Nikki Maxwell's aDORKable world and Nikki's BRAND NEW ADVENTURE in the mega-selling Dork Diaries series – now with over 50 million copies in print worldwide!

Oh la la! Nikki and her band are invited to Paris for a super cool photoshoot – it's a dream come true! Nikki can't wait to learn new art styles, practice her French and explore the most romantic city in the world with her crush Brandon.

But when MacKenzie starts to stir trouble and invites old friend André to be their tour guide, the drama starts. Can

Nikki still enjoy her dream vacay, or will it become a dorky disaster?

With a HUGE global fanbase, Dork Diaries is the perfect series for fans of Lottie Brooks, Diary of a Wimpy Kid and Tom Gates.

Have you read all the DORK DIARIES series?

Dork Diaries 1

Dork Diaries 2: Party Time

Dork Diaries 3: Pop Star

Dork Diaries 4: Skating Sensation

Dork Diaries 5: Dear Dork

Dork Diaries 6: Holiday Heartbreak

Dork Diaries 7: TV Star

Dork Diaries 8: Once Upon a Dork

Dork Diaries 9: Drama Queen

Dork Diaries 10: Puppy Love

Dork Diaries 11: Frenemies Forever

Dork Diaries 12: Crush Catastrophe

Dork Diaries 13: Birthday Drama

Dork Diaries 14: Spectacular Superstar

Dork Diaries 15: I Love Paris!

Ms Nash



Year 7 News

Form	Praise Points	Attendance
7.1	74	95.8%
7.2	256	95.3%
7.3	128	91.0%
7.4	115	96.7%
7.5	214	88.3%
7.6	214	91.0%

Key Messages

Dear Parents/Carers,

As we reach the end of the first half term, I am incredibly proud of how the majority of our Year 7 pupils have settled into life at Heathcote. It has been wonderful to see so many of them embracing new routines, forming new friendships, and showing enthusiasm for their lessons.

On Monday, we held our first reward assembly of the year, where I had the pleasure of handing out over 200 certificates to pupils who have demonstrated hard work, commitment, and a positive attitude towards their lessons. Certificates were also awarded to those who have achieved high numbers of praise points, maintained 100% attendance and punctuality, and represented the school at a variety of sporting and school events this half term. It was fantastic to celebrate so many achievements so early in the year. Well done to all pupils who were awarded.

I have reminded them also, that moving from primary school into a much larger secondary environment can be challenging, especially when it comes to making friends. Not everyone will be close friends, but it is vital that all pupils treat each other with kindness, respect, and understanding at all times. Any incidents of unkind behaviour will be managed in line with our behaviour policy.

As mentioned in my email last week, please support us by regularly checking your child's phone and ensuring that appropriate age settings and parental controls are in place. The school cannot regulate group chats or social media usage outside of school, so your continued vigilance and support in this area are greatly appreciated.

Looking ahead, we have an exciting half term planned in the lead up to the Christmas break, with a number of trips, events, and enrichment opportunities for pupils to look forward to. A reminder that pupils return from Half Term on Wednesday 5th November. Pupils must arrive at school ready for a 9am start.

Thank you once again for your ongoing support. I wish you a restful and enjoyable half term break.

Kindest regards

Ms Clancey

Year 7 Lead



Year 8 News

Form	Praise Points	Attendance
8.1	108	92.0%
8.2	142	93.7%
8.3	82	95.1%
8.4	140	87.8%
8.5	132	92.0%
8.6	93	99.0%

Dear Parents/Carers,

I am incredibly proud of our Year 8 pupils and wanted to take this opportunity to celebrate their achievements this week. Their resilience, cheerful attitudes, and positive approach to learning continue to impress me daily. It's a privilege to work with such a wonderful group of young people who consistently demonstrate kindness, determination, and enthusiasm.

Trips and Opportunities: A reminder to check Arbor regularly for upcoming trips and events. Please ensure you have signed up for the Bletchley Park trip, which promises to be an exciting and educational experience for our pupils.

Celebrating Success: This week, we held our celebration assembly to recognise pupils who have shown excellence across the school. I am immensely proud of every single award winner – your hard work, dedication, and positive contributions to our school community truly deserve recognition!

Headteacher's Great Start Award	Year Leader's Great Start Award	ACE Award	Superstar Award
Jasmine R	Anish, Hasan, Akram, Sitota	Kayla L, Thomas S	Olivia P

Form 1	Form 2	Form 3	Form 4	Form 5	Form 6
Ruby	Alea	Tate	Parker	Zander	Emma

English	Maths	Science	History	Art	Music	Drama	PE	Product Design	Fashion Textiles	Food Nutrition	Graphic Design
Logan	Luca	Joshua	Maeve	Issy	Holly	India	Henri	George	Emma	Furkan	James

Our Zero Heroes!

A huge shout out to my 'Zero Heroes' – a whopping 106 pupils who didn't receive a single negative behaviour point this half term! This is an outstanding achievement that reflects your maturity, respect, and commitment to our school values. You should all be incredibly proud of yourselves!

Rio, Jessica, Anish, Emma, Cameron, George, James, Hasan, Unik, Parker, Ranbir, Jasmine, Zander, Jeron, Alex, Jay, Rahema, Akram, Joshua, Thomas, Dylan, Shanya, Charlie (x2), Tommy, Emmeline, Ben, Alex, Caprice, Adam, Jan, Johan, Belle, Poppy, Logan, Henri, Nojus, Olivia (x2), Olly, Hana, Jack (x2), Orleana, Issy, Jake, Max, Daniella, Thomas, Holly, Jasmin, Lamiss, Chloe, Sophie, Alea, Maya (x2), Charlie, Cerys, Alfie, Anita, Kayla Mary, Razvan, Ruben, Jason, Mila, Halle, Mali-Rae, Ella, Florence, Jassvin, Sofian, Erin, Isabella (x2), Umar, Ruby, Sean, Ava, India, Evan, Olivia Lilly, Harry, Emily, David, Sha'mar, Kira, Domenico, Michael, Tanzeel, Anya, Ayoub, Radka, Grace, Libby, Lola, Safiya, Lily, Charli Ann, Elliott, Silvio, Nitin, Mia, Jasmine.

Your positive behaviour sets a wonderful example for the whole school community. Thank you for making Year 8 such a joy to lead!

Organisation and Responsibility: Please take a moment to speak with your child about the importance of organisation and responsibility. This includes:

- Completing homework on time
- Arriving to school and lessons promptly
- Attending any sanctions that have been set

Your ongoing support in reinforcing these expectations at home makes a huge difference in helping our pupils stay focused and prepared for success.

Thank you for your continued support. Together, we are helping Year 8 pupils develop into confident, responsible, and successful young people.

Ms Gasper

Year 8 Lead



Year 9 News

Form	Praise Points	Attendance
9.1	149	92.0%
9.2	194	94.8%
9.3	136	94.3%
9.4	65	86.5%
9.5	166	89.9%
9.6	118	87.3%
9.7	76	97.1%

Dear Parents/Carers,

As we reach the end of this half term, I would like to take a moment to celebrate Year 9 for their hard work, focus, and determination. This has been a busy and productive few weeks, and it has been wonderful to see so many pupils applying themselves so positively to their learning.

Across all subjects, staff have been incredibly impressed by the enthusiasm, resilience, and growing confidence shown by our Year 9 students. Your commitment to improvement and your willingness to take on challenges have truly stood out, we are very proud of each and every one of you.

A huge well done to all of the pupils below for receiving Subject Awards this half term. This is an excellent achievement and a reflection of your dedication to your studies and your continued success in Year 9. Keep up the fantastic effort, your hard work is paying off!

During our end-of-term assembly, we held our very first Praise Lottery! Pupils who achieved five or more praise points and fewer than five negative points each week were automatically entered into the draw. In total, 932 pupils qualified and had their names added to the spinning wheel, which revealed the 15 lucky winners. These pupils have been invited to a special Rewards Afternoon on Friday 14th November during Period 5. Congratulations to the following pupils who were drawn live during the assembly: **Avery, Kye, Daniel M, Yoan, Eylul, Esme G, Ibrahim, Nathan, David, Jacob, Chloe, Ruiya, Bobby, Jack S & Austin G.**

A further congratulations to the following pupils for receiving Special Recognition Awards in our end-of-term assembly. These awards highlight not only academic success but also positive attitude, kindness, and contributions to our school community. We are incredibly proud of your achievements and the example you set for others.

Sophie B	Frank B	Blake W
River Y	David I	Ecrin C
Reuben C	Zayd Y	Esmee S
Celia S	Alice H	Grace T
Millie L	Georgie H	Sarah S

ACE Lottery: **Millie L**

Superstar Lottery: **Bella B**

Year Lead Awards for an overall Great Start Back: **Vanessa L, Millie T-C, Erand L, Wali K & Harry H**

Headteacher Award for a wonderful piano performance at open evening: **Andreya C**

Reminders

Please ensure all Year 9 pupils return to school after half term with full correct uniform. We have been informed that Forest Casuals in Loughton do stock Heathcote Uniform if Speed Stitch does not have items you require.

We would like to encourage all parents and carers to review their child's phone use and screen time and set parental controls. Recently, we have seen an increase in inappropriate use of social media among some pupils, which can be challenging for the school to monitor and manage effectively. Please remember that responsibility for phone content and online activity lies with parents and carers. We strongly recommend checking your child's device to ensure that no inappropriate material is being shared or viewed — including in locked photo albums or private areas on apps such as Snapchat. If you would like guidance on how to manage your child's phone use or improve online safety at home, please refer to the following support websites:

<https://www.internetmatters.org/>

<https://reportharmfulcontent.com/>

Ms Apperley

Year 9 Lead



Year 10 News

Form	Praise Points	Attendance
10.1	212	91.6%
10.2	103	89.1%
10.3	155	92.7%
10.4	99	93.2%
10.5	183	98.3%
10.6	116	91.9%

Key Messages

Dear Parents and Carers,

As we reach the end of a long and busy half term, I want to take a moment to say a **huge well done** to all of our Year 10 students. They have worked incredibly hard as they've settled into their GCSE studies, and although many are feeling tired, they truly deserve a well-earned break.

For this newsletter my focus is firmly on **praise and celebrating success**. Congratulations to **10.5**, who have topped the **Praise, Attendance and Behaviour League** – a fantastic achievement that reflects consistent effort and teamwork.

A special well done to the students with the highest praise points across the year group: **Toby, Chantai, Hannah P, Bobby, and Jeremiah**.

Congratulations also to those with the **top praise points in each tutor group**:

10.1: Toby & Chantai	10.3: Tommy & Amelia	10.5: Lucian & Joseph
10.2: Daniel & Oliver P	10.4: Jay'don & Azra	10.6: Anaya & Erblin

Our **Year Lead 'Great Start Back' Awards** go to **Jeremiah, Nadeem, Tommy, Lucian, and Bree** – each recognised for an excellent attitude and effort this term.

Tutors have also nominated students for their own special awards:

10.1: Reggie	10.3: Michael	10.5: Reece
10.2: Fatjon	10.4: Skylar	10.6: Canaan

Congratulations to **Janelle**, winner of the ACE Lottery for outstanding attendance and punctuality, and to **Isabella**, who received the Superstar Award for achieving zero negatives and at least one positive each week.

We are extremely proud of how positively Year 10 have started Key Stage 4 – they are showing maturity, determination, and growing confidence in their GCSE studies.

A reminder that **Challenge Week** begins the **fortnight commencing Monday 17th November**. All students have received a revision timetable and guidance sessions to help them prepare. While it's important they take a well-deserved rest over the extended half term, they may also want to use some of that time to revise and get ready for the upcoming assessments.

I hope everyone has a restful break and returns refreshed, ready to perform to the very best of their ability.

Well done, Year 10 – you've earned it!

Ms Page

Year 10 Lead



Year 11 News

Form	Praise Points	Attendance
11.1	26	87.1%
11.2	22	90.5%
11.3	40	87.3%
11.4	20	88.6%
11.5	15	83.2%
11.6	18	79.0%

Key Messages

Dear Parents/Carers,

Challenge Week/Mocks

Well done on the whole to year 11 pupils, for what has been a thought-provoking time during their challenge week exams. We have already recorded some take home points and I hope all teacher feedback and reflections make this a valuable experience. The outcomes from these exams will help to shape future lessons and learning, identify gaps in knowledge and areas that require further support or even reteaching. This will take place at both a whole class and individual level, with year 11 pupils being able to gauge an overview of their progress.

Attendance

A huge thank-you to parents/carers for your support with attendance thus far. Currently 45 pupils have 100% attendance, and another 27 pupils have 97+%. We share attendance figures with pupils weekly and have been supporting pupils if they are below the desired 97% attendance via their form tutors & monitoring reports. Similarly, as year lead, I have met with pupils and parents and begun to encourage an increase in attendance if pupils are between 90-94% attendance (present mark to school). An increase in attendance is expected to be seen in the report period and pupils are encouraged to set targets and reflect on any support the school can provide. The strong correlation between attendance and attainment is the reason why we encourage pupils to remain above 97% attendance. We know that currently even two days of illness is having an impact on overall attendance, hence we have made any conversations as supportive as possible.

You can access all attendance information on the Arbor app. Just a gentle reminder that appointments should be booked outside of school time where possible and if your child is not attending school then a parent/carer should inform the school in the morning.

Year 11 Option Booster Lessons

Please encourage your (child with attending the booster lessons taking place for their subjects. All boosters will be targeted and focused on the needs of the pupils and areas of content they are most uncertain about. Mrs Mitchell will be sharing the programme with parents imminently.

Year 11 PRAISE

Year 11 achievement assembly will take place after half term. I am looking forward to awarding a number of worthy candidates.

Dates

7th November: Y11 Achievement assembly

14th November: Y11 Career trip to Tottenham Hotspurs stadium. Pupils should have signed up for their own personal electronic ticket

Ms Lewis

Year 11 Lead



Year 12 News

Form	Praise Points	Attendance
12.1	7	88.0%
12.2	15	85.9%
12.3	19	89.3%
12.4	18	95.8%
12.5	21	97.1%

Key Messages

Dear Parents & Carers of Year 12,

As we reach the end of this busy half-term, we want to say a huge well done to all of Year 12 for your continued hard work, enthusiasm, and engagement both inside and outside the classroom. You've truly set the bar high!

Interform Success!

A massive congratulations to 12.5, who have earned the most interform points this half-term! Your teamwork, dedication, and energy have really shone through – well done!

Envision Team Achievement

A huge congratulations to our Envision Team, who are now moving on to the exciting next stage of their project. They'll be creating a product to benefit our school community and will have the incredible opportunity to present their ideas in Central London. We're so proud of your innovation and drive!

Student Highlights

- Farhan and Sarah B – well done for applying to leading and esteemed programmes at Imperial University. Your ambition and academic excellence are inspiring!
- Zakkiyah – congratulations on completing an additional qualification! Your commitment to personal development is commendable.

School Trip Success

A big thank you to everyone who took part in the recent school trip. It was fantastic to see so many of you networking, building confidence, and exploring opportunities with leading organisations. You represented the school brilliantly!

After Half-Term Updates

- A new supervised study system will be implemented – details will be shared during your first week back.
- New timetables have now been sent out. Please make sure you follow them carefully from day one.

Looking Ahead

- Please continue seeking out work experience opportunities – these are invaluable for your university and apprenticeship applications.
- Challenge Week preparation should now be underway. Make sure you're organised and ready to make the most of this exciting week!

Thank you for an excellent half-term, Year 12. Enjoy a well-deserved break, and come back refreshed, ready to build on all your successes so far.

Ms Singh/Ms Ismail

Joint Year 12 Lead



Year 13 News

Form	Praise Points	Attendance
13.1	2	90.8%
13.2	2	89.4%
13.3	6	91.0%
13.4	14	92.9%
13.5	11	96.4%

Key Messages

Dear Parents/Carers of Year 13,

A huge well done to our Year 13 pupils who have completed their Challenge Week exams. Throughout the week, there has been an impressive level of focus, dedication, and work ethic on display. Your hard work is truly commendable – well done!

Year 13 Mental health champions

The following pupils have been chosen by Waltham Forest's mental health support team to become Heathcote's mental health champions. Congratulations on your successful applications!

- Ayat O
- Juliana Garcia S
- Reyyan K
- Em B
- Myah S
- Ubbayd N
- Janae D
- Nelly K
- Aisha C
- Mya N
- Nicola M
- Khaleeda A
- Caitlin R
- Shae-Kya O-C

Year 13 Pupil Praise

The following students have been highlighted by their subject teachers for demonstrating exceptional effort, progress, or achievement in their lessons over the past two weeks. Their dedication and hard work have stood out—well done to all!

- Janae D – *Year Lead recognition*
- Tyrese J – *Year Lead recognition*
- Kayla B – *Maths*
- Em B – *Art*
- Chidi A – *Art*

Contact Details

If you'd like to contact me via e-mail the address is: pmiltiadou@heathcote.waltham.sch.uk

Mr Miltiadou

Year 13 Lead



Other News & Events

A Big Thank You from SpeedStitch!

As another Back-to-School season wraps up, and the first half-term draws to a close, we just wanted to say a huge thank you to all the families (and schools!) for your patience, smiles, and support through our busiest time of year.

We've loved helping families get ready for the new school year, making sure pupils start the term looking smart and confident. As autumn settles in, don't forget to pop a name label in those jumpers before they disappear into the Lost Property Mountain!



And don't forget we're here all year round (with updated hours from October). Whether you order online or get in touch for advice, we're always happy to help with uniform top-ups and spares.

- The SpeedStitch Team

speedstitch.co.uk/schoolwear/

SpeedStitch
clothing embroidery print



Lunch Menu

Week Beginning 5th November (subject to change by Waltham Forest)

WEEK 1	MONDAY CLIMATE CHANGE DAY	TUESDAY BURGER DAY	WEDNESDAY CURRY DAY	THURSDAY TRADITIONAL DAY	FRIDAY CHEFS CHOICE
MAINS	HOMEMADE CHEESE AND POTATO PUFFS WITH SKIN ON FRIES COTTAGE PIE JACKET POTATO WITH VARIOUS FILLINGS	SPICED DIRTY CHICKEN BURGER IN A FLOURED BUN WITH JACKET WEDGES BRATWURST SAUSAGE IN A FLOURED BUN WITH JACKET WEDGES JACKET POTATO WITH VARIOUS FILLINGS	CHICKEN CURRY AND MIXED RICE SWEET POTATO AND CHICKPEA CURRY WITH MIXED RICE JACKET POTATO WITH VARIOUS FILLINGS	BEEF PASTITSIO SMOKEY JACKFRUIT JAMBALAYA JACKET POTATO WITH VARIOUS FILLINGS	MSC DEEP FRIED FISH WITH CHIPPED POTATOS MSC FISH FINGERS WITH CHIPPED POTATOES JACKET POTATO WITH VARIOUS FILLINGS
ALL DISHES SERVED WITH SEASONAL VEGETABLES OR MIXED SALAD					
STREET	LOADED FRIES	BEEF ENCHILADAS	MAC N CHEESE	JERK CHICKEN WINGS	BBQ BEEF CALZONE
PASTA					
COLD	SELECTION OF SANDWICHES, BAGUETTES AND WRAPS	SELECTION OF SANDWICHES, BAGUETTES AND WRAPS	SELECTION OF SANDWICHES, BAGUETTES AND WRAPS	SELECTION OF SANDWICHES, BAGUETTES AND WRAPS	SELECTION OF SANDWICHES, BAGUETTES AND WRAPS
DESSERTS	SUMMER CRUNCH POT FRESH FRUIT FRUIT POTS ORGANIC FRUIT YOGURT ICE CREAM TUB	BANANA CAKE AND CUSTARD FRESH FRUIT FRUIT POTS ORGANIC FRUIT YOGURT ICE CREAM TUB	LEMON DRIZZLE CAKE FRESH FRUIT FRUIT POTS ORGANIC FRUIT YOGURT ICE CREAM TUB	CHOCOLATE CRACKNEL AND CHOCOLATE SAUCE FRESH FRUIT FRUIT POTS ORGANIC FRUIT YOGURT ICE CREAM TUB	FRUITY FLAPJACK FRESH FRUIT FRUIT POTS ORGANIC FRUIT YOGURT ICE CREAM TUB
A SELECTION OF NATURAL FRUIT DRINKS / MILK SHAKE / BOTTLED WATER					

FRESH BREAD IS MADE DAILY

Week Beginning 10th November (subject to change by Waltham Forest)

WEEK 2	MONDAY CLIMATE CHANGE DAY	TUESDAY BURGER DAY	WEDNESDAY CURRY DAY	THURSDAY TRADITIONAL DAY	FRIDAY CHEFS CHOICE
MAINS	CHICKEN AND SWEETCORN PIE WITH CREAMED POTATOES AND GRAVY STUFFED BELL PEPPER JACKET POTATO WITH VARIOUS FILLINGS	SPICY NACHO TOPPED BEEF BURGER IN A FLOURED BUN WITH ITALIAN DICED POTATOES HALLOUMI BURGER WITH ITALIAN DICED POTATOES JACKET POTATO WITH VARIOUS FILLINGS	LAMB ROGAN JOSH WITH MIXED RICE THAI KATSU CURRY WITH MIXED RICE JACKET POTATO WITH VARIOUS FILLINGS	PERI PERI CHICKEN LEGS SERVED WITH ROSEMARY ROAST POTATOES HOMEMADE CHEESE AND SWEETCORN QUICHE WITH ROSEMARY ROAST POTATOES JACKET POTATO WITH VARIOUS FILLINGS	MSC FISH FINGERS WITH CHIPPED POTATOES BUBBLE CRUMB SALMON WITH CHIPPED POTATOES JACKET POTATO WITH VARIOUS FILLINGS
ALL DISHES SERVED WITH SEASONAL VEGETABLES OR MIXED SALAD					
STREET	MEXICAN STYLE QUORN LOADED BURRITO	FISH AND CHIP WRAP	CHILLI TOPPED NACHOS	TEX MEX	SPICY GREEN JALAPENO PEPPER FLATBREADS
PASTA					
COLD	SELECTION OF SANDWICHES, BAGUETTES AND WRAPS	SELECTION OF SANDWICHES, BAGUETTES AND WRAPS	SELECTION OF SANDWICHES, BAGUETTES AND WRAPS	SELECTION OF SANDWICHES, BAGUETTES AND WRAPS	SELECTION OF SANDWICHES, BAGUETTES AND WRAPS
DESSERTS	PEACH MELBA FRESH FRUIT FRUIT POTS ORGANIC FRUIT YOGURT ICE CREAM TUB	APPLE CRUMBLE WITH CUSTARD FRESH FRUIT FRUIT POTS ORGANIC FRUIT YOGURT ICE CREAM TUB	LEMON CHEESECAKE FRESH FRUIT FRUIT POTS ORGANIC FRUIT YOGURT ICE CREAM TUB	ETON MESS FRESH FRUIT FRUIT POTS ORGANIC FRUIT YOGURT ICE CREAM TUB	CHOCOLATE AND BEETROOT MUFFIN WITH CUSTARD FRESH FRUIT FRUIT POTS ORGANIC FRUIT YOGURT ICE CREAM TUB

FRESH BREAD IS MADE DAILY