

HEATHNOTES

Encourage - Challenge - Succeed



ISSUE 118
26th September 2025

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**NEXT WEEK IS
TIMETABLE...**

A

Dear Parents/Carers,

This week we organised and welcomed external reviewers into school to help assess where we are and identify the next steps for improvement. The overwhelming feedback from the review was extremely positive. The reviewers were particularly impressed with how polite, focused, and calm our pupils were. The pupils they met spoke with passion about their learning and were described as a real credit to the school. I will share the full findings and next steps with you once the review is finalised.



I am also incredibly proud of our Year 10 pupils who recently completed their Duke of Edinburgh three-day expedition. They all passed with flying colours! A huge thank you to my staff who gave up so much of their free time to support them.

A few reminders for the coming weeks:

- **Open Evening** will be held on **Wednesday 1st October, 5pm–7.30pm**. Please help us spread the word to parents of Year 5 and 6 pupils.
- To allow us time to clean and prepare the school, **pupils will finish early at 2.30pm** on this day.
- Late start for pupils on **Thursday 2nd October, 9.45am**
- **School photos** for Years 8, 9, 10, 11 and 13 will take place on **6th October**.

Thank you for your continued support. We are so proud of our pupils and the positive reputation they continue to build for Heathcote School.

Sonia Close

UPCOMING EVENTS

Wednesday 1st October
Year 6 Open Evening (5pm to 7.30pm)

Thursday 2nd October
Late Start for Pupils (9.45am)

Monday 6th October
School Photos (Years 8/9/10/11/13)

REMINDERS

- Breakfast Club pupils are expected to arrive and sign in via the main school reception before 8:15am - they will not be able to attend if they arrive after this time.
- Please ensure you download the Arbor App if you have not already done so. More information can be found here; <https://support.arbor-education.com/hc/en-us/sections/201716749-Using-Parent-Portal-and-the-Arbor-App-as-a-parent>

Heathcote School & Science College, 96 Normanton Park, Chingford, London, E4 6ES

School Notices

Trips and Enrichment

10th November 2025	The National Space Centre	Yr 9/10/11
7th November	Laying of the flowers	Yr 7
21st October	The Skills Centre, Earls Court	Yr 12
15th October	UK University and Apprenticeship Fair, Tottenham Stadium	Yr 12

If your child has been invited on a trip, please ensure permission is given via Arbor.

Careers and Further Education

Upcoming Careers Events:

Year 12 Visit to Tottenham Stadium: UK University and Apprenticeship Fair.

Please give permission for your child to attend if you have not already done so.

Understanding the University Application Process

Please use this useful guide to support your child through the University application process.

University Taster Days

School Library Schedule

Please find the latest schedule for use of the School Library below:

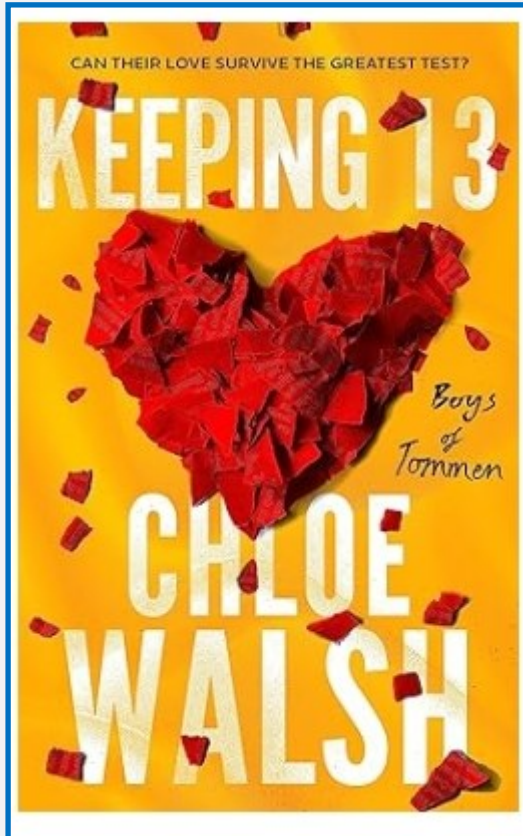
	Monday	Tuesday	Wednesday	Thursday	Friday
Before school (8am-8.35am)	All year groups	All year groups	All year groups	All year groups	All year groups
Break (11am-11.30am)	Year 7	Year 8	Year 9	Year 10	Year 11
Early lunch (12.30pm-13.10pm)	Year 7	Year 8	Year 9	Year 7	Year 8
Late lunch (13.30pm-14.10pm)	Years 10 & 11	Years 10 & 11	Years 10 & 11	Years 10 & 11	Years 10 & 11
After school (3.10pm-4pm)	All year groups	All year groups	All year groups	All year groups	All year groups

Ms Bashal



Reading at Heathcote

Heathcote's Book Of The Fortnight



Keeping 13

By Chloe Walsh

An epic and unforgettable love story continues in Keeping 13, the second book in the international bestselling and TikTok-phenomenon The Boys of Tommen series, from Chloe Walsh.

Falling in love was the easy part. What comes next is the test . . .

Following a devastating injury that has left him sidelined and stripped of his beloved number 13 jersey, Johnny Kavanagh is struggling to hold onto his dreams. Lost, insecure, and desperately seeking comfort, he sets his sights on unravelling the mystery of the girl with the midnight

-blue eyes, who haunts his every waking hour.

Keeping secrets has never been a problem for Shannon Lynch. The life she was born into demands nothing less. She knows that demons and evil men don't just exist in fairytales. They exist in her world, too. Traumatized beyond repair after her return from Dublin, and desperate to protect her little brothers, Shannon finds herself falling into the same old cover-up, barely keeping her head above water, as her future unravels before her eyes. Beaten and broken, her walls are up and her trust is shaken.

Only one boy has the ability to climb those walls. The boy who owns her heart. But secrets are about to be exposed and lives could be changed forever - can Johnny and Shannon's love survive?

Ms Nash

Librarian



Year 7 News

Form	Praise Points	Attendance
7.1	204	97.5%
7.2	110	94.6%
7.3	83	95.3%
7.4	138	99.2%
7.5	216	95.0%
7.6	224	97.9%

Key Messages

Dear Parents/Carers,

Thank you to those of you who have already signed up and paid the deposit for the Gilwell Residential at the end of the academic year. We are very excited about this opportunity for our pupils. There are still around **10 spaces left, so if your child would like to attend, please ensure you have signed up and paid the deposit by Wednesday 8th October.**

We are pleased to report that uniform and punctuality have improved this week, and we really appreciate your continued support with this. However, we have noticed that a small number of pupils have arrived unprepared for their PE lessons. Please ensure that your child has their **full PE kit** on their allocated days. Next week, all Year 7 pupils will be taking part in Cross Country during their lessons. They will need to bring spare **trainers (not the ones they wear to school) and a carrier bag** to place these shoes in after their lesson.

During my visits to form time this week, I have also noticed that some pupils do not have a **reading book**. This is an essential part of their equipment. Pupils are welcome to borrow one from the library, which is open at break time, lunchtime, and after school, or they can bring a book from home.

If your child is still experiencing any issues with **homework or log-ins**, please encourage them to speak with their class teacher, tutor, or with **Ms Nash in the library**, who is available to support with logging in. All pupils had an assembly on Monday where we explained clearly where and how to find their homework.

We are pleased to share that we have now completed the **nominations for form representatives**. Well done to the following pupils, who gave amazing speeches and have been awarded the role for this first term:

7.1: Molly and Jack

7.2: Harry and Hal

7.3: Harley and Meibor

7.4: Jack and Jude

7.5: Hayden and Finley

7.6: Kaan and Iyosiyas

Finally, we continue to encourage our Year 7 pupils to be kind and respectful towards one another. While we have had a small number of friendship issues this week, these have been resolved quickly. We would like to remind pupils of the importance of following the **3 S's of Strive, Succeed, Shine**, both in and out of the classroom.

Thank you, as always, for your ongoing support.

Ms Clancey

Year 7 Lead



Year 8 News

Form	Praise Points	Attendance
8.1	61	90.1%
8.2	75	96.7%
8.3	146	94.6%
8.4	109	93.5%
8.5	82	91.2%
8.6	118	96.3%

Key Messages

Dear Parents/Carers,

Thank You for Attending

A huge thank you to all the parents and carers who joined us for the Year 8 Information Evening. It was fantastic to see so many of you and to share how we are supporting pupils through our 3 Cs – *Connect, Celebrate, Challenge*.

School Review

A huge thank you to all year 8 who spoke with inspectors during our recent review. You represented Heathcote with confidence, energy, and maturity. The inspector was genuinely impressed, praising your eloquence and calling you a real credit to the school. It was inspiring to see you share your experiences so positively and show such pride in our community. I'm very proud of you—Halle, Jake, Jasmine, Ajsel, James, Rocco, Udonna, Parker, Sophie and Maya (right).



New Boys' Football Session

We are delighted to announce that, in addition to the school sports programme, we have secured a boys' football session after school every Thursday. We know this will be very popular and are pleased to offer more opportunities for pupils to get involved.

Form Moves Update

Thank you for your feedback regarding form moves. We have been carefully reviewing this with input from parents, staff, and pupils this week. Your contributions are invaluable in helping us make the best decisions for the year group.

Guided Reading Focus

Guided reading continues to be a key priority in Year 8. These sessions build pupils' confidence, vocabulary, and comprehension, ensuring they are well equipped to succeed across all subjects.

Rewards Film Morning

To celebrate pupils' achievements, we are excited to introduce a Rewards Film Morning at the end of term. This will run alongside all our usual celebrations and will be a fantastic way to recognise pupils' effort, progress, and success.

Stars of the Week

We love recognising pupils through our Stars of the Week. These awards celebrate not only academic progress but also resilience, kindness, and effort.

Looking Ahead

With the 3 Cs at the heart of what we do, we are confident this will be a positive and successful year for all. Thank you for your continued encouragement at home in helping pupils to connect, celebrate, and challenge themselves every day.

Ms Gasper

Year 8 Lead

Stars of the Week (8th Sept)

8.1	Holly	Jason
8.2	Jeron	Issy
8.3	Daniella J	George D
8.4	Jake	Cerys
8.5	Oliva P	Ruby
8.6	Florence	Ben

Stars of the Week (15th Sept)

8.1	Rahema	Karis
8.2	Alex	Ella L
8.3	Sophie	Xander
8.4	Halle	James
8.5	Lamiss	
8.6	Amelia	Olivia



Year 9 News

Form	Praise Points	Attendance
9.1	146	95.0%
9.2	283	95.5%
9.3	144	95.0%
9.4	94	97.1%
9.5	142	91.1%
9.6	159	92.1%
9.7	88	94.2%

Key Messages

Dear Parents/Carers,

It was wonderful to see so many parents at our recent information evening. If you weren't able to make it, I've shared below my vision for Year 9 and how we'll be working together to help every pupil thrive and succeed this year.

High Aspirations – Building Strong Foundations for GCSE Choice

In lessons, pupils are encouraged to focus, take responsibility, and avoid distractions. Interventions and enrichment opportunities are in place, including pastoral support (e.g. anxiety, behaviour, friendships, decision-making) and academic support (e.g. Sparx Maths, Reader programme, subject clubs).

How parents can help: Encourage good study habits, talk about any challenges, and promote attendance at interventions and enrichment opportunities.

Exploring Future Pathways

Pupils are supported in exploring new topics, career pathways, and upcoming GCSE options. Tutor time and the pastoral programme, including initiatives such as Read to Lead, help pupils develop the skills they need for long-term success.

How parents can help: Discuss career interests and aspirations, talk through GCSE choices, and encourage curiosity and a love of reading at home.

Well-being Matters

We continue to emphasise the importance of kindness, respect, and looking after both ourselves and others. Pupils have access to our E-Worry Box, providing a safe way to raise concerns or report issues.

How parents can help: Listen to worries, encourage open and honest conversations, and reinforce the values of kindness and respect at home.

Celebrating Success

Through our Raise the Praise initiative, we recognise effort, progress, kindness, and achievements in all areas of school life. We are committed to celebrating every improvement, whether big or small.

How parents can help: Celebrate progress at home—not just outcomes—share pride in achievements, and support pupils by attending school events wherever possible.

Well done to Mara, Leyla, and Mabel for their kindness and support in welcoming our new Year 7 pupils. The girls have set up a friendship intervention during break times to support those who may find it challenging to build new relationships as they settle into secondary school. A truly thoughtful and caring initiative.

Congratulations to 161 Year 9 pupils who were entered into the Praise Lottery last week for achieving praise points and maintaining a negative free record!

We are so proud of Georgie (right) for an incredible year of sporting success. She has helped her ladies' team win promotion, her U13 mixed team secure the Len Stenford Cup, and celebrated further victory in the Victoria Park League Cup. Most recently, Georgie was honoured with an end-of-season award from Essex, where she met professional cricketer Cordelia Griffith. Balancing training and matches almost every day of the week—often across multiple counties—alongside her academic studies, Georgie shows true commitment, resilience, and determination. She is a fantastic role model for our school community.



Notices

A reminder that Year 9 pupils must be lined up in the bottom cage by **8:35am**. Pupils arriving after this time will be logged for being late to school.

We have recently noticed that a number of pupils are wearing skirts that do not meet our uniform expectations. Skirts must be knee length. If this does not improve, we will have to request that individuals wear trousers instead. Please also note that flared/legging style trousers are not permitted as part of the school uniform.

Ms Apperley

Year 9 Lead



Year 10 News

Form	Praise Points	Attendance
10.1	273	95.7%
10.2	76	92.7%
10.3	177	92.9%
10.4	105	98.3%
10.5	131	95.0%
10.6	83	96.7%

Key Messages

Dear Parents and Carers,

I hope this message finds you well. It was fantastic to see so many of you at the Year 10 Parent Information Evening last week – I hope you found it useful and informative.

A reminder that our **Year 6 Open Evening for prospective pupils and parents** takes place on **Wednesday 1st October, 5.00–7.30pm**. We are very proud that many of our Year 10 students are involved, whether supporting departments or leading tours. If your child is helping, please ensure they are in **full school uniform** – I know they will be excellent ambassadors for Heathcote School. Please also note that there will be a late start on **Thursday 2nd October, with students expected in school by 9.45am**.

Behaviour across the year group is still generally positive, though we have had some disappointing incidents in the canteen recently. I would be grateful if you could remind your child about the importance of treating the school environment, staff and fellow pupils with respect at all times. If lunchtime behaviour improves consistently, we may look to reintroduce ball games on selected days.

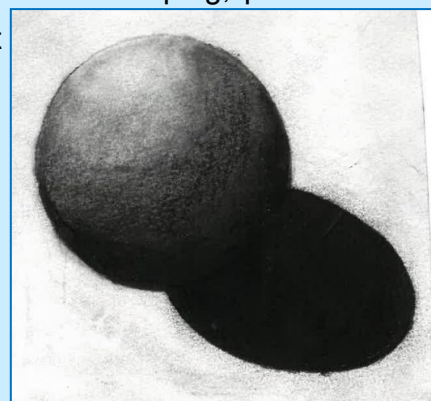
I also wanted to share some beautiful art work drawn by Sienna in 10.3 (right). Well done!

Finally, as mentioned at the Information Evening, I have received many positive messages from subject teachers about Year 10 pupils – please see my separate article celebrating their achievements.

Thank you for your continued support.

Ms Page

Year 10 Lead



Year 11 News

Form	Praise Points	Attendance
11.1	69	86.6%
11.2	50	92.8%
11.3	70	97.1%
11.4	61	94.9%
11.5	72	91.1%
11.6	51	82.6%

Key Messages

Dear Parents/Carers,

We hope the Year 11 Information Evening held last week was informative and provided you with a good opportunity to meet your child's tutor & I. If you have any unanswered questions or were unable to attend and have any questions please do get in touch. Unfortunately the evening was not recorded.

The Careers 1-to-1 support meetings have begun this week with pupils engaging extremely well in conversations about their futures. Pupils will receive the opportunity to meet with an impartial careers advisor and we encourage parents/carers to continue the discussions about their next steps at home too. Please ensure you utilise this resource to support these discussions with your child:

<https://www.walthamforest.gov.uk/sites/default/files/2025-08/2026%20WF%20post%2016%20prospectus.pdf>

If you do have any questions please contact the school for support.

Uniform reminder

We are currently addressing concerns regarding skirt length. Pupils will first receive a verbal warning, followed by a written warning if necessary, to ensure skirts are worn at knee length. If the issue persists, the pupil in question will be required to wear trousers to school. We appreciate your support on this matter.

Year 11 Praise

Well-done to 11.5 & 11.3 who were awarded 'free form time' over the last fortnight for winning the weekly league points (allocated for high attendance, low negative behaviour points and high praise points).

English	Erjon M, Kaleab M, Jodie BT
Maths	Anaiyah O, George M
Science	Poppy SK, Isha K, Ayza K, Kalina S
Business	Josie K, Shay S, Cody SP, Maisie B
PE GCSE	Asia P
PE Core	Sonny F
DT PD	Deniz D
Extra Curricular/ Above and beyond	Riley W, Sonny F, Tyler A, Marley E, Shiva S, Ellie B, Molly F
Ms Lewis (year lead)	Teddy RB, Cody SP, Josie K, Mya CR

Ms Lewis

Year 11 Lead



Year 12 News

Form	Praise Points	Attendance
12.1	11	96.8%
12.2	13	94.2%
12.3	6	93.3%
12.4	27	96.9%
12.5	52	96.9%

Key Messages

Dear Parents & Carers of Year 12,

It has been another successful week in Year 12, with plenty of highlights to celebrate. A number of pupils have already secured exciting work experience placements in industry, including courses at the prestigious **Imperial College London**. This is a brilliant start, and we look forward to hearing about more pupils taking up opportunities as the year goes on.

A reminder that the **Year 12 noticeboard** is updated daily with opportunities. These are often highly competitive and can really strengthen CVs, UCAS applications, and personal statements. Pupils are strongly encouraged to check this regularly and get involved.

We would also like to remind parents and carers that if your child is unwell, please contact the attendance team via sixthformattendance@heathcote.waltham.sch.uk. We have noticed an increase in unauthorised absences, so please ensure this communication line is used. Where possible, we also ask that appointments are scheduled **outside of school hours**.

A special mention goes to **12.5**, who this week have nearly tripled their praise points and achieved zero negative points. Praise points remain an important recognition tool in sixth form: not only do they contribute to the **end-of-year inter-form trip**, but they also help determine who will be invited to exclusive leadership and enrichment opportunities.

We are delighted to confirm that on **Friday 22nd November**, the owner and Clinical Director of **Crouch Physio Cockfosters** will be leading a seminar with twenty-five Year 12 pupils. This is an **invitation-only** event, open to those who have shown exceptional attendance, behaviour, and wider contribution to school life. Five places will also be reserved for pupils who have shown significant improvement this term.

Special Mentions this Week:

- **Attitudes to Learning:** Well done to “the DT girls” – Seray, Buse, Ashirah, and Kezia. *A message from Ms Clarke:* “You’ve had a fantastic start to DT – keep it up!”
- **Attendance:** Congratulations to all those currently on 100% attendance – an excellent achievement and a sign of real commitment.
- **Praise Points:** A big well done to Taio, Calgar, and Jayden (12.2). Although they may not have the highest totals just yet, they have made a really strong and positive start to Year 12 and are setting a great example for their peers.
- **Mr Oran 12.1:** Ryan Kebir and Amourendie Mbaki – They put in excellent effort during the creation of the banner and took lead of the task along with others.
- **Ms Alexander 12.2:** Kezia Amedume for her active role in helping with the art work for the class banner.
- **Ms Khan 12.4:** Ilir Gashi for always being positive and contributing to the form activities.
- **Ms Faria 12.5:** Shoutout to Jessica Lupu and Sarah Bindas for the hard work for weeks on the banner.

Well done to all pupils for their continued effort and enthusiasm.

Ms Singh

Joint Year 12 Lead



Year 13 News

Form	Praise Points	Attendance
13.1	5	91.7%
13.2	43	96.6%
13.3	22	92.8%
13.4	16	95.6%
13.5	34	93.6%

Key Messages

Dear Parents/Carers of Year 13,

Reminder of Year 13 Challenge Week

A reminder that the year 13 Challenge Week is commencing from the week beginning the 13th of October. This will take place over 2 weeks and the pupils will be tested in the courses that they are taking. We kindly ask parents and carers to encourage your children to revise thoroughly and be well-prepared. Pupils should utilise the resources they have gathered throughout the year, including notes, textbooks, materials available on google classroom, and any other resources that their subject teachers have recommended to them. Thank you for your ongoing support during this critical time.

Year 13 noticeboard

I would like to direct parents/guardians to remind their children to keep checking the year 13 noticeboard on google classroom as there are currently several opportunities being signposted on there. This includes a virtual open day for UCL and also university student guide to help inform pupils about which courses they may wish to take.

Reminder of uniform expectations

A reminder that your child is required to wear a lanyard whilst on the school premises. If this lanyard has been lost then a replacement can be bought via their Arbor account.

Contact Details

If you'd like to contact me via e-mail the address is:

pmiltiadou@heathcote.waltham.sch.uk

Mr Miltiadou

Year 13 Lead



Other News & Events

Year 10 Praise

It has been a pleasure to receive so many positive messages about Year 10 pupils from staff across the school. If your child's name appears in recognition this fortnight, congratulations – they have already made an outstanding impression on their teachers through hard work, engagement and commitment to learning. **Ms Page**

English	Hazal Gabriel C Olly C Taylor Beatrice	Lucian Daniel C Rashmiya Trinity Oliver B
Maths	Gracie Lotanna Gino Janelle Sienna Harry H Edward Gabriel C	Evan B Ayla 10.3 Israa Reggie Aaron K Imogen W Daniel C
Science	Evan B Teddy Taya Aiden	Jessica C Vithushan Sienna Alfie
Geography	Irem Koray	Marwa
RE	Gracie Anaya Aaron S	Trinity Marinella
Health & Social Care	Kaira	
Art	Jeremiah	
PE GCSE	Corben	
PE Core	Bree Sienna	Chantai
DT PD	Darcey	
Food	Hazal Anaya Lokmane Alfie Chantai Tracy	Davidas Nithursha Sophia S Israa Efe G Rhazel
DT Textiles	Alesia Eleanor Bree	Naila Hannah S Rasmiya

Other News & Events

ENCOURAGE
CHALLENGE
SUCCEED



Heathcote School & Science College



Transition Events 2025

Year 6 Open Evening



Wednesday 1st October 2025 (5pm - 7.30pm)

An opportunity to discover how our school is a happy and enriching place to be for every child.



GCSE result: 4+ 77% in English
4+ 64% in Maths
A' Level result: A* -C 76% of pupils



Book your places via 'Google Form' using the link on our website, or scan the QR code

Open Morning Tours



Monday 8th September –

Friday 26th September

Book your places via
Eventbrite via our
website, or scan the
QR code



Heathcote School & Science College

96 Normanton Park, Chingford, London, E4 6ES

Other News & Events

LEYTONSTONE

Langthorne Park Pavilion, Birch Grove, E11 4YG

Tuesdays, 5.30pm to 7.30pm, term time and through the holidays. Ages 8 to 18. Arts and crafts, games and cooking, by Worth Unlimited.



Pastures, 15 Davies Lane, E11 3DR

Thursdays, 4.30pm to 6.30pm, term time and through the holidays. Ages 11 to 25. Games, food, workshops, trips and mentoring, by Lymore Gardens and LB Creative.



Leytonstone Library, 6 Church Lane, E11 1HG

Fridays and Saturdays, 4pm to 6pm, term time and through the holidays. Ages 8 to 18. Badminton, table tennis, PS4, board games, t-shirt design, weekly competition, movie nights and arts and crafts, by WISE Youth Trust.



LEYTON

Leyton Manor Park, E10 5AN

Wednesdays, 3.30pm to 5.30pm, term time and through the holidays. Ages 10 to 18. Basketball with WF Flames until October, then indoor games and cooking in the Worth Unlimited mobile youth van.



Sidmouth House, 25 Sidmouth Road, E10 5QZ

Thursdays, 4pm to 7pm, term time and through the holidays. Ages 14 to 25. Podcasting, music, chill space, food, and gaming, by Creative Engagement Services.



Seddon Centre, 33 Clyde Place, Beaumont Estate, E10 5AS

Thursdays, 4.30pm to 7pm, term time only. Ages 11 to 18. Youth zone with multi sports, chill space, games and food by Leyton Orient Community Trust Youth.



CHINGFORD

Chingford Hall Estate, E4 8RT

Mondays, 4.30pm to 6.30pm, restarts 15 September. Ages 8 to 11 and 12 to 18. Commercial Streetdance, drama, leadership activities, chill out zone and food by Leaders Community. Location might change, contact for details: 07831 224510 / leadersacademyenquiries@gmail.com



Neon Youth club, Community Room, Aldriche Way, E4 9LZ

Tuesdays, 4.30pm to 6.30pm, ages 10 to 19. Games, food, computers, indoor sports, TikTok room by WF Community Hub youth team.



St Peter and Paul Parish Hall, The Green Walk, E4 7EN

Wednesdays, 3.30pm to 5.30pm, term time only. Restarts 17 September. Ages 11 to 25. Games, food, PS5, music studio, chill space, by Project Zero.



Walthamstow Stadium, 63 Parade Gardens, E4 8DF

Wednesdays, 4pm to 6pm, term time only. Restarts 17 September, ages 11 to 25. Games, food, PS5, music studio, chill space, by Project Zero.



Chingford Family Hub, 5 Oaks Grove, E4 6EY

Fridays, 4.15pm to 6.30pm, term time only. Junior youth hub for ages 8 to 12. Email treasuremekidslondon@gmail.com to register. Games, crafts, indoor sports, cooking and free hot meals.



SCORE Centre, 2 Coronation Square, E10 5UN

Fridays, 4.30pm to 6.30pm, term time only. Ages 11 to 18. Youth zone with multi sports, chill space, games and food by Leyton Orient Community Trust Youth.



WALTHAMSTOW

The Cotch, Central Parade, Hoe Street, E17 4RT

Mondays and Wednesdays, 4.30pm to 6.30pm, ages 14 to 25. Drop-in but call 07874 144599 for access. Chill space, PS5, games, Zine and design club, by LB Creative and Lymore Gardens.

Saturdays, 12pm to 2pm, girls-only group ages 14 to 25. Drop-in but call 07874 144599 for access. Chill space, podcasting, health, beauty, free period products, healthy relationships and mentoring by LB Creative.

Worth venue at the Green, corner of The Drive and Prospect Hill, E17 3EL

Mondays, 3pm to 5pm, ages 11 to 18. Hot chocolate, cooking and games at Worth Unlimited mobile youth van.

Priory Court Blue Playground, E17 5LU Worth Unlimited Mobile Youth Venue

Mondays, 6.30pm to 8pm, ages 11 to 18. Games and basketball until half term, then indoors at Community Centre.

Thursdays, 3pm to 5pm, ages 11 to 18. Games, craft, cooking and football with Footstepz Football Academy.

Wood Street Library, 1 Troubridge Square, E17 3HB

Tuesdays, 3.30pm to 5.30pm Ages 11 to 25. Podcasting, music production, games, VR, and a chill zone, by Creative Engagement Services.



Troubridge Square, E17 3GN Worth Unlimited Mobile Youth Venue

Tuesdays, 3pm to 5pm, ages 8 to 18. Fun activities, games, skateboarding, cooking and food.

elop, Walthamstow

Tuesdays, 5pm to 6.30pm, for ages 12 to 15 7pm to 8.30pm, for ages 15 to 18. elop and Space4All LGBTQ+ youth group. Book: 07720 461158 / youth@elop.org.

Walthamstow Family Hub, 313 Billet Road, E17 5PX

Tuesdays 4.15pm to 6.30pm, junior youth hub for ages 8 to 12. Term time only. Email treasuremekidslondon@gmail.com to register. Games, crafts, indoor sports, cooking and free hot meals.

YMCA, Forest Road, E17 3EF

Wednesdays, 4pm to 6pm Ages 11 to 19. Multisports, basketball, and youth sessions, by YMCA Youth Services.

Queens Road Family Hub, 215 Queens Road, E17 8PJ

Wednesdays, 4.15pm to 6.30pm, junior youth hub for ages 8 to 12. Term time only. Email treasuremekidslondon@gmail.com to register. Games, crafts, indoor sports, cooking and free hot meals.

Fridays, 3pm to 6pm, term time only. Ages 11 to 25. Games, food, by Lymore Gardens / LB Creative.

lakam studios, 245 Wood Street, E17 3NT

Wednesdays, 6.30pm to 8.30pm Ages 16 to 25. Music and podcasting, PS5 and VR, games and chill zone by Creative Engagement Services.



AUTUMN 2025 SESSION CALENDAR

ALL SESSIONS ARE FREE!



Waltham Forest has loads of free activities to offer young people, from multisports and basketball to podcasting, crafts, cooking, gaming, and music and video production.

Our Space4All programme provides safe spaces where you can meet new people and try out fun activities with food and snacks. All sessions are free and welcome ages 8 to 25 – check individual session info for age ranges.

Check out this flyer for a full list of sessions happening across Waltham Forest. Schedules can change, so don't forget to visit our website for the latest updates!

These sessions may change. Visit our Space4All Youth Directory for the latest event updates: bit.ly/space4all25



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Lunch Menu

Week Beginning 29th September

WEEK 3	MONDAY CLIMATE CHANGE DAY	TUESDAY BURGER DAY	WEDNESDAY CURRY DAY	THURSDAY TRADITIONAL DAY	FRIDAY CHEFS CHOICE
MAINS	CREAMY MAC N CHEESE SWEET AND SOUR CHICKEN SERVED WITH MIXED RICE JACKET POTATO WITH VARIOUS FILLINGS	SOUTHERN FRIED CHICKEN BURGER AND JACKET WEDGES FALAFEL STUFFED PITTA WITH MINT YOGURT AND RED CABBAGE JACKET POTATO WITH VARIOUS FILLINGS	BEEF CURRY WITH MIXED RICE VEGETABLE CURRY WITH MIXED RICE JACKET POTATO WITH VARIOUS FILLINGS	SAUSAGE AND MASH WITH ONION GRAVY FIVE LAYER LASAGNE JACKET POTATO WITH VARIOUS FILLINGS	MSC BATTERED FISH AND OVEN BAKED CHIPPED POTATOES MSC GOLDEN CRUMB FISH FINGERS AND OVEN BAKED CHIPPED POTATOES JACKET POTATO WITH VARIOUS FILLINGS
ALL DISHES SERVED WITH SEASONAL VEGETABLES OR MIXED SALAD					
STREET	CLASSIC CHEESE AND TOMATO PIZZA WEDGE AND GARLIC BREAD	SMOKEY BEEF BURRITO	SAMOSA WITH MIXED RICE AND SWEET CHILLI SAUCE	CHICKEN ZINGER WRAP	QOURN CHILLI DOG WITH TOMATO SALSA
PASTA					
COLD	SELECTION OF SANDWICHES, BAGUETTES AND WRAPS	SELECTION OF SANDWICHES, BAGUETTES AND WRAPS	SELECTION OF SANDWICHES, BAGUETTES AND WRAPS	SELECTION OF SANDWICHES, BAGUETTES AND WRAPS	SELECTION OF SANDWICHES, BAGUETTES AND WRAPS
DESSERTS	FRUIT JELLY FRESH FRUIT FRUIT POTS ORGANIC FRUIT YOGURT ICE CREAM TUB	APPLE TURNOVER FRESH FRUIT FRUIT POTS ORGANIC FRUIT YOGURT ICE CREAM TUB	FROSTED CARROT CAKE AND CUSTARD FRESH FRUIT FRUIT POTS ORGANIC FRUIT YOGURT ICE CREAM TUB	RICE PUDDING WITH FRUIT COMPOTE FRESH FRUIT FRUIT POTS ORGANIC FRUIT YOGURT ICE CREAM TUB	STICKY CHOCOLATE BROWNIE FRESH FRUIT FRUIT POTS ORGANIC FRUIT YOGURT ICE CREAM TUB

Week Beginning 6th October

WEEK 1	MONDAY CLIMATE CHANGE DAY	TUESDAY BURGER DAY	WEDNESDAY CURRY DAY	THURSDAY TRADITIONAL DAY	FRIDAY CHEFS CHOICE
MAINS	HOMEMADE CHEESE AND POTATO PUFFS WITH SKIN ON FRIES COTTAGE PIE JACKET POTATO WITH VARIOUS FILLINGS	SPICED DIRTY CHICKEN BURGER IN A FLOURED BUN WITH JACKET WEDGES BRATWURST SAUSAGE IN A FLOURED BUN WITH JACKET WEDGES JACKET POTATO WITH VARIOUS FILLINGS	CHICKEN CURRY AND MIXED RICE SWEET POTATO AND CHICKPEA CURRY WITH MIXED RICE JACKET POTATO WITH VARIOUS FILLINGS	BEEF PASTITSIO SMOKEY JACKFRUIT JAMBALAYA JACKET POTATO WITH VARIOUS FILLINGS	MSC DEEP FRIED FISH WITH CHIPPED POTATOS MSC FISH FINGERS WITH CHIPPED POTATOES JACKET POTATO WITH VARIOUS FILLINGS
ALL DISHES SERVED WITH SEASONAL VEGETABLES OR MIXED SALAD					
STREET	LOADED FRIES	BEEF ENCHILADAS	MAC N CHEESE	JERK CHICKEN WINGS	BBQ BEEF CALZONE
PASTA					
COLD	SELECTION OF SANDWICHES, BAGUETTES AND WRAPS	SELECTION OF SANDWICHES, BAGUETTES AND WRAPS	SELECTION OF SANDWICHES, BAGUETTES AND WRAPS	SELECTION OF SANDWICHES, BAGUETTES AND WRAPS	SELECTION OF SANDWICHES, BAGUETTES AND WRAPS
DESSERTS	SUMMER CRUNCH POT FRESH FRUIT FRUIT POTS ORGANIC FRUIT YOGURT ICE CREAM TUB	BANANA CAKE AND CUSTARD FRESH FRUIT FRUIT POTS ORGANIC FRUIT YOGURT ICE CREAM TUB	LEMON DRIZZLE CAKE FRESH FRUIT FRUIT POTS ORGANIC FRUIT YOGURT ICE CREAM TUB	CHOCOLATE CRACKNEL AND CHOCOLATE SAUCE FRESH FRUIT FRUIT POTS ORGANIC FRUIT YOGURT ICE CREAM TUB	FRUITY FLAPJACK FRESH FRUIT FRUIT POTS ORGANIC FRUIT YOGURT ICE CREAM TUB

A SELECTION OF NATURAL FRUIT DRINKS / MILK SHAKE / BOTTLED WATER