

# HEATHNOTES

Encourage - Challenge - Succeed



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**NEXT WEEK IS  
TIMETABLE...**

# A

### Dear Parents/Carers,

As we head into the final few weeks of the academic year, I wanted to share some important updates and reminders. The fortnightly Heathnotes will follow on Monday.

### **Hot Weather**

On Monday and Tuesday next week, the forecast is predicting temperatures of 30°C and above. To support pupils in managing the heat, they may wear either their full PE kit or a plain white polo shirt with their school skirt or trousers for the entire week, including trip days. Please ensure your child brings plenty of water or a reusable bottle to refill at our fountains.

### **Thank You and Celebrations**

Thank you to all the families who attended our rewards ceremonies this week – it was a real pleasure to celebrate your children's achievements with you. It was also fantastic to meet our new families last week; we're very much looking forward to welcoming your children in September.

### **Year 10 Work Experience**

We wish all our Year 10 pupils the very best for their work experience placements next week and Year 12 the week after. Please ensure your child is dressed appropriately according to the expectations of their specific role. If your child is absent during this time, the usual attendance procedures must be followed. If you have any questions or concerns, please contact Ms Bashal directly.

### **Staffing and Year 9 Options**

I have been busy recruiting in preparation for September and am pleased to report that we are close to finalising our staffing. One teaching role remains, and I hope to have this in place by the end of next week. As a result, we will be delaying the Year 9 options choices until recruitment is fully complete to ensure pupils receive the most accurate information and best choices.

### **Key Dates Next Week**

*Tuesday 1st July:* Year 8 forms 1, 2, 3 and half of form 6, - London Zoo

*Wednesday 2nd July:* Year 6 Transition Day

*Thursday 3rd July:*

- Year 7 trip: Epping Forest
- Year 12: Bowling trip
- Year 8 forms 4, 5, 7 and the other half of form 6 - London Zoo

*Thursday 3rd July:* Year 11 to Year 12 Transition Day for those coming to our sixth form

### **Athletics Success**

Today, 60 of our pupils have represented Heathcote at the borough athletics event. I look forward to hearing how they got on – well done to all those who qualified and competed!

Thank you as always for your continued support.

*Sonia Close*



### UPCOMING EVENTS

**Wednesday 2nd July**

Year 7 Transition Day

**Thursday 3rd July**

Year 11 Taster Day

**Friday 11th July**

Sports Day

### REMINDERS

- Breakfast Club pupils are expected to arrive and sign in via the main school reception before 8:15am - they will not be able to attend if they arrive after this time.
- Please ensure you download the Arbor App if you have not already done so. More information can be found here; <https://support.arbor-education.com/hc/en-us/sections/201716749-Using-Parent-Portal-and-the-Arbor-App-as-a-parent>

**Heathcote School & Science College, 96 Normanton Park, Chingford, London, E4 6ES**

# School Notices

## Year 10/12 - Work Experience

All year 10 students start their work experience next week. Please support them by ensuring they are ready for Monday and know the journey to their placement. They also need to dress suitably for their place of work.

- We will keep in contact with students throughout the week.
- All FSM students received a voucher for £15 to spend on lunch throughout the week.
- If your child's placement is for four days, I will be in touch with you separately.

Year 12 parents - I am still waiting for about 15 parents to confirm. Please do so asap using this link:

<https://docs.google.com/forms/d/e/1FAIpQLSdALe1ckza1vKA2C3hGW61iuP1ID5WaFLB3IV60gdEV27Kzag/viewform?usp=sharing&oid=115421468812888178252>

## Trips and Events

3rd July, Yr 12	Ten Pin Bowling, Rowans
3rd July, Yr 7	Epping Forest
3 <sup>rd</sup> July, Yr 8	London Zoo

For years 7/8 - all students must come to school in their PE kit.

Those going on the trips, will need a packed lunch (for FSM, we will provide lunch)

For year 12s - please ensure students dress sensibly for bowling.

Trips are within school hours.

**Ms Bashal**

*Assistant Head*



# Reading at Heathcote

## Heathcote's Book Of The Fortnight



### **Please Be My Star**

*Victoria Grace Elliott*

*A fun and unique reimaging of The Phantom of the Opera as a teen rom-com set in high school!*

Erika knows that people find her weird and off-putting. Instead of making friends, she finds solace in talking to herself and obsessing over handsome actors and pop stars. When she starts attending a new school, her loneliness takes on a life of its own and she develops a new obsession: the cutest boy in her theater class, Christian. For some reason, Christian is kind to her and even agrees to star in the play that she wrote for him, and Erika starts to find a creative voice that might lead to

new friendship and romance. But the more time Erika spends with Christian, the more she wonders what he sees in a creep like her. Can Erika somehow write her way into the center of her own heartfelt love story? Or does Christian have an ending of his own in mind?

## **Lexia Programme**

Congratulations and well done to 7.3 and 8.6!

These form groups have the most students who have completed Lexia. They have now moved onto the more challenging Sparx Reader!

**Ms Nash**

*Librarian*



# Year 7 News

Form	Praise Points	Attendance
7.1	106	88.8%
7.2	140	86.3%
7.3	88	94.6%
7.4	99	99.2%
7.5	66	93.8%
7.6	61	94.4%

## Key Messages

*Dear Parents/Carers,*

On Monday, we were delighted to welcome families into school for our **Year 7 End-of-Year Rewards Assembly** — a fantastic opportunity to pause and reflect on everything our pupils have achieved during their first year at Heathcote School.

From their very first days in September, Year 7 pupils have shown resilience, positivity, and determination as they adapted to new routines, new subjects and a much larger school environment. It's easy to forget just how big that step can be — but this year group has embraced it with maturity and spirit.

At Heathcote, our ethos — *Encourage, Challenge, Succeed* — underpins everything we do, and it has been a real pleasure to watch Year 7 live out these values. They have encouraged one another through friendship and kindness, risen to academic and personal challenges, and succeeded not only in their learning but in their development as responsible and respectful young people.

The assembly celebrated this journey, with awards across a range of areas:

- **Subject Awards** for excellence and effort across the curriculum;
- **Tutor Awards** recognising character, consistency and attitude;
- **Praise Point Certificates** for those with the highest positive points;
- **Year Lead Awards**, personally selected by the Head of Year;
- And the prestigious **Headteacher's Awards** for pupils who have gone above and beyond.

We were also treated to some brilliant pupil performances and a showcase of creative work — a reminder of the talent and enthusiasm within this exceptional year group.

A huge thank you to all the families who joined us for the event, and for your continued support throughout the year — whether it's encouraging routines at home, attending events, or staying in regular contact with school. Your partnership is invaluable and truly appreciated.

To the Year 7 pupils: congratulations on everything you've accomplished so far. As you prepare for Year 8, we look forward to seeing you continue to grow, learn and lead.

Well done – we are incredibly proud of you!

**Thank you** to all the parents and carers who attended the **Year 7 Parents' Evening on Thursday**. It was great to speak with so many of you about the progress your children are making and the positive steps we can take together moving forward. Your support and partnership are vital in helping our pupils thrive, and we truly **value the time you took to engage with staff and celebrate the successes of this first year at secondary school**.

*Ms Gasper*

*Year 7 Lead*



# Year 8 News

Form	Praise Points	Attendance
8.1	106	94.4%
8.2	202	87.9%
8.3	87	97.8%
8.4	74	90.5%
8.5	65	94%
8.6	221	86.3%
8.7	107	96.6%

## Key Messages

### Dear Parents/Carers,

Congratulations to Year 8 on a fantastic End of Year Rewards Assembly! It was wonderful to celebrate the hard work, commitment, and achievements of so many pupils across the year group. I am incredibly proud of the way Year 8 conducted themselves during the event, and it was a pleasure to recognise everyone's successes.

A special mention to Andreyra, Marcus, Yoan, and David for sharing your incredible musical talents with us during the assembly — your performances were exceptional and added a brilliant touch to the celebration.

Congratulations to all of the pupils who received awards. A special mention for the following pupils who were recognised for these achievements this year:

Heathcote Ethos Awards	Special Recognition Awards
<i>Ready</i> – Ben 8.3	<i>Year Lead</i> – Leila 8.3
<i>Respectful</i> – Jack S 8.2	<i>Year Lead</i> – Jacob 8.3
<i>Responsible</i> – Melissa 8.7	<i>Headteacher</i> – Marcus 8.5
<i>Encourage</i> – Abirami 8.7	<i>Headteacher</i> – Chloe 8.1
<i>Challenge</i> – Zyron 8.7	
<i>Succeed</i> – Paul 8.4	

A huge thank you to all Year 8 parents and carers for your ongoing support throughout the year. The progress this cohort has made is outstanding, and I am excited to continue working with them as they move into Year 9 and begin exploring their GCSE options.

### London Zoo Trip

We are looking forward to taking Year 8 to London Zoo next week — a fantastic opportunity for pupils to enjoy a day of learning and exploration. To ensure everyone is prepared, please note the following reminders:

- Pupils should arrive at school at the usual time.
- Pupils must wear their PE kit for the trip.
- A packed lunch is required (school will provide lunch for pupils eligible for FSM). No sweets or fizzy drinks.
- Pupils should bring a refillable water bottle.
- Sun protection is essential — pupils should apply sun cream and wear a hat to help prevent sunburn or heat-related illness.
- Any purchases at the zoo (such as drinks, ice creams, or souvenirs) will be card payment only. Please be aware that prices at the zoo can be high.
- Days for 8.6 have been communicated directly to parents and are available to view on Arbor.

Thank you for your support — we are looking forward to a great day!

### Uniform reminders

A polite reminder that shoes must be leather look. We have had a number of pupils attending recently in fabric shoes, these are not part of our uniform policy and a restoration will be issued to pupils not in the correct uniform. We appreciate that it is coming towards the end of term, however it has been noticed that pupils are trying to wear fabric shoes for PE day to avoid changing their shoes, again, this is not permitted and restorations will be issued for this.

Ms Apperley

Year 8 Lead



# Year 9 News

Form	Praise Points	Attendance
9.1	155	94.0%
9.2	31	91.8%
9.3	124	92.9%
9.4	67	93.3%
9.5	81	95.2%
9.6	64	95.4%

## Key Messages

*Dear Parents and Carers,*

### Thorpe Park Trip

Pupils enjoyed a very hot but exciting day out at Thorpe Park this week. The vast majority of students behaved excellently throughout the trip – thank you to them for representing the school so well. You may not be aware, but we were unfortunately let down by the coach company in the morning, which caused a significant delay in our departure. Although this reduced the amount of time spent at the park, we hope pupils still had a great time and made the most of the day.

### Uniform Reminder

As we move through the summer term, please note that blazers are not required. However, all other uniform rules still apply. This includes expectations around jewellery, false eyelashes, and acrylic nails. We appreciate your support in ensuring uniform standards are maintained.

### Options Update

Final option choices for pupils will be published on Monday 30th June. Parents will receive confirmation via email in the morning, and pupils will be given paper copies during tutor time. You will also receive an options change request form. Should your child wish to change one of their subject, do complete the form and return to Ms Bashal as soon as possible.

### Careers Focus

I would like to thank Ms Bashal for organising a fantastic series of careers-focused sessions over the past few weeks. Pupils have had the opportunity to explore careers in law and media, as well as learn about higher education options, including T Levels, apprenticeships, and courses offered by BCE College. Please do ask your child about what they learned – it's never too early to start thinking about their future pathways!

### Year 9 Behaviour Reminder

Parents of Year 9 pupils were contacted this week regarding a recent dip in behaviour in some option subject lessons. While the majority continue to meet expectations, a small number of students have become disruptive, particularly in lessons they are not continuing next year. As we approach the end of term, we are encouraging all students to maintain high standards and finish the year positively. Thank you for your continued support in reinforcing this message at home.

### End of Year Assembly

We had a fantastic End of Year Assembly on Tuesday, and it was wonderful to welcome so many parents and carers – we hope you enjoyed the morning as much as we did.

It was a real pleasure to celebrate our pupils' effort, progress, and achievement over the past year. A huge well done to all of our award winners – we are incredibly proud of everything you've accomplished.

Special thanks to our talented performers: Ariella, Rashmiya, Kyle, Ben, Corben, Aymen, and Imogen. Performing in front of such a large audience takes real courage, and each of them was truly outstanding. They've certainly set the bar high for next year's performers!

*Superstar & ACE winners*—Gracie P, Lotanna E

*ECS/RRR Certs winners*—Imogen W, Ariella M, Eleanor J, Oliver B, Alia C, Liam S

*Top points in form winners*—Alexander G, Bobby H, Francesca E, Rashmiya N, Gracie P, Teddy W, Azra G, Iulian E, Jake P, Liam H, Olly C, Abbey H

*Year Lead & Headteacher award winners*—Alexander G, Nini-Iman A, Kaden N-G, Maya C

[Ms Page](#)

[Year 9 Lead](#)



# Year 10 News

Form	Praise Points	Attendance
10.1	22	91.4%
10.2	44	93.5%
10.3	21	93.8%
10.4	35	91.5%
10.5	10	95.3%
10.6	20	94.0%

## Key Messages

*Dear Parents/Carers,*

### **Mock Exams / Challenge week**

I would like to congratulate the whole of year 10 for their efforts across challenge week. We recognise that completing these exams under real exam conditions may be stressful. However, it is of vital importance that we best prepare year 10's for what is to come as they enter into their last year of school.

As a kind reminder, please continue to remind your child of the expectations. Strict JCQ guidelines must be followed, and as a school it is important that these are upheld. All pupils have continuously been reminded about the importance of this.

### **Work Experience**

Work experience placement will begin next week. It is very likely that your child will be visited or contacted to see how they are getting on.

As a reminder, please continue to remind your child about the importance of the whole week. We will be conducting an assembly about our expectations whilst highlighting the potential difficulties that some may face. As highlighted previously, we are confident that all students will conduct themselves in line with the Heathcote School values.

### **Summer Reward Trip**

Our reward trip to Rowan's Tenpin bowling has been confirmed. This will take place on *Thursday 17th July*. We are looking forward to this event like most of the students. The discussions have been really positive.

More information will be sent out on the day. This will highlight the dress code alongside key details of the day.

### **Reward Assembly**

Our reward assembly will take place on *Thursday 26th June*. If you have been invited to this event, it is of vital importance that you have completed the link sent out. Failure to fill out the link will result in you not being able to attend. Please kindly complete this in advance.

### **Attendance and Punctuality**

Well done to 10.2 who have won the praise point league. A huge thank you to Miss Hodges and Dr Barard for their work this year.

*Mr Smith*

*Year 10 Lead*



# Year 12 News

Form	Praise Points	Attendance
12.1	0	99.5%
12.2	2	94.2%
12.3	1	93.1%
12.4	0	93.1%
12.5	0	95.7%

## Key Messages

*Dear Parents & Carers of Year 12,*

### **Year 12 Work Experience**

A reminder that the year 12 work experience week is taking place from the 7th-11th of July. Please ensure that the pupils have read and understood their job descriptions. Also please ensure that pupils have contacted their employers in advance to confirm any requirements for their placements if they have not already done so.

### **Year 12 Rewards Trip – Rowan's Bowling on 3rd July 2025**

To celebrate their efforts and achievements this year, we will be taking year 12's on a rewards trip to Rowan's Ten Pin Bowl. Pupils will be able to play a game of bowling as well as spend some time in the arcade.

We will travel by public transport leaving school at approximately 9:30 am and returning to Chingford station at 3 pm.

Pupils will need to bring a packed lunch to eat at the premises. If they are eligible for FSM, they will be provided with one.

### **Pastoral Reminders**

A polite reminder that parents should inform the Sixth form reception via [sixthformattendance@heathcote.waltham.sch.uk](mailto:sixthformattendance@heathcote.waltham.sch.uk) or 020 8498 5110 option 3 if their child will not be present at school. This needs to be done every day of non-attendance.

### **Contact Details**

If you'd like to contact me via e-mail the address is:  
[pmiltiadou@heathcote.waltham.sch.uk](mailto:pmiltiadou@heathcote.waltham.sch.uk)

*Mr Miltiadou*

*Year 12 Lead*



# Lunch Menu

## Week Beginning 16th June

WEEK 1	MONDAY CLIMATE CHANGE DAY	TUESDAY BURGER DAY	WEDNESDAY CURRY DAY	THURSDAY TRADITIONAL DAY	FRIDAY CHEFS CHOICE
<b>MAINS</b>	HOMEMADE CHEESE AND POTATO PUFFS WITH SKIN ON FRIES COTTAGE PIE JACKET POTATO WITH VARIOUS FILLINGS	SPICED DIRTY CHICKEN BURGER IN A FLOURED BUN WITH JACKET WEDGES BRATWURST SAUSAGE IN A FLOURED BUN WITH JACKET WEDGES JACKET POTATO WITH VARIOUS FILLINGS	CHICKEN CURRY AND MIXED RICE SWEET POTATO AND CHICKPEA CURRY WITH MIXED RICE JACKET POTATO WITH VARIOUS FILLINGS	BEEF PASTITSIO SMOKEY JACKFRUIT JAMBALAYA JACKET POTATO WITH VARIOUS FILLINGS	MSC DEEP FRIED FISH WITH CHIPPED POTATOS MSC FISH FINGERS WITH CHIPPED POTATOES JACKET POTATO WITH VARIOUS FILLINGS
ALL DISHES SERVED WITH SEASONAL VEGETABLES OR MIXED SALAD					
<b>STREET</b>	LOADED FRIES	BEEF ENCHILADAS	MAC N CHEESE	JERK CHICKEN WINGS	BBQ BEEF CALZONE
<b>PASTA</b>					
<b>COLD</b>	SELECTION OF SANDWICHES, BAGUETTES AND WRAPS	SELECTION OF SANDWICHES, BAGUETTES AND WRAPS	SELECTION OF SANDWICHES, BAGUETTES AND WRAPS	SELECTION OF SANDWICHES, BAGUETTES AND WRAPS	SELECTION OF SANDWICHES, BAGUETTES AND WRAPS
<b>DESSERTS</b>	SUMMER CRUNCH POT FRESH FRUIT FRUIT POTS ORGANIC FRUIT YOGURT ICE CREAM TUB	BANANA CAKE AND CUSTARD FRESH FRUIT FRUIT POTS ORGANIC FRUIT YOGURT ICE CREAM TUB	LEMON DRIZZLE CAKE FRESH FRUIT FRUIT POTS ORGANIC FRUIT YOGURT ICE CREAM TUB	CHOCOLATE CRACKNEL AND CHOCOLATE SAUCE FRESH FRUIT FRUIT POTS ORGANIC FRUIT YOGURT ICE CREAM TUB	FRUITY FLAPJACK FRESH FRUIT FRUIT POTS ORGANIC FRUIT YOGURT ICE CREAM TUB
A SELECTION OF NATURAL FRUIT DRINKS / MILK SHAKE / BOTTLED WATER					

## Week Beginning 23rd June

WEEK 2	MONDAY CLIMATE CHANGE DAY	TUESDAY BURGER DAY	WEDNESDAY CURRY DAY	THURSDAY TRADITIONAL DAY	FRIDAY CHEFS CHOICE
<b>MAINS</b>	CHICKEN AND SWEETCORN PIE WITH CREAMED POTATOES AND GRAVY STUFFED BELL PEPPER JACKET POTATO WITH VARIOUS FILLINGS	SPICY NACHO TOPPED BEEF BURGER IN A FLOURED BUN WITH ITALIAN DICED POTATOES HALLOUMI BURGER WITH ITALIAN DICED POTATOES JACKET POTATO WITH VARIOUS FILLINGS	LAMB ROGAN JOSH WITH MIXED RICE THAI KATSU CURRY WITH MIXED RICE JACKET POTATO WITH VARIOUS FILLINGS	PERI PERI CHICKEN LEGS SERVED WITH ROSEMARY ROAST POTATOES HOMEMADE CHEESE AND SWEETCORN QUICHE WITH ROSEMARY ROAST POTATOES JACKET POTATO WITH VARIOUS FILLINGS	MSC FISH FINGERS WITH CHIPPED POTATOES BUBBLE CRUMB SALMON WITH CHIPPED POTATOES JACKET POTATO WITH VARIOUS FILLINGS
ALL DISHES SERVED WITH SEASONAL VEGETABLES OR MIXED SALAD					
<b>STREET</b>	MEXICAN STYLE QUORN LOADED BURRITO	FISH AND CHIP WRAP	CHILLI TOPPED NACHOS	TEX MEX	SPICY GREEN JALAPENO PEPPER FLATBREADS
<b>PASTA</b>					
<b>COLD</b>	SELECTION OF SANDWICHES, BAGUETTES AND WRAPS	SELECTION OF SANDWICHES, BAGUETTES AND WRAPS	SELECTION OF SANDWICHES, BAGUETTES AND WRAPS	SELECTION OF SANDWICHES, BAGUETTES AND WRAPS	SELECTION OF SANDWICHES, BAGUETTES AND WRAPS
<b>DESSERTS</b>	PEACH MELBA FRESH FRUIT FRUIT POTS ORGANIC FRUIT YOGURT ICE CREAM TUB	APPLE CRUMBLE WITH CUSTARD FRESH FRUIT FRUIT POTS ORGANIC FRUIT YOGURT ICE CREAM TUB	LEMON CHEESECAKE FRESH FRUIT FRUIT POTS ORGANIC FRUIT YOGURT ICE CREAM TUB	ETON MESS FRESH FRUIT FRUIT POTS ORGANIC FRUIT YOGURT ICE CREAM TUB	CHOCOLATE AND BEETROOT MUFFIN WITH CUSTARD FRESH FRUIT FRUIT POTS ORGANIC FRUIT YOGURT ICE CREAM TUB