

# HEATHNOTES

Encourage - Challenge - Succeed



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NEXT WEEK IS  
TIMETABLE...

# A

### Dear Parents/Carers,

I hope this letter finds you and your family well.

As we move into the final half term of the academic year, I wanted to take this opportunity to thank you for your continued support. The summer term is always a busy one, and we are very proud of how our pupils continue to conduct themselves, particularly during public exams and end-of-year assessments.

Our Year 11 and Year 13 pupils have approached their exams with great maturity and focus. We know this can be a challenging time, and we are grateful to all families for the support you have provided at home.

Year 10 pupils have recently been out on a series of GCSE fieldwork trips linked to their geography coursework. Their conduct has been exemplary, and staff have been particularly impressed with their methodical and focused approach to collecting and recording data. These experiences will provide a strong foundation for their written coursework and assessments, and it is clear that pupils are taking increasing ownership of their learning.

As part of our Careers Week, Year 12 pupils enjoyed a visit to the University of Hertfordshire. This gave them valuable insights into university life and the range of courses and pathways available after Sixth Form. They represented the school with real maturity and took full advantage of the chance to explore their options beyond school.

We were also delighted to welcome Rob Rinder to school this week. He has been working with all pupils on the theme of justice and careers in law. Pupils engaged with great enthusiasm, and it was inspiring to see them thinking deeply about the values of fairness, voice, and accountability.

In support of pupils' mental health and wellbeing, we were pleased to welcome The Mind of the Student team to deliver assemblies across the week. These sessions provided practical strategies to help pupils understand and manage their mental wellbeing. Feedback from pupils was excellent, with many commenting on how useful and relatable they found the assemblies.

We have had further reason to celebrate this week with some fantastic athletic sporting success. George D and Henri C both won their 800m heats, while James Houghton came first in his hurdles heat. Chloe S won her 800m event and will be representing Waltham Forest this weekend at the Essex Championships, alongside Amelia A (Javelin) and Kayden NG (800m). Lola F improved her 800m placement by three positions thanks to her dedication at the after-school athletics club on Wednesdays. The Year 7 girls' relay team—Ava M, Cerys W, Issy J and Amelia M—also put in a strong performance. A huge congratulations to all pupils involved!

And finally, to round off the week, we were treated to the annual Heathcote Talent Show, organised and facilitated by our Year 12 Business pupils as part of their coursework. The event was a true celebration of creativity and courage. The acts were both brave and brilliant, and it was heartening to see how warmly and enthusiastically pupils supported one another. A special congratulations to Issy for taking first place!

We have also been pleased to welcome families into school recently for parents' evenings, thank you for your engagement. A reminder to year 7 parents, that **Parents evening is Thursday 26th June at 4pm - 6.20pm**. We don't operate a booking system, so please just turn up and meet your child's teachers.

Please do look out for communication over the coming weeks regarding end-of-term arrangements and end of year trips.

*Sonia Close*



### UPCOMING EVENTS

Thursday 19th June

Year 6 Transition Evening

Thursday 26th June

Year 7 Parents Evening

Friday 27th June

INSET Day (School closed to pupils)

### REMINDERS

- Breakfast Club pupils are expected to arrive and sign in via the main school reception before 8:15am - they will not be able to attend if they arrive after this time.
- Please ensure you download the Arbor App if you have not already done so. More information can be found here; <https://support.arbor-education.com/hc/en-us/sections/201716749-Using-Parent-Portal-and-the-Arbor-App-as-a-parent>

Heathcote School & Science College, 96 Normanton Park, Chingford, London, E4 6ES

# School Notices

## Upcoming Trips and Events

18th June 2025	Opal Comics Competition Exhibition	SDA	Yr 10/12/13
18th June 2025	Yr 9 Thorpe Park	MPE	Yr 9

Please note that the Opal Comics Exhibition has been cancelled by the organisers.

## Careers Week

As part of our commitment to introducing students to careers, we have speaker: Funmi Olufunwa, from Hoops Finance delivering on careers into Finance and managing your own business. She will deliver to KS3 pupils on Tuesday 17th June 2025

## Year 10 & Year 12 Work Experience

Most students have now received their job descriptions outlining their duties and responsibilities. Please ensure:

1. Contact made with employer.
2. Parental agreement signed <https://forms.gle/osWxQrLxzNJQJKez8>
3. Student agreement signed. <https://forms.gle/hKSGtWfaKY4g2snLA>
4. I do not need the job description returned to me.

There are still about 8 year 12 students without placements as I am waiting for their self find forms. Please prompt them to chase this and return form to me by Wednesday 18th June.

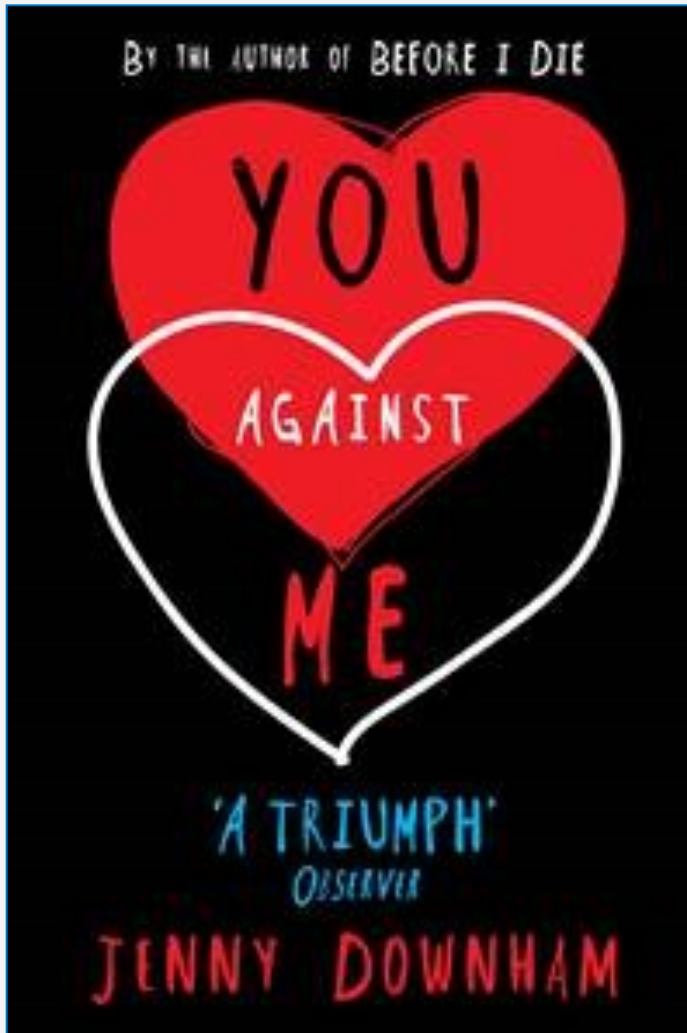
Thank you for your support with work experience.

**Ms Bashal**  
Assistant Head



# Reading at Heathcote

## Heathcote's Book Of The Fortnight



### **You Against Me**

***By Jenny Downham***

If someone hurts your sister and you're any kind of man, you seek revenge, right? If your brother's accused of a terrible crime but says he didn't do it, you defend him, don't you?

When Mikey's sister claims a boy assaulted her, his world begins to fall apart. When Ellie's brother is charged with the offence, her world begins to unravel. When Mikey and Ellie meet, two worlds collide...

**Ms Nash**

***Librarian***



# Year 7 News

Form	Praise Points	Attendance
7.1	164	89.7%
7.2	151	88.3%
7.3	154	96.0%
7.4	126	93.8%
7.5	160	89.2%
7.6	170	99.2%

## Key Messages

### Dear Parents/Carers,

I hope this message finds you well.

As we approach the final weeks of the school year, we would really appreciate your support in reinforcing our uniform expectations with your child.

We have recently seen an increase in pupils arriving at school wearing incorrect items, including:

- Additional earrings or piercings
- False nails
- Inappropriately short skirts or non-uniform trousers
- Non-leather footwear (e.g. canvas or fabric shoes)

To help us maintain high standards and consistency across the year group, we will be having a renewed focus on uniform next week.

### From Monday:

- Any pupil missing a uniform item should go to **H50 before school** to either borrow the correct item (in exchange for a valuable) or to collect a **yellow uniform card**.
- **If a pupil is seen in incorrect uniform during the day without a yellow card**, this will result in a same-day detention.
- **If they have a yellow card**, it means the issue has already been addressed and sanctioned appropriately.

Thank you for your continued support in helping us ensure all pupils take pride in their appearance and come to school ready to learn.

### Year 7 Assembly with Judge Rinder

We were incredibly fortunate to welcome **Judge Rinder** to Heathcote for a special assembly with Year 7 this week. The session offered pupils a unique insight into the legal system, with Judge Rinder leading an engaging and inspiring workshop focused on the role of the law in everyday life.

Our Year 7 pupils stepped into the shoes of **young lawyers**, using real legal vocabulary, constructing thoughtful defence statements, and practising the critical thinking skills involved in courtroom debate. Their enthusiasm, curiosity, and confidence truly shone through.

We were particularly proud of how ready, respectful and responsible they were throughout the session—fully embracing the opportunity and representing the year group and school values brilliantly.

*Well done, Year 7!*

A quick reminder that our **Year 7 Parents' Evening will take place on Thursday 26th June from 4pm—6.20pm**. There will not be an appointment system. Parents and pupils will arrive at the main gate (not reception or Whitehall).

As we reflect on your child's Year 7 journey and begin planning for Year 8, we would greatly value your feedback. Your views help us ensure that your child continues to feel **supported, challenged, and encouraged** to succeed here at Heathcote.

**Please take a few minutes to complete our short questionnaire.** All responses will directly inform our planning for the next academic year.

[Please Click Here](#) for the questionnaire.

Thank you in advance for your time and support.

**Ms Gasper**

**Year 7 Lead**



# Year 8 News

Form	Praise Points	Attendance
8.1	135	95.8%
8.2	170	97.5%
8.3	152	93.5%
8.4	101	91.4%
8.5	114	94.7%
8.6	303	90.8%
8.7	168	97.4%

## Key Messages

### *Dear Parents/Carers,*

Thank you for your continued support in ensuring all pupils are wearing the correct full uniform. This sets a high standard and contributes to the focused and positive atmosphere we're seeing in lessons. Pupils have demonstrated focus and maturity as they completed their Challenge Week assessments – we are really proud of their efforts.

A huge congratulations to Yoan (8.2), Paul (8.4), Marcus (8.5), Abirami (8.7), and David (8.7) for their outstanding performances in the recent school talent show. From guitar and piano playing, to dancing and solving a Rubik's Cube blindfolded – your talents truly amazed us! Thank you as well to all the Year 8 pupils who came along to support their peers – your encouragement made the event even more wonderful.

A big thank you to all the parents and carers who attended Year 8 Parents Evening on Thursday. It was a pleasure to meet so many of you and to discuss your child's progress, behaviour, and successes this year. If you were unable to attend and would like feedback from your child's teachers, please don't hesitate to get in touch. Additionally, if you did not get the chance to speak with a member of the Year 8 team (Ms Apperley, Mr Ferrar or Ms Waheed) and would like to arrange a follow-up call or meeting, we would be happy to organise this for you.

Year 8 pupils attended a powerful and thought-provoking assembly led by Mind of the Student. The session focused on promoting open, honest conversations about mental health, including topics such as anxiety, depression, different forms of therapy, and the impact of social media, bullying, and cyberbullying.

The assembly encouraged pupils to reflect on how they manage their own mental wellbeing and provided practical advice for supporting themselves and others. The message was clear: it's okay not to be okay, and seeking help is a sign of strength, not weakness. We hope this session has helped to break down stigmas and empower our students to speak up, support one another, and know where to go for help. Please do continue these important conversations at home.

## Notices

Year 8 pupils have been invited to attend an exciting trip to London Zoo on either Tuesday 1st or Thursday 3rd July. If your child has received an invitation, please complete payment and provide consent via Arbor by Friday 20th June. Please note: groups will be finalised once all pupils have signed up. While pupils won't be able to choose their groups, we will ensure that groupings are made in each child's best interest.

*Ms Apperley*

*Year 8 Lead*



# Year 9 News

Form	Praise Points	Attendance
9.1	129	93.5%
9.2	115	91.2%
9.3	191	92.1%
9.4	80	91.7%
9.5	170	98.7%
9.6	66	96.3%

## Key Messages

*Dear Parents and Carers,*

### Thorpe Park trip on Wednesday 18th June

A few key points prior to next weeks trip:

- I have arranged the coaches mainly by tutor group, but also have had to take into account pupils with medical conditions. Only 1 coach will have a trained first aider on board. Once pupils arrive at the park they are free to go around with friends from any tutor group.
- The weather forecast is looking good, so I would recommend pupils bring a hat and sun cream as they may be queuing for some time in the sun.
- Bring a refillable water bottle – there are water refill stations and bottles can also be filled in most of the restaurants on request.
- Apart from the 2 largest gift shops, all cafes and kiosks are cash free, pupils will need to bring a suitable payment card if they wish to purchase sweets, drinks, ice cream etc...
- As always with such venues, refreshments are not cheap! I would strongly encourage pupils to bring a packed lunch and snacks. Pupils who receive free school meals will be provided with a packed lunch.
- We will be leaving school as swiftly as possible, so pupils should aim to arrive promptly at 8.35am. We are hoping to be back at school by 4pm.

### Year 9 Tutor Period

A reminder that year 9 tutor time has now reverted to a **1.40pm start**. Pupils should make their way up swiftly from the canteen, using the correct one-way system without gathering in the stairwells or corridors.

### Use of the library

As of next Monday, 16th June, year 9 will again be permitted to use the library at lunch times. I have asked the librarian to update me regarding their behaviour and hope that they can use this facility sensibly. The library remains open for all students before and after school, as well as during Wednesday break times, so there is still ample opportunity for pupils to borrow and enjoy reading books.

*Ms Page*

*Year 9 Lead*



# Year 10 News

Form	Praise Points	Attendance
10.1	29	88.4%
10.2	29	90.1%
10.3	68	89.4%
10.4	25	91.5%
10.5	14	90.0%
10.6	20	85.6%

## Key Messages

*Dear Parents/Carers,*

### Mock Exams / Challenge week

Mock exams will start next week. Pupils have been given timetables and are fully aware of when each subject exam will be taking place. As a kind reminder, we will be conducting these mocks within our school sports hall in line with the JCQ guidelines. It is important that we prepare Year 10s early to ensure they understand how exams are to be conducted.

If your child has any recognised additional needs, they will be supported throughout this process.

### Work Experience

Work placement will start **Week beginning 30th June**. Prior to then, please ensure you and your child have completed the following:

1. Make contact with the employer (details are on the job description letter).
2. Ensure the pupil and parent contract is signed. The link has been sent to your school account, email and is also on Google Classroom.
3. We do not need a copy of the job description back. That is for you to keep, so you have the address, times, and contact details.

As a reminder, a Heathcote staff member may visit the placement to assess how your child is getting on. It is therefore important your child understands the importance and value of this. We are confident that all will conduct themselves in line with the Heathcote School values.

### Summer Reward Trip

You would have received a letter detailing the end of year reward trip information to Rowans Tenpin bowling. The letter did indicate **Wednesday 16th July** however, this is now likely to be moved to **Thursday 17th July**. Unfortunately this is due to external bookings that are outside of our control.

### Uniform and Banned items

Unfortunately we have had to confiscate a large number of headphones / air pods. These are banned items. If your child is found wearing these to and within school, they run the risk of these being confiscated. Refusal to hand over any banned items will result in a regulation referral. Please can we ask for your support.

### Attendance and Punctuality

Well done to those who have continued to maintain their 100 percent attendance. This will be celebrated during our end of year awards assembly. This will take place the morning of **Thursday 26th June**. We will be inviting some parents in, particularly of those who will be receiving awards.

Please be mindful of the date above.

Well done to 10.3 who are currently leading the praise points league table., and 10.4 who are ahead in Attendance!

*Mr Smith*

*Year 10 Lead*



# Year 11 News

## Key Messages

*Dear Parents/Carers,*

As we approach the final few days of the GCSE exam period, I would like to take this opportunity to congratulate all of our Year 11 pupils on their outstanding conduct and dedication throughout. With just three days of exams remaining, I am incredibly proud of how they have handled this challenging time.

I have received numerous positive comments from invigilators and staff, praising their maturity, focus, and attitude. One stand out remark was, *"I have been doing this for over 10 years, and this is the best cohort I have ever seen."* Well deserved Year 11.

On **Wednesday 18th June**, we will say a final goodbye to the Class of 2025. For those pupils who have been invited to the **Leavers' Afternoon**, please ensure you have read the letter sent to you carefully, as it contains important information and expectations for the event.

Looking ahead, a reminder to those attending **Prom on Thursday 17th July**. A letter with full details will be sent out in the coming weeks.

A reminder that **Results Day is on Thursday 21st August**, when we will celebrate the achievements of all our pupils together.

As I always say, it has been both a pleasure and a privilege to share the last five years with this incredible year group. I will miss them greatly and wish each and every one of them the very best in their final exams and for whatever their future holds.

Thank you for your ongoing and continued support.

*Ms Clancey*

*Year 11 Lead*



# Year 12 News

Form	Praise Points	Attendance
12.1	0	95.8%
12.2	2	91.7%
12.3	16	83.5%
12.4	27	97.7%
12.5	22	92.9%

## Key Messages

*Dear Parents & Carers of Year 12,*

### Reminder of Year 12 Challenge Week

A reminder that the year 12 Challenge Week is commencing from the week beginning the 16th of June. This will take place over 2 weeks and the pupils will be tested in the courses that they are taking. We kindly ask parents and carers to encourage your children to revise thoroughly and be well-prepared. Pupils should utilise the resources they have gathered throughout the year, including notes, textbooks, materials available on google classroom, and any other resources that their subject teachers have recommended to them. Thank you for your ongoing support during this critical time.

### Year 12 Reward's Trip – Rowan's Bowling on 3rd July 2025

To celebrate their efforts and achievements this year, we will be taking year 12's on a rewards trip to Rowan's Ten Pin Bowl. Pupils will be able to play a game of bowling as well as spend some time in the arcade.

We will travel by public transport leaving school at approximately 9:30 am and returning to Chingford station at 3 pm.

Pupils will need to bring a packed lunch to eat at the premises. If they are eligible for FSM, they will be provided with one.

### Pastoral Reminders

A polite reminder that parents should inform the Sixth form reception via [sixthformattendance@heathcote.waltham.sch.uk](mailto:sixthformattendance@heathcote.waltham.sch.uk) or 020 8498 5110 option 3 if their child will not be present at school. This needs to be done every day of non-attendance.

### Contact Details

If you'd like to contact me via e-mail the address is: [pmiltiadou@heathcote.waltham.sch.uk](mailto:pmiltiadou@heathcote.waltham.sch.uk)

*Mr Miltiadou*

*Year 12 Lead*



# Other News & Events

## Joshua Competes in Maths Battle at King's College London

We are proud to share that Joshua Morris represented our school in the recent Maths Battle held on Saturday 24 May at King's College, University of London.

Organised by Parallel, a tutoring programme supporting hundreds of talented young mathematicians, the event challenged students to work in teams to solve high-level problems under time pressure. The competition combined problem-solving with a debate-style format, as teams presented and critiqued each other's mathematical proofs.

Joshua was selected to join the Junior Parallel Team in recognition of his outstanding participation in the Parallel Academy. Competing alongside students from schools across London, his team performed exceptionally well—demonstrating strong collaboration, creativity, and rigorous mathematical reasoning.

**Well done, Joshua—we're incredibly proud of your achievements!**



# Lunch Menu

## Week Beginning 16th June

WEEK 2

MAINS

MONDAY CLIMATE CHANGE DAY	TUESDAY BURGER DAY	WEDNESDAY CURRY DAY	THURSDAY TRADITIONAL DAY	FRIDAY CHEFS CHOICE
---------------------------------	-----------------------	------------------------	--------------------------------	------------------------

CHICKEN AND SWEETCORN PIE WITH CREAMED POTATOES AND GRAVY  
STUFFED BELL PEPPER   
JACKET POTATO WITH VARIOUS FILLINGS

SPICY NACHO TOPPED BEEF BURGER IN A FLOURED BUN WITH ITALIAN DICED POTATOES  
HALLOUMI BURGER WITH ITALIAN DICED POTATOES   
JACKET POTATO WITH VARIOUS FILLINGS

LAMB ROGAN JOSH WITH MIXED RICE  
THAI KATSU CURRY WITH MIXED RICE   
JACKET POTATO WITH VARIOUS FILLINGS

PERI PERI CHICKEN LEGS SERVED WITH ROSEMARY ROAST POTATOES  
HOMEMADE CHEESE AND SWEETCORN QUICHE WITH ROSEMARY ROAST POTATOES   
JACKET POTATO WITH VARIOUS FILLINGS

MSC FISH FINGERS WITH CHIPPED POTATOES  
BUBBLE CRUMB SALMON WITH CHIPPED POTATOES  
JACKET POTATO WITH VARIOUS FILLINGS

ALL DISHES SERVED WITH SEASONAL VEGETABLES OR MIXED SALAD

FRESH BREAD IS MADE DAILY

STREET

MEXICAN STYLE QUORN LOADED BURRITO

FISH AND CHIP WRAP

CHILLI TOPPED NACHOS

TEX MEX

SPICY GREEN JALAPENO PEPPER FLATBREADS

PASTA



COLD

SELECTION OF SANDWICHES, BAGUETTES AND WRAPS

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DESSERTS

PEACH MELBA   
FRESH FRUIT   
FRUIT POTS   
ORGANIC FRUIT YOGURT   
ICE CREAM TUB

APPLE CRUMBLE   
WITH CUSTARD   
FRESH FRUIT   
FRUIT POTS   
ORGANIC FRUIT YOGURT   
ICE CREAM TUB

LEMON CHEESECAKE   
FRESH FRUIT   
FRUIT POTS   
ORGANIC FRUIT YOGURT   
ICE CREAM TUB

ETON MESS   
FRESH FRUIT   
FRUIT POTS   
ORGANIC FRUIT YOGURT   
ICE CREAM TUB

CHOCOLATE AND BEETROOT MUFFIN   
WITH CUSTARD   
FRESH FRUIT   
FRUIT POTS   
ORGANIC FRUIT YOGURT   
ICE CREAM TUB

## Week Beginning 23rd June

WEEK 3

MAINS

MONDAY CLIMATE CHANGE DAY	TUESDAY BURGER DAY	WEDNESDAY CURRY DAY	THURSDAY TRADITIONAL DAY	FRIDAY CHEFS CHOICE
---------------------------------	-----------------------	------------------------	--------------------------------	------------------------

CREAMY MAC N CHEESE   
SWEET AND SOUR CHICKEN SERVED WITH MIXED RICE  
JACKET POTATO WITH VARIOUS FILLINGS

SOUTHERN FRIED CHICKEN BURGER AND JACKET WEDGES  
FALAFEL STUFFED PITTA WITH MINT YOGURT AND RED CABBAGE   
JACKET POTATO WITH VARIOUS FILLINGS

BEEF CURRY WITH MIXED RICE  
VEGETABLE CURRY WITH MIXED RICE   
JACKET POTATO WITH VARIOUS FILLINGS

SAUSAGE AND MASH WITH ONION GRAVY  
FIVE LAYER LASAGNE   
JACKET POTATO WITH VARIOUS FILLINGS

MSC BATTERED FISH AND OVEN BAKED CHIPPED POTATOES  
MSC GOLDEN CRUMB FISH FINGERS AND OVEN BAKED CHIPPED POTATOES  
JACKET POTATO WITH VARIOUS FILLINGS

ALL DISHES SERVED WITH SEASONAL VEGETABLES OR MIXED SALAD

FRESH BREAD IS MADE DAILY

STREET

CLASSIC CHEESE AND TOMATO PIZZA WEDGE AND GARLIC BREAD

SMOKEY BEEF BURRITO

SAMOSA WITH MIXED RICE AND SWEET CHILLI SAUCE

CHICKEN ZINGER WRAP

QUORN CHILLI DOG WITH TOMATO SALSA

PASTA



COLD

SELECTION OF SANDWICHES, BAGUETTES AND WRAPS

SELECTION OF SANDWICHES, BAGUETTES AND WRAPS

SELECTION OF SANDWICHES, BAGUETTES AND WRAPS

SELECTION OF SANDWICHES, BAGUETTES AND WRAPS

SELECTION OF SANDWICHES, BAGUETTES AND WRAPS

DESSERTS

FRUIT JELLY   
FRESH FRUIT   
FRUIT POTS   
ORGANIC FRUIT YOGURT   
ICE CREAM TUB

APPLE TURNOVER   
FRESH FRUIT   
FRUIT POTS   
ORGANIC FRUIT YOGURT   
ICE CREAM TUB

FROSTED CARROT CAKE   
AND CUSTARD   
FRESH FRUIT   
FRUIT POTS   
ORGANIC FRUIT YOGURT   
ICE CREAM TUB

RICE PUDDING WITH FRUIT COMPOTE   
FRESH FRUIT   
FRUIT POTS   
ORGANIC FRUIT YOGURT   
ICE CREAM TUB

STICKY CHOCOLATE BROWNIE   
FRESH FRUIT   
FRUIT POTS   
ORGANIC FRUIT YOGURT   
ICE CREAM TUB