

# HEATHNOTES

Encourage - Challenge - Succeed



ISSUE 111  
25th April 2025

☎ 020 8498 5110 ✉ [heathcoteschool@heathcote.waltham.sch.uk](mailto:heathcoteschool@heathcote.waltham.sch.uk)

🌐 [www.heathcoteschool.com](http://www.heathcoteschool.com) Facebook/X @heathcotee4

## CONTENTS

- 2 Notices/Reminders
- 6 Year 7 News
- 7 Year 8 News
- 8 Year 9 News
- 9 Year 11 News
- 10 Year 12 News
- 11 Year 13 News
- 12 Other News/Events
- 15 Lunch Menu NEW

NEXT WEEK IS  
TIMETABLE...

# A

### Dear Parents/Carers,

It has been a pleasure to welcome pupils back after the Easter break. There has been a calm and purposeful atmosphere around the school, and it is clear that our pupils have returned refreshed and ready to learn. Classroom engagement is high, and we are proud of the focused start they have made to the summer term.



The recent Gilwell Park trip was a real highlight. Pupils and staff thoroughly enjoyed the experience, and I want to thank everyone involved in making it such a success. Our pupils were a real credit to the school, showing maturity, resilience and excellent behaviour throughout the trip.

As we enter a critical time for our exam year groups, we send our very best wishes to all our Year 11 and Year 13 pupils as they prepare for their final exams. We know how hard they have worked, and we are confident they will rise to the challenge and achieve their potential.

A few key dates to note:

#### Year 11 Rewards Assembly – Tuesday 29th April at 9.00am

We look forward to celebrating the achievements of our Year 11 pupils before the exam season begins.

#### Year 9 Options Selection Evening – Thursday 1st May

This is an important milestone for Year 9 pupils, and we hope to see as many families as possible attending to support their children in making informed decisions about their GCSE pathways.

#### Year 13 Leavers' Tea – Friday 9th May

A special moment to reflect on their journey at Heathcote and to mark the end of their time with us before they begin their final exams.

We have unfortunately been notified of an increase in catering costs by Waltham Forest Catering, please see Page 3 of this newsletter for more information.

A quick reminder on uniform expectations: **school shoes must be black, leather-look footwear – not canvas or material. Trainers such as Nike Reacts are not acceptable.** We appreciate your support in maintaining our high standards. **Additionally, any nails applied over the holiday should be removed by Monday** to ensure pupils are ready for learning and in line with our uniform policy.

Thank you, as always, for your continued support.

*Sonia Close*

### UPCOMING EVENTS

**Monday 28th March**

Culture Day

**Thursday 1st May**

Year 9 Options Selection Evening

**Thursday 8th May**

Year 10 Parents Evening

### REMINDERS

- Breakfast Club pupils are expected to arrive and sign in via the main school reception before 8:15am - they will not be able to attend if they arrive after this time.
- Please ensure you download the Arbor App if you have not already done so. More information can be found here; <https://support.arbor-education.com/hc/en-us/sections/201716749-Using-Parent-Portal-and-the-Arbor-App-as-a-parent>

Heathcote School & Science College, 96 Normanton Park, Chingford, London, E4 6ES

# School Notices

## Year 10 & 12 Work Experience

The next stage of the process is for those students who didn't manage to find their own work experience placement. The BEP portal is live and they should log on to start making their choices.

1. All pupils will receive a pin to access the system. These will be distributed next week.
2. Here is a link to the guide to help you and your child work through the portal.

<https://drive.google.com/file/d/12IF3SaGt98N5kh6VT0-UpUfAijWaVs0-/view?usp=sharing>

3. Pupils need to ensure they make between 4-6 choices as this is more likely to secure a placement they are interested in.
4. Please remember, first choices are not guaranteed.
5. When making a selection, please consider the distance and ensure it is realistic in terms of travel time and cost.
6. Once students have selected, BEP will start confirming. This means that students who leave this process to the last minute are likely to be left with the least popular choices.

If there are any concerns or issues, please contact me ([sbashal@heathcote.waltham.sch.uk](mailto:sbashal@heathcote.waltham.sch.uk))

**Ms Bashal**  
*Assistant Head*



# School Notices

## School Meal Price Increase

Waltham Forest Council have advised us of an increase to the price per school meal commencing Tuesday 22nd April 2025.

### New price per meal

Secondary School Pupil                   **£2.88**

These new prices reflect an increase of 2%.

There are several organisations working to put pressure on the government to increase the funding and as a Council Waltham Forest remain committed to supporting these campaigns.

The Council remain fully committed to providing delicious, freshly made school lunches, using only high quality, ethically sourced ingredients. We will always endeavour to provide a service that is inclusive to all, and will accommodate any dietary and religious requirements, wherever possible.

### Latest news

- Waltham Forest Catering have been awarded the Pro Veg School Plates GOLD award for the 2nd year - the only school meal contractor *in the country* to achieve this.
- Shortlisted finalists: Public Sector Awards, Education Contractor of the Year.
- Shortlisted finalists: LACA, Catering Business of the Year and Natasha Allergy Research Foundation Allergy Management Award.
- Shortlisted finalists: APPG Excellence in School Food Awards.
- First contractor in the country to change to Real Good Tomato Ketchup, reducing the sugar and salt content.
- Our menu includes 2 allergen friendly days a week, once again making us the first school meals contractor to do so.

We appreciate that there will never be a good time for a price increase, but we have kept it to a minimum in recognition of the challenging financial landscapes that schools, like local authorities, continue to navigate.

If you have any queries regarding meals please contact the school on [heathcote.school@heathcote.waltham.sch.uk](mailto:heathcote.school@heathcote.waltham.sch.uk)

## Updated Menus

The new spring/summer food menu has now been launched by Waltham Forest Catering. The main lunch menus can be found at the end of this newsletter on page 15 and continue to rotate on a tri-weekly basis as before. A new breaktime menu has also been released, also rotating every three weeks, and this is shown on the following page.



# School Notices

## Break Menu Week 1

MID MORNING	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHOICE 1	Cheese Bagels (v)	PizzaPlus Spicy Chicken Pizza	Danish Pastry (v)	Sausage in a Roll	Hash Browns (ve)
CHOICE 2	Noodle Pot	Nachos & Dip (ve)	Hash Browns (ve)	Oven Baked Crispy Fillet Wrap (ve)	French Bread Cheese & Tomato Pizza (v)
SALAD	Mini Cheese Salad Pot (v)	Mini Egg Salad Pot (v)	Mini Tuna Salad Pot	Mini Cheese & Egg Salad Pot (v)	Mini Hummus Salad Pot (ve)
FRESH FRUIT / YOGURT	Fresh Fruit (ve) / Fruit Yogurt (v)	Fresh Fruit (ve) / Fruit Yogurt (v)	Fresh Fruit (ve) / Fruit Yogurt (v)	Fresh Fruit (ve) / Fruit Yogurt (v)	Fresh Fruit (ve) / Fruit Yogurt (v)
WATER AND FRUIT DRINKS	A selection of Natural Fruit Drinks, Milk Shakes and Bottled Water	A selection of Natural Fruit Drinks, Milk Shakes and Bottled Water	A selection of Natural Fruit Drinks, Milk Shakes and Bottled Water	A selection of Natural Fruit Drinks, Milk Shakes and Bottled Water	A selection of Natural Fruit Drinks, Milk Shakes and Bottled Water

## Break Menu Week 2

MID MORNING	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHOICE 1	Pizza Plus Cheese & Tomato Pizza Slice	Meatball Sub	Mini Pasta King Pot	Burger in a Bun	French Bread Cheese & Tomato Pizza
CHOICE 2	Strong Roots Spinach Bites	Hash Browns	Sweet Potato Wedges	Nacho's & Dip	Spring Rolls
CHOICE 4	Selection of Sandwiches/Wraps/Baguettes /Paninis	Selection of Sandwiches/Wraps/Baguettes/ Paninis	Selection of Sandwiches/Wraps/Baguettes/ Paninis	Selection of Sandwiches/Wraps/Baguettes/ Paninis	Selection of Sandwiches/Wraps/Baguettes/ Paninis
SALAD	Mini Cheese Salad Pot	Mini Egg Salad Pot	Mini Tuna Salad Pot	Mini Cheese & Egg Salad Pot	Mini Hummus Salad Pot
FRESH FRUIT / YOGURT	Fresh Fruit /Fruit Yogurt	Fresh Fruit /Fruit Yogurt	Fresh Fruit /Fruit Yogurt	Fresh Fruit /Fruit Yogurt	Fresh Fruit /Fruit Yogurt
WATER AND FRUIT DRINKS	A selection of Natural Fruit Drinks, Milk Shakes and Bottled Water	A selection of Natural Fruit Drinks, Milk Shakes and Bottled Water	A selection of Natural Fruit Drinks, Milk Shakes and Bottled Water	A selection of Natural Fruit Drinks, Milk Shakes and Bottled Water	A selection of Natural Fruit Drinks, Milk Shakes and Bottled Water

## Break Menu Week 3

MID MORNING	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHOICE 1	Cheese & Tomato Toastie	Nacho's & Dip	Hot Open Chicken Baguette	Mini Pasta King Pot	PizzaPlus Meatball Topped Pizza
CHOICE 2	Hash Browns	French Bread Cheese & Tomato Pizza	Hash Browns	Minced Beef Wrap	Nachos & Dip
CHOICE 4	Selection of Sandwiches/Wraps/Baguettes /Paninis	Selection of Sandwiches/Wraps/Baguettes/ Paninis	Selection of Sandwiches/Wraps/Baguettes/ Paninis	Selection of Sandwiches/Wraps/Baguettes/ Paninis	Selection of Sandwiches/Wraps/Baguettes/ Paninis
SALAD	Mini Cheese Salad Pot	Mini Egg Salad Pot	Mini Tuna Salad Pot	Mini Cheese & Egg Salad Pot	Mini Hummus Salad Pot
FRESH FRUIT / YOGURT	Fresh Fruit /Fruit Yogurt	Fresh Fruit /Fruit Yogurt	Fresh Fruit /Fruit Yogurt	Fresh Fruit /Fruit Yogurt	Fresh Fruit /Fruit Yogurt
WATER AND FRUIT DRINKS	A selection of Natural Fruit Drinks, Milk Shakes and Bottled Water	A selection of Natural Fruit Drinks, Milk Shakes and Bottled Water	A selection of Natural Fruit Drinks, Milk Shakes and Bottled Water	A selection of Natural Fruit Drinks, Milk Shakes and Bottled Water	A selection of Natural Fruit Drinks, Milk Shakes and Bottled Water

# School Notices

## Future Focus

What parents and carers need to know about young people's career options



**Thursday  
24 April  
3.30-6pm**

Enfield Grammar School  
EN2 6LN

### Learn how you can support your child's career choices

We're hosting a **FREE** event for **parents and carers** in Enfield who want to support their child(ren) to make informed choices about their futures.

### At the event you'll hear from experts including:

- Pret A Manger - on supporting young people into the world of work
- West Lea School - on supporting students with SEND
- First Rung - on apprenticeships
- Barnet and Southgate College - on vocational qualifications and T-Levels
- And many more!

**Refreshments will be provided. Limited places. Book now**

[www.tickettailor.com/events/careershubeast/1589066](http://www.tickettailor.com/events/careershubeast/1589066)



# Year 7 News

Form	Praise Points	Attendance
7.1	35	90.2%
7.2	60	94.8%
7.3	46	88.1%
7.4	31	90.2%
7.5	53	96.7%
7.6	44	96.7%

## Key Messages

*Dear Parents/Carers,*

Welcome back! I hope you all had a restful and enjoyable Easter break.

Last week, a group of our Year 7 pupils took part in a fantastic residential trip to **Gilwell Park**, and I'm delighted to share how proud we are of them. The pupils were **exceptionally well-behaved, supportive of one another, and encouraged each other throughout the experience**. Their resilience really shone through, and it was wonderful to see so many friendships strengthened along the way.

Activities included **zip lining, tomahawk throwing, fencing, team building, orienteering, Jacob's Ladder, fire lighting, backwards cooking**, and the **thrilling 3G swing**. The pupils came back tired, **muddy, and full of excitement** – and many are already asking, "When's the next one?" which says it all.

I'm so proud of **all of the pupils** and am **grateful to the staff** who supported giving up their free time to provide us with the opportunity for us to spend some time outside of the classroom. We have certainly made some memories this week!

A big thank you to **Elliot** for supporting with lunch clean up and to **Max** for stepping out of his comfort zone, **Teddy, Charlie, Ben and Jessica** for keeping go despite feeling unwell to **Michael and Jake** for their impressive climb on Jacobs ladder and to **Holly** for **sitting with me on the 3G swing!**

Looking ahead, we have **Cultural Day** taking place next week. This is always a vibrant celebration of the diverse backgrounds and heritage within our school community.

### Uniform Reminder

A polite reminder that all pupils are expected to be in full school uniform each day. Please ensure your child continues to follow our uniform policy consistently.

**Challenge Week 3** will take place **after the May half-term**, and it will be a full week of exams and assessments across all subjects. This is an important opportunity for pupils to demonstrate their learning and progress, so please encourage your child to start preparing in advance.

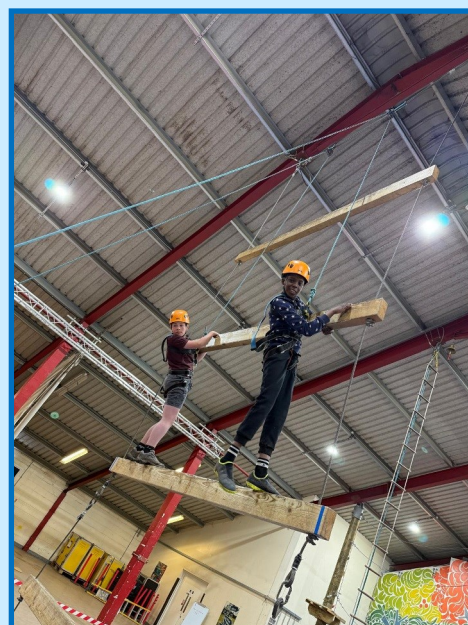
As we move through this short half-term, I'll be gathering feedback from subject teachers about each pupil's **effort and engagement in lessons**, which will help determine this term's **Subject Award winners**.

Lastly, **please continue to monitor your child's homework regularly**. Your support makes a real difference to their progress and success.

Thank you, as always, for your ongoing support.

*Ms Gasper*

*Year 7 Lead*



# Year 8 News

Form	Praise Points	Attendance
8.1	128	96.1%
8.2	197	93.9%
8.3	87	98.3%
8.4	117	90.6%
8.5	139	97.5%
8.6	281	93.9%
8.7	171	91.9%

## Key Messages

### Dear Parents/Carers,

Welcome back, we hope you and your families had a restful and enjoyable Easter break.

Well done to the following pupils (right) who received the top praise points in the first week back.

As we begin the summer term I would like to take this opportunity to remind everyone of a few key expectations to ensure a positive and productive term ahead.

Harry H	Grace T	Esther F
Kian AF	Ecrin C	Jay H
Alice H	Armin G	Daniel K
Abirami M	Ruya T	Ray L
Fatima S	Coco C	Marcus L
Austin S		

### Respect in the Community

It's important that all Heathcote pupils represent the school positively, both inside and outside of the classroom. We have recently received concerns from members of the local community regarding litter and conduct in the area surrounding the school. We are addressing this with pupils directly and would appreciate your support in reinforcing our school's values: being *ready, respectful & responsible*. These values extend beyond the school gates and help maintain our strong relationship with the wider community.

### Uniform Expectations

While the majority of Year 8 pupils returned looking smart and ready to learn, we have noticed several ongoing concerns regarding uniform compliance—particularly around blazers, footwear and jewellery. As a reminder, all pupils are expected to wear the full Heathcote uniform every day before they enter the school gates:

**Heathcote blazer** (compulsory at all times, even in warmer weather)

**White shirt, tucked in**

**Heathcote tie**, properly worn showing a minimum of 6 stripes

**School trousers or knee length skirt**

**Minimal jewellery** – one small stud per ear and no additional facial piercings or accessories (banned items will be confiscated until the end of the week)

**Black leather shoes**

Pupils who are not wearing correct uniform will receive a restoration. Repeated infringements may lead to escalated sanctions, therefore we appreciate your cooperation in ensuring your child is properly dressed for school each day.

### Upcoming Dates

Monday 28th April - Culture Day

Monday 28th & Tuesday 29th April - Y8 HPV vaccination (consent needed)

Thursday 1st May - Y7/8 Maths Challenge

**Ms Apperley**

**Year 8 Lead**



# Year 9 News

Form	Praise Points	Attendance
9.1	296	92.8%
9.2	74	97.2%
9.3	119	86.8%
9.4	95	97.8%
9.5	115	96.0%
9.6	95	95.6%

## Key Messages

*Dear Parents and Carers,*

### Key Date: Year 9 Options Selection Evening

A final reminder that options selection evening will take place on **Thursday 1st May**. On this evening all pupils & parents will be offered a one to one interview with a member of staff. They will collect your child's completed option form and talk through their choices with you. They will also be able to answer any final questions you may have and make any last adjustments to their selections. Please note:

- Your appointment time will be available via your Arbor app
- If you are concerned about your child's pathway, please indicate and discuss this on the evening
- If your child has any subject clashes, please flag on the evening, however they must still indicate a choice from each block
- If your child wishes to do GCSE PE: A conditions for this course is that **students must be actively involved in a sporting activity outside of school which they participate in on a regular basis, such as play for a football team or are part of a gymnastics club**. This is the main difference between PE and Sports as they are expected to evaluate their skills as part of the course. If your child is actively involved in a sport, but on the YELLOW or GREEN pathway and wishes to do GCSE PE, please indicate your request on the evening. Mr French will assess each pupil on an individual basis.

### Litter in the community

Sadly we have received a few complaints recently regarding Heathcote pupil conduct in the community. All pupils have a responsibility to be respectful, responsible and ready. This includes not littering or causing disruption in the local community. Please do remind your child of this – we will sanction if we have evidence of pupils behaving inappropriately outside of school in uniform.

### Uniform

The vast majority of year 9 were very well turned out this week, thank you for your support with this. I would appreciate your continued support, particularly regarding hair colour (some blue and purple crept in last term), boys wearing multiple trouser layers, jewellery and eyelashes. Pupils will be given a restoration (detention) for uniform infringement which will be escalated if needed. Please see the Heathcote website for uniform details. Whist the weather gets warmer, blazer are still compulsory.

### One way system

We are reminding pupils about the one-way system, which must be followed at all times, especially during break and lunch. Failure to do so results in corridors and stairwells becoming congested and unsafe. Pupils need to follow the one way system to maintain safety around school and will be sanctioned for not following these instructions.

### Behaviour & Attendance Data

A big well done to 9.1 with an amazing 296 praise points this fortnight. Also congratulations to 9.4 with a very impressive 97.8% attendance. Keep it up!

I Look forward to seeing you on Thursday 1st May.

*Ms Page*

*Year 9 Lead*



# Year 11 News

Form	Praise Points	Attendance
11.1	33	94.0%
11.2	18	92.6%
11.3	25	98.6%
11.4	24	95.5%
11.5	34	93.8%
11.6	28	92.0%

## Key Messages

*Dear Parents/Carers,*

As we approach the final stretch before the GCSE exams start, I wanted to take a moment to recognise and celebrate the impressive commitment and positive attitude being shown by our Year 11 pupils. Their hard work, focus, and determination have not gone unnoticed, and I am incredibly proud of the way they are approaching this important time.

However, I would like to remind you of the importance of punctuality. Unfortunately, lateness to school continues to be an issue for a small number of pupils. It is vital that your child arrives on time every day, particularly during the exam period. **Please note that if a pupil arrives late to an exam, they will not be granted any extra time.** We strongly encourage you to help establish good habits now to avoid any issues during the exams. I am aware that there have been some issues with public transport and diversions, please look at alternative travel options if this is going to be an issue.

Full correct uniform is expected to be worn until the end of the exam period, pupils must have all items of uniform including blazers and appropriate shoes every day. If pupils arrive to school in incorrect uniform they will receive a sanction and be given spare uniform to wear. There has been a rise in the amount of jewellery and extra piercings creeping in. Can I please remind you that our school policy is one pair of earrings, one watch, one small nose stud- not ring. Please help support us in keeping our expectations high until the end of term.

You should have received a letter from Ms Gite with detailed information about the coming weeks. This includes exam timetables, booster session schedules, study leave arrangements, and details about our Leavers' Day. Please take the time to familiarise yourself with this information, as it will be essential for supporting your child through the exam period.

I must also stress that **no holidays should be taken before 26th June**, as these are official JCQ exam contingency days. These dates have been set aside in case any exams need to be rescheduled, and all pupils are required to remain available until then.

We have our final Year 11 Reward Assembly taking place on **Tuesday 29th April**. This will be a significant and emotional event, as for the final time we will be together to reflect on their time here, celebrate their successes, and share some memories from the last 5 years.

*Thank you for your continued support.*

*Ms Clancey*

*Year 11 Lead*



# Year 12 News

Form	Praise Points	Attendance
12.1	0	93.8%
12.2	0	98.6%
12.3	5	91.5%
12.4	5	89.4%
12.5	15	94.9%

## Key Messages

*Dear Parents & Carers of Year 12,*

### **Year 12 Reward's Trip – Rowan's Bowling on Wednesday 3rd July 2025**

To celebrate their efforts and achievements this year, we will be taking year 12's on a rewards trip to Rowan's Ten Pin Bowl. Pupils will be able to play a game of bowling as well as spend some time in the arcade.

***The cost of the trip is £9. This needs to be paid by Monday 5th May via Arbor.***

We will travel by public transport leaving school at approximately 9:30 am and returning to Chingford station at 3 pm.

Pupils will need to bring a packed lunch to eat at the premises. If they are eligible for FSM,

they will be provided with one.

### **Work Experience**

Pupils have also been given the form that they will need to complete when finding their own work experience placements. A copy of this form can also be found on the year 12 noticeboard. Completed forms will need to be handed to Ms Bashal as soon as possible.

### **Pastoral Reminders**

A polite reminder that parents should inform the Sixth form reception via [sixthformattendance@heathcote.waltham.sch.uk](mailto:sixthformattendance@heathcote.waltham.sch.uk) or 020 8498 5110 option 3 if their child will not be present at school. This needs to be done every day of non-attendance.

### **Contact Details**

If you'd like to contact me via e-mail the address is:

[pmiltiadou@heathcote.waltham.sch.uk](mailto:pmiltiadou@heathcote.waltham.sch.uk)

***Mr Miltiadou***

***Year 12 Lead***



# Year 13 News

Form	Praise Points	Attendance
13.1	0	91.3%
13.2	0	83.5%
13.3	0	90.7%
13.4	0	77.2%
13.5	0	92.4%

## Key Messages

### *Dear Parents/Carers of Year 13,*

We have now entered the final stretch, the Easter break feels like a lifetime ago already!

Pupils have returned to their final term with an air of excitement and anticipation, with a low-level of exam burden brewing too.

The majority of subjects have now completed the core exam content and are wrapping up any final coursework pieces ready for moderation. Pupils have noticed that lessons have now focused on exam preparation, tackling misconceptions and supporting pupils on making the final push to being as successful as possible!

### Upcoming exams

Exam timetables will be shared with pupils next week. Please ensure your child studies this thoroughly and pays particular attention to the **dates & times** of their exams....no one wants to be woken up to an early morning call from our sixth form admin staff telling them they have '10 minutes to the start of their exam'.

Thank you in advance for your support during this time, where pupils will be inevitably more stressed, so any support by creating a conducive environment for them to concentrate, positive talk and relief from normal chores will be undoubtedly welcomed. Pupils are aware that all revision resources and supportive online resources can be found on the [Pupil Portal Here](#)

Pupils have asked about exam leave. We will be giving the option of exam leave but the date of when this will start is yet to be confirmed.

### Boosters

Booster sessions are still continuing, with the expectation that pupils attend all sessions that they have been invited to. The sessions are an add on to their usual lessons and have been shown to improve pupils outcomes.

### Year 13 Personalised Messages- Words of Encouragement (Top Secret)!

Thank you to those parents/carers that took the time to send a personalised message to their child. We will ensure pupils receive these prior to their exams.

### Leavers Hoodies

These have been ordered (if paid for) and pupils will receive these in due course.

### University – final tasks

Pupils have been reminded in their PIE lesson today that they should be;

1. **Confirming their 'Firm' and 'Insurance' choice on UCAS track** (once they have back all their offers)
2. **Organising their accommodation for their firm choice university** (if they are living at university)
3. **Completing their student finance application - including supporting documents and evidence of income from parents/carers**

Have a fantastic weekend.

*Ms Lewis*

*Year 13 Lead*



# Other News & Events



**ENGLAND  
FOOTBALL**  
ACCREDITED CLUB ★★



## **PLAYERS WANTED**

**U15s Panthers  
2025/26 season**

Looking for players in all positions  
to boost current squad if you are  
currently in year 9 looking for a  
team please call for a trial

**Tuesdays 7 - 8:30pm**

Training Tuesdays at Peter May,  
matches on Sundays.

Playing in the echo league



**Peter May Sports Centre  
135 Wadham Road  
Walthamstow**

**For more Information  
and to book, call or text**

**Gary 07956399027**



# Other News & Events

Monoux   
High School

# OPEN EVENING

THURSDAY 8<sup>TH</sup> MAY 2025 3 PM - 5 PM



LEARN



CONNECT



DESIGN

**Learn with skill | Feel connected | Design your future**

Monoux High School is a specialist provision for young people who are newly arrived in the UK, with additional capacity to enrol a small number of young people who decide that they may be more suited to complete their GCSEs in a Sixth Form setting.

**Location: 190 Chingford Rd, London E17 5AA**



# Other News & Events



## Explore a career in Pharmacy

Whether you're considering a new career, returning to work, or unsure of your next steps after education, there are exciting opportunities waiting for you.

### Earn while you learn!

Discover the training and career pathways available. Start your journey today!

### Save the date:

14 May 2025

1pm-2pm - Join here

6pm-7pm - Join here



# Lunch Menu

## Week Beginning 28th April

WEEK 2	MONDAY CLIMATE CHANGE DAY	TUESDAY BURGER DAY	WEDNESDAY CURRY DAY	THURSDAY TRADITIONAL DAY	FRIDAY CHEFS CHOICE
<b>MAINS</b>	CHICKEN AND SWEETCORN PIE WITH CREAMED POTATOES AND GRAVY STUFFED BELL PEPPER JACKET POTATO WITH VARIOUS FILLINGS	SPICY NACHO TOPPED BEEF BURGER IN A FLOURED BUN WITH ITALIAN DICED POTATOES HALLOUMI BURGER WITH ITALIAN DICED POTATOES JACKET POTATO WITH VARIOUS FILLINGS	LAMB ROGAN JOSH WITH MIXED RICE THAI KATSU CURRY WITH MIXED RICE JACKET POTATO WITH VARIOUS FILLINGS	PERI PERI CHICKEN LEGS SERVED WITH ROSEMARY ROAST POTATOES HOMEMADE CHEESE AND SWEETCORN QUICHE WITH ROSEMARY ROAST POTATOES JACKET POTATO WITH VARIOUS FILLINGS	MSC FISH FINGERS WITH CHIPPED POTATOES BUBBLE CRUMB SALMON WITH CHIPPED POTATOES JACKET POTATO WITH VARIOUS FILLINGS
ALL DISHES SERVED WITH SEASONAL VEGETABLES OR MIXED SALAD					
<b>STREET</b>	MEXICAN STYLE QUORN LOADED BURRITO	FISH AND CHIP WRAP	CHILLI TOPPED NACHOS	TEX MEX	SPICY GREEN JALAPENO PEPPER FLATBREADS
<b>PASTA</b>	 	 	 	 	 
<b>COLD</b>	SELECTION OF SANDWICHES, BAGUETTES AND WRAPS	SELECTION OF SANDWICHES, BAGUETTES AND WRAPS	SELECTION OF SANDWICHES, BAGUETTES AND WRAPS	SELECTION OF SANDWICHES, BAGUETTES AND WRAPS	SELECTION OF SANDWICHES, BAGUETTES AND WRAPS
<b>DESSERTS</b>	PEACH MELBA FRESH FRUIT FRUIT POTS ORGANIC FRUIT YOGURT ICE CREAM TUB	APPLE CRUMBLE WITH CUSTARD FRESH FRUIT FRUIT POTS ORGANIC FRUIT YOGURT ICE CREAM TUB	LEMON CHEESECAKE FRESH FRUIT FRUIT POTS ORGANIC FRUIT YOGURT ICE CREAM TUB	ETON MESS FRESH FRUIT FRUIT POTS ORGANIC FRUIT YOGURT ICE CREAM TUB	CHOCOLATE AND BEETROOT MUFFIN WITH CUSTARD FRESH FRUIT FRUIT POTS ORGANIC FRUIT YOGURT ICE CREAM TUB

## Week Beginning 5th May

WEEK 3	MONDAY CLIMATE CHANGE DAY	TUESDAY BURGER DAY	WEDNESDAY CURRY DAY	THURSDAY TRADITIONAL DAY	FRIDAY CHEFS CHOICE
<b>MAINS</b>	CREAMY MAC N CHEESE SWEET AND SOUR CHICKEN SERVED WITH MIXED RICE JACKET POTATO WITH VARIOUS FILLINGS	SOUTHERN FRIED CHICKEN BURGER AND JACKET WEDGES FALAFEL STUFFED PITTA WITH MINT YOGURT AND RED CABBAGE JACKET POTATO WITH VARIOUS FILLINGS	BEEF CURRY WITH MIXED RICE VEGETABLE CURRY WITH MIXED RICE JACKET POTATO WITH VARIOUS FILLINGS	SAUSAGE AND MASH WITH ONION GRAVY FIVE LAYER LASAGNE JACKET POTATO WITH VARIOUS FILLINGS	MSC BATTERED FISH AND OVEN BAKED CHIPPED POTATOES MSC GOLDEN CRUMB FISH FINGERS AND OVEN BAKED CHIPPED POTATOES JACKET POTATO WITH VARIOUS FILLINGS
ALL DISHES SERVED WITH SEASONAL VEGETABLES OR MIXED SALAD					
<b>STREET</b>	CLASSIC CHEESE AND TOMATO PIZZA WEDGE AND GARLIC BREAD	SMOKEY BEEF BURRITO	SAMOSA WITH MIXED RICE AND SWEET CHILLI SAUCE	CHICKEN ZINGER WRAP	QUORN CHILLI DOG WITH TOMATO SALSA
<b>PASTA</b>	 	 	 	 	 
<b>COLD</b>	SELECTION OF SANDWICHES, BAGUETTES AND WRAPS	SELECTION OF SANDWICHES, BAGUETTES AND WRAPS	SELECTION OF SANDWICHES, BAGUETTES AND WRAPS	SELECTION OF SANDWICHES, BAGUETTES AND WRAPS	SELECTION OF SANDWICHES, BAGUETTES AND WRAPS
<b>DESSERTS</b>	FRUIT JELLY FRESH FRUIT FRUIT POTS ORGANIC FRUIT YOGURT ICE CREAM TUB	APPLE TURNOVER FRESH FRUIT FRUIT POTS ORGANIC FRUIT YOGURT ICE CREAM TUB	FROSTED CARROT CAKE AND CUSTARD FRESH FRUIT FRUIT POTS ORGANIC FRUIT YOGURT ICE CREAM TUB	RICE PUDDING WITH FRUIT COMPOTE FRESH FRUIT FRUIT POTS ORGANIC FRUIT YOGURT ICE CREAM TUB	STICKY CHOCOLATE BROWNIE FRESH FRUIT FRUIT POTS ORGANIC FRUIT YOGURT ICE CREAM TUB