

# HEATHNOTES

Encourage - Challenge - Succeed



**ISSUE 109**  
**14th March 2025**

☎ 020 8498 5110 ✉ [heathcoteschool@heathcote.waltham.sch.uk](mailto:heathcoteschool@heathcote.waltham.sch.uk)

🌐 [www.heathcoteschool.com](http://www.heathcoteschool.com) Facebook/Twitter @heathcotee4

## CONTENTS

- 2 Notices/Reminders
- 4 Heathcote Reading
- 5 Year 7 News
- 6 Year 8 News
- 7 Year 9 News
- 8 Year 10 News
- 9 Year 11 News
- 10 Year 12 News
- 11 Year 13 News
- 12 Other News/Events
- 16 Lunch Menu

**NEXT WEEK IS  
TIMETABLE...**

# A

### *Dear Parents/Carers,*

We have had a fun-packed and exciting week at Heathcote!

Our Year 8 pupils took part in a fantastic financial workshop, learning valuable skills about managing money and budgeting — an important step in preparing them for the future. Year 9 also engaged in a safeguarding workshop, which provided them with essential knowledge about staying safe and supporting others. On top of this, the whole school came together to celebrate Pi Day with a maths challenge — it was brilliant to see so many pupils getting involved and having fun with numbers! The canteen even joined in the spirit by serving delicious pie, which was a big hit with everyone.

We are also incredibly proud of our Year 10 and Year 11 pupils who have completed their drama and food exams this week. Their hard work and dedication really shone through, and they should be very proud of their achievements — well done!

A huge congratulations to the Year 7 and 8 girls' football team, who have made it to the London Cup finals for the first time ever — a truly historic achievement! We wish them the best of luck in the final.

We would also like to celebrate Kian for having his poem published — an incredible accomplishment. You can read his work later in this publication.

Please note that there will be a **late start on Thursday 28th March** following the Year 11 and Year 13 Parents' Evening. Pupils should arrive at **9:40 am** on that day.

Thank you for your ongoing support — it's been a fantastic week, and we are looking forward to more successes ahead.

Yours

faithfully,

*Sonia Close*



### UPCOMING EVENTS

**Monday 17th March**

Ecology For Teens Trip (Selected Year 7 to Year 13 Pupils)

**Tuesday 18th March**

Trips—Selected Y11 Portsmouth University, Y12/13 Freud Museum

**Thursday 27th March**

Year 11 & Year 13 Second Parents Evening

### REMINDERS

- Breakfast Club pupils are expected to arrive and sign in via the main school reception before 8:15am - they will not be able to attend if they arrive after this time.
- Please ensure you download the Arbor App if you have not already done so. More information can be found here; <https://support.arbor-education.com/hc/en-us/sections/201716749-Using-Parent-Portal-and-the-Arbor-App-as-a-parent>

**Heathcote School & Science College, 96 Normanton Park, Chingford, London, E4 6ES**

# School Notices

## Upcoming Trips

|                 |   |
|-----------------|---|
| 17th March 2025 | Selected from Years 7-13 - Ecology for Teens            |
| 18th March 2025 | Year 11 - HAPs students,<br>Portsmouth University Visit |
| 18th March 2025 | Year 12/13 - Freud Museum, NW3                          |

If your child is attending one of the above mentioned trips, please note the following important points:

- All pupils must wear full school uniform.
- Depending on weather, your child may need a coat.
- Pupils will need a packed lunch (for FSM, we will provide lunch)
- Pupils must arrive to school in the morning at the usual time.
- All three trips have closed and we will not make any late additions.

## Breakfast Club

We are pleased that so many pupils enjoy attending Breakfast Club, which provides a healthy start to the day. However, due to rising costs, regretfully we have had to introduce a small fee of £7.00 per half term **starting Tuesday, 22nd April**, available for purchase via Arbor from 1st April 2025.

Children receiving free school meals can continue attending at no cost. We appreciate your understanding and support.

**Ms Bashal**

***Assistant Head***



# School Notices

## Year 10 Food Preparation and Nutrition 2024-2025 students

**Dear Parents,**

Please see the links below for the timetables for our Year 10 and Year 11 Food Preparation and Nutrition pupils. This has all the information for the lessons, the homework and any ingredients they will need for the coming year. Year 11 pupils started their coursework for **NEA 1** from the 3rd of September 2024.

All ingredients are placed in the homework section and are placed in the homework the week before they are needed. Hopefully this will stop last minute requests for ingredients.

The school will supply any one-off ingredients for recipes such as baking powder, syrup and jerk seasoning. If ever there is an issue with Ingredients please do not hesitate to email me or send your child in with a note.

All pupils will need to supply a plastic container to take their food home in. This can be a container such as a large sweet plastic tub. They will also need a hair band or hair tie if they have long hair.

Acrylic and false nails and nail polish are a health and safety issue in catering. So please refrain from fake nails and nail polish.

If there are any issues please contact me on [mroffey4.320@heathcoteschool.com](mailto:mroffey4.320@heathcoteschool.com) .

Thank you so much for your support and I look forward to working with your children in the forthcoming year.

[Please Click Here](#) for the Year 10 timetable.

[Please Click Here](#) for the Year 11 timetable.

**Ms Roffey**

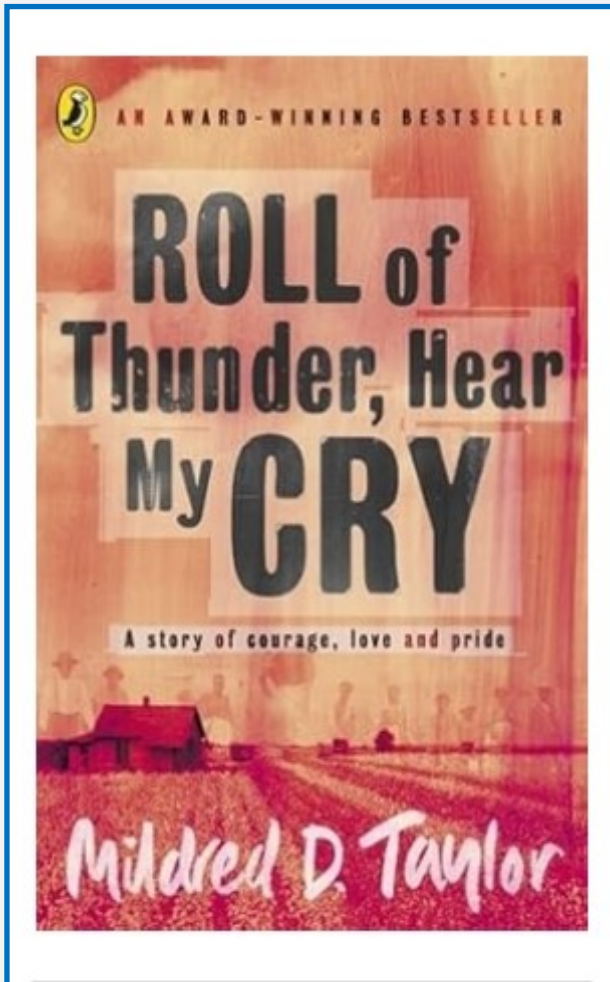
**Food and Nutrition**



# Reading at Heathcote

## Heathcote's Book Of The Fortnight

Our new librarian Ms Nash takes over Heathcote's Book Of The Fortnight



### *Roll Of Thunder, Hear My Cry*

*Mildred D. Taylor*

Roll of Thunder, Hear My Cry is the classic story of a girl growing up in the deep South. Set in Mississippi at the height of the American Depression, this is the story of a family's struggle to maintain their integrity, pride and independence against the forces of a cruelly racist society.

'We have no choice of what colour we're born or who our parents are or whether we're rich or poor. What we do have is some choice over what we make of our lives once we're here.'

The Mississippi of the 1930s was a hard place for a black child to grow up in, but still Cassie didn't understand why farming his own land meant so much to her father. During that year, though, when the night

riders were carrying hatred and destruction among her people, she learned about the great differences that divided them, and when it was worth fighting for a principle even if it brought terrible hardships.

Winner of the highly prestigious John Newbery Medal in the USA in 1977.



# Year 7 News

| Form | Praise Points | Attendance |
|------|---------------|------------|
| 7.1  | 294           | 92.1%      |
| 7.2  | 300           | 95.4%      |
| 7.3  | 219           | 98.6%      |
| 7.4  | 258           | 97.1%      |
| 7.5  | 214           | 87.1%      |
| 7.6  | 206           | 97.1%      |

## Key Messages

*Dear Parents/Carers,*

I hope this newsletter finds you well.

### Road Safety – A Vital Reminder

As the days get longer and students spend more time outdoors, I want to remind everyone of the importance of road safety. Please encourage your child to be vigilant when crossing roads, use designated pedestrian crossings, and avoid distractions such as mobile phones and headphones while near traffic. We have noticed some pupils taking risks when crossing busy roads, and their safety is our top priority.

### Gilwell Park Residential – Final Payments & Behaviour Expectations

A quick reminder to ensure any outstanding payments for the Gilwell Park trip are made promptly, in line with the payment schedule shared via Arbor. If you have any concerns or need assistance regarding payments, please don't hesitate to reach out.

Additionally, I want to stress that attendance on the trip is a privilege. Pupils are expected to demonstrate good behaviour in school in the lead-up to the trip. Any students who do not meet our behaviour expectations may lose the opportunity to attend. We want this to be a fun and rewarding experience, and we appreciate your support in reinforcing this message at home.

### Celebrating Achievements

We are incredibly proud of our students and love celebrating their successes. This week, a special mention goes to **Connor**, who was highlighted in our learning walks for his perseverance in maths—"For trying to work out the maths problem and pushing himself." Well done, Connor!

A huge congratulations also to **Jan, Cameron, Jason, Liepa, David, Taylor, Domenico**, and **Elliot** for being actively engaged in their lessons and demonstrating excellent learning habits. Keep up the great work!

### Uniform Reminder

Please be reminded that wearing white or coloured socks over tights is not in line with our uniform policy. I have addressed this with pupils directly, but continued breaches may result in a restoration session in accordance with the school's uniform expectations. We appreciate your support in maintaining our high standards.

### Ramadan

As Ramadan begins, we would like to extend our best wishes to all our students and families observing this holy month. We recognise that some students may be fasting and may need additional support during the school day. If your child requires any accommodations, such as a quiet space during lunch, please encourage them to speak to a member of staff. We appreciate the resilience and dedication of our students during this time and wish them a blessed Ramadan.

Thank you, as always, for your continued support. If you have any questions or concerns, please feel free to reach out.

*Ms Gasper*

*Year 7 Lead*



# Year 8 News

| Form | Praise Points | Attendance |
|------|---------------|------------|
| 8.1  | 234           | 90.3%      |
| 8.2  | 237           | 94.8%      |
| 8.3  | 149           | 90.1%      |
| 8.4  | 112           | 85.8%      |
| 8.5  | 134           | 95.1%      |
| 8.6  | 271           | 95.4%      |
| 8.7  | 280           | 100.0%     |

## Key Messages

### Dear Parents/Carers,

On Wednesday, Year 8 pupils took part in a workshop on Financial Cybercrime and Scams delivered by Ernst and Young. The sessions aimed to help students understand how to spot and avoid scams, protect their personal information, and make smart financial decisions online. The workshops were highly informative and gave students valuable skills to stay safe online. Thank you to all pupils for being so engaged and contributing throughout the discussions and tasks.

Heathcote pupils who are members of the 27F (Chingford) Squadron — a youth military organisation that promotes practical skills in Air, Space, and Cyber while encouraging an interest in the Royal Air Force — led a drill for Year 8 pupils during form time on Monday. The Year 8 pupils who volunteered demonstrated respect and enthusiasm while taking part in the drill. It was fantastic to see so many pupils engaged and showing genuine interest.

Well done to the following pupils for being named in the form reports for producing outstanding work over the past 2 weeks.

**8.1** Otis, Oscar, Blake, Mabel, Louie, Yasmin, Chloe, Sarah, Aras, Alex, Cirilla, Naail, Max & Armaghan.

**8.2:** Sophie, Georgie H, Esme, Jasmine, Eddie, Peter, Harry, Sienna, Mandy, Eylul, Jack S, Imy, Yasmin B, Coco, Heaven, Wajaahat & Kyle.

**8.3:** Kian, Serra, Lucy, Emilia, Harriet, Jenaya, Jacob, Ben, Skyla, Arbora, Mille, Tia, Belle & Tristan.

**8.4:** Enxhi, Dexter, Giray, Sophia, Zayd, Riley, Charlotte, Anas & Jaylan.

**8.5:** Sana, Sofia D, Mehmet, Omer, Melisa, Luca & Honey.

**8.6:** Haadi, Fatima, Coco, Samiya, Esmee, Jay, Max, Mason, Konnie & Amelia.

**8.7:** Lola F, Alice, Melissa, Zelal, Hubert, Abirami, Thomas & Azeezah, Gheorghie, Nathan & Reuben.

Congratulations to the Girls Football Team for qualifying for the London Cup Final! Wishing you the best of luck in the final, we are already so proud of you all.

A huge congratulations to Georgie H (right) for being awarded her 2nd Jack Petchey Award, this time from Essex County Cricket in recognition of her outstanding achievements in cricket. We are so impressed, you should be incredibly proud of yourself.



### Uniform Reminders

There has been a rise in pupils wearing thick/fluffy socks over tights. Only black socks are permitted. White, grey, or coloured socks are not allowed and will need to be removed if worn.

There has also been an increase in Jewellery. Jewellery is not allowed and will be confiscated if worn. Confiscated items will be kept in a secure envelope and returned at the end of the week. The school will not be responsible for any lost items, as it is clearly stated that jewellery is not part of the uniform policy.

*Ms Apperley*

*Year 8 Lead*



# Year 9 News

| Form | Praise Points | Attendance |
|------|---------------|------------|
| 9.1  | 665           | 93.5%      |
| 9.2  | 379           | 90.5%      |
| 9.3  | 647           | 93.6%      |
| 9.4  | 408           | 95.6%      |
| 9.5  | 602           | 97.4%      |
| 9.6  | 632           | 95.9%      |

## Key Messages

*Dear Parents and Carers,*

### Behaviour & Attendance

Well done to **9.1** with the most praise this fortnight, to **9.3** for the least negative points and **9.5** – best attendance. Good to see **9.4 & 9.6** maintaining over **95% attendance** too—keep it up! Consistent attendance is key to academic success, and we encourage all students to aim for a minimum of 95%. Please do continue to support your child in maintaining good routines.

### Use of the Library

I would always encourage pupils to make use of the school library for completing homework, independent research or just general book browsing. However, I have recently had to deal with a few incidents of poor behaviour. If pupils are unable to behave in the expected manner in the library, they will be banned from using this valuable facility. I really hope that there will be no further incidents. A reminder that the library is available every day before school, at lunchtime and after school. It is also available exclusively to year 9 on a Wednesday breaktime.

### Skirt Length

I'm afraid lots of the girls are still coming into school with their skirts rolled up at the waist causing them to be inappropriately short. I will be logging sanctions for any pupils that I find with skirts rolled up and any girls found to be persistently flouting this rule will be required to wear trousers in future.

### General Equipment & Uniform Reminders

A reminder of a few other items that tend to cause issues:

- **Girls – No white sports socks over tights!** These must be black. Pupils will be asked to remove these and will be sanctioned for persistent offenders
- **No hoop or drop earrings, no nose rings,** 1 pair of earring only please – non-uniform jewellery will be confiscated
- **No acrylic nails**
- **Boys** – no sports shorts or tracksuit bottoms under trousers
- **Equipment** – ALL pupils are expected to have a **reading book** at all times, this can be from the school library, your local library or brought in from home. The free '£1' books are not suitable as they are generally not age appropriate and pupils do not actually read them!

Thanks in advance for your support with these issues.

### Summer Term Trip

The year 9 summer reward trip will be to Thorpe Park this year. This will take place on Wednesday 8th June. A letter with full details will be with you very soon.

Thank you for your continued support.

*Ms Page*

*Year 9 Lead*



# Year 10 News

| Form | Praise Points | Attendance |
|------|---------------|------------|
| 10.1 | 133           | 89.2%      |
| 10.2 | 136           | 97.0%      |
| 10.3 | 82            | 84.9%      |
| 10.4 | 122           | 91.8%      |
| 10.5 | 100           | 87.0%      |
| 10.6 | 136           | 93.5%      |

## Key Messages

*Dear Parents/Carers,*

### Work Experience placements and Forms

Many thanks for your support in securing your child's work experience placement. Across year 10 we have had a large amount of places secured in advance of the deadline.

If you have been unable to secure a placement, we will shortly be sending out some information regarding available options. Please ensure you are discussing this with your child to ensure they engage with the possible options presented to them. Pupils will then have to select from the choices presented to them.

### Uniform

Unfortunately the topic of uniform is an area that continually needs revisiting. As a polite reminder, please can you ensure your child is arriving at school with their full uniform, this includes their blazer and tie.

Whilst we recognise that at times issues may arise, it is then important to inform your child that they may have to wear uniform provided. Failure to accept items may mean behaviour sanctions will be put in place. To avoid this, it is important that you encourage your child to take accountability for the uniform. If this remains a persistent issue, pupils will be sent home to collect their missing uniform items.

### Academic Report

You would have recently received your child's academic progress report. Please note that these reports **DO NOT** reflect your child's recent assessment results these are from challenge week 1. We are currently marking challenge week 2 exams and this new data will be with you after Easter. Please discuss this with your child, or should you have any further concerns please contact your child's form tutor.

### Praise Points

Well done to 10.3 and the work being produced within their English lesson. Ms Singh has highlighted their efforts alongside the quality of extended writing scripts being produced.

During our rewards assembly, work will be presented as it is important fellow peers recognise the quality of work being produced. At the same time, 10.4 are doing extremely well with their overall behaviour points achieved last week.

*Mr Smith*

*Year 10 Lead*



# Year 11 News

| Form | Praise Points | Attendance |
|------|---------------|------------|
| 11.1 | 66            | 88.4%      |
| 11.2 | 64            | 89.8%      |
| 11.3 | 71            | 98.4%      |
| 11.4 | 77            | 98.6%      |
| 11.5 | 93            | 97.2%      |
| 11.6 | 55            | 92.4%      |

## Key Messages

### *Dear Parents/Carers,*

As we approach the final stretch before exams, I want to take the time to praise the hard work and dedication of many of our Year 11 pupils. It has been fantastic to see so many of them engaged in their learning and putting in the effort needed to succeed. Every single pupil has the ability to do well in their exams, and this is the final push to ensure they reach their full potential.

### **Form Time Intervention**

Based on valuable feedback from both teachers and pupils, I will be adjusting the form time intervention programme to better support pupils in the run-up to their exams. This new approach will offer pupils greater choice and independence, allowing them to focus on the areas they need to develop most. For this to be successful it is vital that pupils engage and are proactive.

### **Sanctions & Leavers' Day/Prom Eligibility**

Please be reminded that any pupil who receives two reflections this term will not be permitted to attend the Leavers' Day celebrations and prom. All pupils have been made aware of this expectation. Please help up by encouraging your child to attend school on time, wear correct uniform and complete all homework set.

### **Booster Sessions – Encouraging Attendance**

Please encourage your child to attend the final round of boosters sessions. I have reassured pupils that these sessions are a valuable form of revision, rather than additional work. This is a crucial time for them, and taking advantage of every opportunity—such as booster sessions—will make a significant difference. We know this is a stressful period, and we are here to support them every step of the way. Your encouragement in ensuring your child attends these sessions would be greatly appreciated.

### **Parents' Evening – Thursday 27th March (4:00-6:00 PM)**

To accommodate Ramadan and the breaking of fast, Parents' Evening will now take place from 4:00 to 6:00 PM. Please note that reports will not be sent home – instead, you will receive a pack on the evening containing:

- Your child's most up-to-date report
- A reflection card
- QLA (Question Level Analysis) for Maths
- Revision materials to purchase.
- Exam timetables

To help us prepare, please complete the following form to confirm your attendance: <https://forms.gle/3dLMLPRLER1uw9CE9>

Thank you for your continued support. If you have any questions, please do not hesitate to get in touch.

*Ms Clancey*

*Year 11 Lead*



# Year 12 News

| Form | Praise Points | Attendance |
|------|---------------|------------|
| 12.1 | 1             | 95.8%      |
| 12.2 | 13            | 99.0%      |
| 12.3 | 17            | 96.0%      |
| 12.4 | 6             | 93.2%      |
| 12.5 | 12            | 97.8%      |

## Key Messages

*Dear Parents & Carers of Year 12,*

### Envision Programme Final Trip reminder

This will take place on Wednesday 2nd April 2025. Pupils will leave school at 9:00 and arrive at the Nuveen offices at 10:00am. The event finishes at 12:30 after which we will travel back to school. We expect to arrive at 2pm after which pupils will attend their period 5 lessons. Pupils will be expected to cover their own travel costs by topping up their oysters. They will need to have £5.50 on their oyster for the return trip. Pupils will need to bring a packed lunch. Lunch will be provided for those on free school meals. This is a great opportunity for the pupils to showcase all of their hard work that has been put in throughout the programme.

### Reminder of Uniform Expectations

A reminder that your child is expected to attend sixth form in smart business wear. Hoodies, leggings and jeans should not be worn to sixth form and students will be sanctioned for wearing these items. Shoes should also be black leather/leather look. A polite reminder that skirts should be knee length and that students need to wear their lanyards at all times whilst at school.

### Work Experience

Pupils have also been given the form that they will need to complete when finding their own work experience placements. A copy of this form can also be found on the year 12 noticeboard. Completed forms will need to be handed to Ms Bashal by the end of the month.

### Pastoral Reminders

A polite reminder that parents should inform the Sixth form reception via [sixthformattendance@heathcote.waltham.sch.uk](mailto:sixthformattendance@heathcote.waltham.sch.uk) or 020 8498 5110 option 3 if their child will not be present at school. This needs to be done every day of non-attendance.

### Contact Details

If you'd like to contact me via e-mail the address is: [pmiltiadou@heathcote.waltham.sch.uk](mailto:pmiltiadou@heathcote.waltham.sch.uk)

*Mr Miltiadou*  
*Year 12 Lead*



# Year 13 News

| Form | Praise Points | Attendance |
|------|---------------|------------|
| 13.1 | 3             | 99.1%      |
| 13.2 | 14            | 89.6%      |
| 13.3 | 0             | 92.8%      |
| 13.4 | 18            | 91.0%      |
| 13.5 | 30            | 91.3%      |

## Key Messages

### *Dear Parents/Carers of Year 13,*

You will soon be receiving your child's final year 13 report. Staff have marked and deliberated on the final challenge week assessments and have begun feeding back to pupils. We hope this is an impactful and reflective process that helps pupils to identify and direct their revision in the coming months.

### **Boosters**

Booster sessions are still continuing, with the expectation that pupils attend all sessions that they have been invited to. The sessions are an add on to their usual lessons and have been shown to improve pupils outcomes.

### **Year 13 Personalised Messages - Words of Encouragement (Top Secret)!**

To send your child a special personalised message during our year 13 'GOOD LUCK' assembly please follow this link: <https://forms.gle/vHJFG37cax5nNbEn8>

This is always a special moment and pupils really appreciate it when Parents/Carers write personalised messages to them; sharing memories, encouragement and good luck messages to read prior to their exams. Please complete the google form by Friday 4th April 2025, we will then ensure your child receives your message on a postcard. Alternatively if you would like to provide us with your own creative physical message (E.G a message on the back of a photo) then please ensure this is delivered to sixth form reception by Friday 19th April 2024.

### **Leavers Hoodies:**

I would like to give pupils the opportunity to order leavers hoodies but there are 2 options;

Option 1: They Pay £23 just for the Hoodie

Option 2: They Pay £26 total for the hoodie & £3 for personalisation

Once payment is made can we ask parents to fill in this form, if this link can be shared with the payment info?

<https://forms.gle/iXErxb2Kx9c3F68s7>

Closing date is **Friday 28th March for payment & Completion of the form.**

### **End of term**

Just a reminder that the end of term is on Friday 4th April – normal school times.

*Ms Lewis*

*Year 13 Lead*



# Other News & Events

## English Department Celebrates Success

Some great news from English this week, where we had no less than three winners in our exciting World Book Day Trail Competition!

Congratulations to **Ben T** and **Kian A-F** in Year 8, and **Cameron C-J** in Year 7, who received an Amazon voucher in recognition of their success, all pictured below. Well done to everyone who took part, we loved seeing your enthusiasm and book knowledge! Keep reading!

In addition, Kian (below, centre) entered the Young Writers Competition. Young Writers has been running since 1991 and offers children the chance to write an original work and see it in print. Kian submitted his poem, "*What The World Has Become*", and won the competition! His poem has been published in "The Beautiful Truth!". Well done Kian!

### Ms Roberts and Ms Reid



#### What The World Has Become

*I sit here in the glade,  
I listen to the bird's chatter and sing  
and smile  
The world is at peace*

*As years progress  
I hear only news of death and  
destruction*

*I investigate and realise*

*Man still thinks nothing  
Still says nothing  
Still hears nothing*

*Yet I think everything  
I say everything  
But I still hear nothing  
Of what the world has become*

*I look around me and  
See the earth weeping*

*I approach her and enquire  
"Why do you weep?"  
She replies*

*"For all the glades that have been  
cut down by blades  
For all the forget-me-nots that have  
been forgot*

*And for what the world has  
become."*

*Has Man destroyed Earth  
So we perish early with pain  
Or has Man destroyed Earth  
To live forever and suffer?*

*I think to myself  
Why does no one think anything?  
Why does no one say anything?  
Why do I still hear nothing  
Of what the world has become?*

*Is humanity really so blind  
As to not see the world as it is?  
As to not see the destruction they've  
caused?  
As to not see what the world has  
become?*

*I sit again in the glade, yet now it  
has been cut down by blades  
Used to be surrounded by forget-me-  
-nots but now they have been forgot  
The birds used to chatter and sing,  
now they howl and cry for help and I  
weep*

*For what has the world become.*

**Kian A-F, age 12**



# Other News & Events

Children's Services Directorate



Waltham Forest Town Hall, Fellowship Square, Forest Road, London E17 4JF

**Email:** [wfholidayactivityprogramme@walthamforest.gov.uk](mailto:wfholidayactivityprogramme@walthamforest.gov.uk)  
**Direct Line:** 0208 496 6076  
**Date:** Friday 7<sup>th</sup> March 2025

Dear Parent

**Re: Book your child for their free Easter holiday club**

I am pleased to be writing to invite you to book your child onto the free Waltham Forest's Holiday Activity and Food Programme for Easter 25.

These free holiday opportunities are funded through the government's Holiday Activities and Food (HAF) programme, which enables us to provide a holiday programme across the borough for primary and secondary school aged children who are eligible for benefits-related free school meals.

From Monday 10<sup>th</sup> March you will be able to visit the website below where you will be able to book your child onto a range of sessions. To ensure all eligible children have access to our programme, your child is able to book up to **4 sessions** during the Easter holidays from Monday 7<sup>th</sup>- Thursday 17<sup>th</sup> April 2025, at no cost to you. The sessions will include a variety of fun activities, including sports, music, arts and other exciting opportunities to learn and develop skills, alongside a nutritious meal each day.

- To find out more and the places available to book, please visit [www.walthamforest.gov.uk/holidays](http://www.walthamforest.gov.uk/holidays)
- If you have any queries regarding the holiday activity programme, please email [wfholidayactivityprogramme@walthamforest.gov.uk](mailto:wfholidayactivityprogramme@walthamforest.gov.uk) or call 0208 496 6076.

In addition to this free programme, families who are eligible for Universal Credit may be able to claim back up to 85% of their childcare costs. Please visit <https://www.gov.uk/help-with-childcare-costs/universal-credit> to find out more.

Yours faithfully,

**Lindsay Jackson**  
Assistant Director Access, Participation and Mainstream Inclusion  
Waltham Forest Council

[walthamforest.gov.uk](http://walthamforest.gov.uk)

# Other News & Events



**WALTHAM FOREST  
HOLIDAY ACTIVITY AND FOOD PROGRAMME**

# EASTER 2025

**7 APRIL - 17 APRIL**

**ARE YOU AGED BETWEEN 5-16  
AND IN RECEIPT OF BENEFIT  
RELATED FREE SCHOOL MEALS?**

Funded by the Department for Education, this easter we have the opportunity for you to try a wide range of free activities, have fun, make friends and enjoy a free meal every day across the borough.

To book your place and find out more scan here:



or visit

**WALTHAMFOREST.GOV.UK/HOLIDAYS**

**Booking is essential on all activities  
so book early to avoid disappointment**

For queries please contact the Waltham Forest Holiday Activity Programme team on:

**WFHOLIDAYACTIVITYPROGRAMME@  
WALTHAMFOREST.GOV.UK**



# Other News & Events

**Ready to make new habits as a family?**

**Come along to our fun and free healthy lifestyle courses!**

12-week Beezee Families courses starting

**21st April 2025**



Healthy eating tips



Small changes that make a big difference



Fun activities for the whole family



Our programmes are for children above their ideal weight, see our website for more information.

24-2106

**Beezee**  
**FAMILIES**

|           |                 |  |
|-----------|-----------------|--|
| Monday    | TBC             | TBC  |
| Tuesday   | 22nd April 2025 | 5.30pm at Leyton Cricket Ground E10 6RJ          |
| Wednesday | 23rd April 2025 | 5.00pm at Chingford C of E Primary School E4 7BP |
| Thursday  | 24th April 2025 | 5.30pm at Walthamstow School For Girls E17 9RZ   |

Places are limited, so get in touch with us today.

Sign up for your family's FREE place at

[wlf.maximusuk.co.uk/beezeefamilies](http://wlf.maximusuk.co.uk/beezeefamilies)



**03308 186 308**



[hello@walthamforest@maximusuk.co.uk](mailto:hello@walthamforest@maximusuk.co.uk)



# Lunch Menu

## Week Beginning 17th March

| WEEK 2   | MONDAY<br>CLIMATE<br>CHANGE DAY  | TUESDAY<br>BURGER DAY  | WEDNESDAY<br>TRADITIONAL<br>DAY   | THURSDAY<br>CURRY DAY   | FRIDAY<br>CHEFS CHOICE   |
|--|--|--|---|---|--|
| <b>MAINS</b>   | CREAMY PASTA BAKE ●<br>SWEET AND SOUR<br>VEGETABLES WITH<br>MIXED RICE ●Y<br>JACKET POTATO WITH<br>VARIOUS FILLINGS ●Y ● | SPICY NACHO TOPPED<br>BEEF BURGER IN A<br>FLOURED BUN WITH<br>ITALIAN DICED POTATOES<br>HALLLOUMI BURGER WITH<br>ITALIAN DICED POTATOES ●<br>JACKET POTATO WITH<br>VARIOUS FILLINGS ●Y ● | ROASTED GARLIC AND<br>LEMON CHICKEN WITH<br>ROSEMARY ROAST<br>POTATOES, SAGE AND<br>ONION STUFFING, AND<br>GRAVY<br>HOMEMADE CHEESE AND<br>SWEETCORN QUICHE<br>WITH ROSEMARY ROAST<br>POTATOES ●<br>JACKET POTATO WITH<br>VARIOUS FILLINGS ●Y ● | LAMB ROGAN JOSH<br>WITH MIXED RICE<br>THAI KATSU CURRY<br>WITH MIXED RICE ●Y ●<br>JACKET POTATO WITH<br>VARIOUS FILLINGS ●Y ● | MSC FISH FINGERS WITH<br>CHIPPED POTATOES<br>OR BUBBLE CRUMB SALMON<br>WITH CHIPPED POTATOES<br>STUFFED BELL<br>PEPPER ●Y ●<br>JACKET POTATO WITH<br>VARIOUS FILLINGS ●Y ● |
| ALL DISHES SERVED WITH SEASONAL VEGETABLES OR MIXED SALAD        |  |  |   |   |  |
| <b>STREET</b>  | SPICED BANGKOK<br>NOODLES ●  | FISH AND CHIP<br>WRAP  | TEX MEX   | CHILLI TOPPED<br>NACHOS   | PIRI PIRI<br>CHICKEN WINGS   |
| <b>PASTA</b>   |   |   |    |    |   |
| <b>COLD</b>  | SELECTION OF<br>SANDWICHES,<br>BAGUETTES AND WRAPS   | SELECTION OF<br>SANDWICHES,<br>BAGUETTES AND WRAPS   | SELECTION OF<br>SANDWICHES,<br>BAGUETTES AND WRAPS  | SELECTION OF<br>SANDWICHES,<br>BAGUETTES AND WRAPS  | SELECTION OF<br>SANDWICHES,<br>BAGUETTES AND WRAPS   |
| <b>DESSERTS</b>  | PEACH MELBA ●<br>FRESH FRUIT ●Y<br>FRUIT POTS ●Y<br>ORGANIC FRUIT YOGURT ●<br>ICE CREAM TUB ●                            | APPLE CRUMBLE ●<br>SERVED WITH CUSTARD<br>●Y ●<br>FRESH FRUIT ●Y<br>FRUIT POTS ●Y<br>ORGANIC FRUIT YOGURT ●<br>ICE CREAM TUB ●   | ETON MESS ●<br>FRESH FRUIT ●Y<br>FRUIT POTS ●Y<br>ORGANIC FRUIT YOGURT ●<br>ICE CREAM TUB ●   | LEMON CHEESECAKE ●<br>FRESH FRUIT ●Y<br>FRUIT POTS ●Y<br>ORGANIC FRUIT YOGURT ●<br>ICE CREAM TUB ●                            | CHOCOLATE AND<br>BEETROOT MUFFIN ●<br>SERVED WITH CUSTARD<br>●Y ●<br>FRESH FRUIT ●Y<br>FRUIT POTS ●Y<br>ORGANIC FRUIT YOGURT ●<br>ICE CREAM TUB ●                          |
| A SELECTION OF NATURAL FRUIT DRINKS / MILK SHAKE / BOTTLED WATER |  |  |   |   |  |

## Week Beginning 24th March

| WEEK 3   | MONDAY<br>CLIMATE<br>CHANGE DAY   | TUESDAY<br>BURGER DAY  | WEDNESDAY<br>TRADITIONAL<br>DAY   | THURSDAY<br>CURRY DAY  | FRIDAY<br>CHEFS CHOICE  |
|--|---|--|---|--|---|
| <b>MAINS</b>   | MAC N CHEESE ●<br>THAI STYLE JASMINE<br>RICE ●<br>JACKET POTATO WITH<br>VARIOUS FILLINGS ●Y ●                                       | BEEF TOWER BURGER<br>WITH JACKET WEDGES<br>FALAFEL STUFFED PITTA<br>WITH MINT YOGURT AND<br>RED CABBAGE ●<br>JACKET POTATO WITH<br>VARIOUS FILLINGS ●Y ● | HOMEMADE CHICKEN<br>AND SWEETORN<br>PIE WITH ROASTED<br>POTATOES AND GRAVY<br>ROASTED VEGETABLE<br>LOAF WITH ROASTED<br>POTATOES AND GRAVY ●<br>JACKET POTATO WITH<br>VARIOUS FILLINGS ●Y ● | BEEF CURRY<br>WITH MIXED RICE<br>TOFU CURRY WITH<br>EGG FRIED RICE ●<br>JACKET POTATO WITH<br>VARIOUS FILLINGS ●Y ●                  | MSC DEEP FRIED FISH<br>WITH CHIPPED POTATOES<br>OR MSC FISH FINGERS<br>WITH CHIPPED POTATOES<br>OLIVE & TOMATO<br>RISOTTO ●Y ●<br>JACKET POTATO WITH<br>VARIOUS FILLINGS ●Y ● |
| ALL DISHES SERVED WITH SEASONAL VEGETABLES OR MIXED SALAD        |   |  |   |  |   |
| <b>STREET</b>  | CLASSIC CHEESE AND<br>TOMATO PIZZA WEDGE<br>AND GARLIC BREAD  | CHICKEN ZINGER<br>WRAP   | SMOKEY BEEF<br>BURRITO  | SPRING ROLLS WITH<br>MIXED RICE AND SWEET<br>CHILLI SAUCE ●Y ●   | STICKY CHICKEN<br>WINGS WITH<br>CHIPPED POTATOES  |
| <b>PASTA</b>   |    |   |    |   |    |
| <b>COLD</b>  | SELECTION OF<br>SANDWICHES,<br>BAGUETTES AND WRAPS  | SELECTION OF<br>SANDWICHES,<br>BAGUETTES AND WRAPS   | SELECTION OF<br>SANDWICHES,<br>BAGUETTES AND WRAPS  | SELECTION OF<br>SANDWICHES,<br>BAGUETTES AND WRAPS   | SELECTION OF<br>SANDWICHES,<br>BAGUETTES AND WRAPS  |
| <b>DESSERTS</b>  | PINEAPPLE UPSIDE<br>DOWN CAKE ●<br>AND CUSTARD ●Y ●<br>FRESH FRUIT ●Y<br>FRUIT POTS ●Y<br>ORGANIC FRUIT YOGURT ●<br>ICE CREAM TUB ● | APPLE PIE ● SERVED WITH<br>CUSTARD ●Y ●<br>FRESH FRUIT ●Y<br>FRUIT POTS ●Y<br>ORGANIC FRUIT YOGURT ●<br>ICE CREAM TUB ●                                  | RICE PUDDING WITH<br>FRUIT COMPOTE ●<br>FRESH FRUIT ●Y<br>FRUIT POTS ●Y<br>ORGANIC FRUIT YOGURT ●<br>ICE CREAM TUB ●  | FROSTED CARROT<br>CAKE ● SERVED WITH<br>CUSTARD ●Y ●<br>FRESH FRUIT ●Y<br>FRUIT POTS ●Y<br>ORGANIC FRUIT YOGURT ●<br>ICE CREAM TUB ● | STICKY CHOCOLATE<br>BROWNIE ● SERVED WITH<br>CUSTARD ●Y ●<br>FRESH FRUIT ●Y<br>FRUIT POTS ●Y<br>ORGANIC FRUIT YOGURT ●<br>ICE CREAM TUB ●                                     |
| A SELECTION OF NATURAL FRUIT DRINKS / MILK SHAKE / BOTTLED WATER |   |  |   |  |   |