

# HEATHNOTES

Encourage - Challenge - Succeed



**ISSUE 107**  
**7th February 2025**

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**NEXT WEEK IS  
TIMETABLE...**

# A

Dear Parents/ Carers,

We are delighted to celebrate the achievements of Mollie Hutton and Phoebe Lott, who have both been offered places at Oxford and Cambridge universities. Mollie will be reading Psychology and Linguistics at Oxford. Whilst Phoebe will be reading English at Cambridge. This is a fantastic accomplishment, and we are incredibly proud of them.



We also want to acknowledge the hard work and dedication shown by our Year 11 and Year 13 pupils during their exams this week. Their focus and commitment to doing well have been truly commendable.

A heartfelt thank you to the History and Maths departments for organising this week's trips, which have provided our pupils with enriching and memorable learning experiences.

Congratulations to all pupils who took part in the UKMT challenge. Their achievements reflect their dedication and enthusiasm for mathematics, and we are so pleased to see them excel.

Our Year 12 pupils have been making a wonderful contribution to the school community by supporting lessons and leading whole-school fundraising activities. Their leadership and willingness to help others have been inspiring.

As we approach the end of term, we would like to remind families that school will finish at **12:30 pm on 14th February**. Pupils who receive Only Free School Meals will be provided with a cold lunch, and families eligible for FSM will receive their holiday vouchers as usual. Pupils are expected to go straight home at the end of the school day.

Parents are also encouraged to revisit the information shared by Ms Mitchell regarding Challenge Week, which will take place after half-term. These resources will be valuable in helping pupils prepare.

We would also like to take a moment to express our gratitude to Linda Elliott, who will be retiring after 28 years as our librarian. Her dedication and contribution to the school have been invaluable, and we wish her all the very best in her well-earned retirement.

Finally, we are pleased to share that we have welcomed a new Communication Support Worker to our Deaf Support Department, helping to strengthen our provision while we continue our search for a Teacher of the Deaf. After half-term, Ms Overare will be holding a meeting for parents of deaf pupils to provide more details about the support available.

We hope that all our pupils, families, and staff enjoy a well-deserved break over half-term. We look forward to welcoming everyone back refreshed and ready for the new half-term ahead.

### UPCOMING EVENTS

**Thursday 13th February**

Year 12 Parents Evening

**Friday 14th February**

End of Term—Pupils Leave School At 12.30pm

**Monday 24th February**

Pupils Return To School—Challenge Week Begins (Years 7/8/9/10)

### REMINDERS

- Breakfast Club pupils are expected to arrive and sign in via the main school reception before 8:15am - they will not be able to attend if they arrive after this time.
- Please ensure you download the Arbor App if you have not already done so. More information can be found here; <https://support.arbor-education.com/hc/en-us/sections/201716749-Using-Parent-Portal-and-the-Arbor-App-as-a-parent>

**Heathcote School & Science College, 96 Normanton Park, Chingford, London, E4 6ES**

# School Notices

## Year 10 & Year 12 Work Experience

Students have until **Friday 28th February** to submit their work experience forms and insurance documents. Thank you to those of you have actively been looking to support your child. If you have not yet found a placement, please spend some of half term helping to find a suitable placement.

The next stage of the process is that BEP, our service provider, will begin to do safety checks.

## Year 9 Options- The Process

Thank you for attending a successful parents evening and we hope it gave you a clearer understanding of the subject choices available. The next stage is that students will participate in the 'straw poll' which will help the school start to plan blocks based on initial interest.



## Upcoming Trips and Events

**Year 11 – 13th February** – LASC Meet the Employer Event

**Year 9 – 24-28th February** – Women In Aviation

**Year 8/9 – 31st March** – The Globe, Macbeth

If your child has been invited to any of these events, you will receive notification through Arbor. Please check to avoid any last minute disappointment.

We were delighted to receive the following feedback about the Year 9 visit to the Paradox Museum in London this week!

*“A huge thank you for organising a wonderful trip for the Year 9’s! I have a very happy year 9 student who REALLY enjoyed the day! We have had such an animated conversation explaining the various themes and illusions she encountered. She absolutely loved it!*

*She said it was one of the best trips she had been to - and from a girl who generally doesn’t light up at the thought of museums.....she really loved the interactive elements and wants to go back again with the family!!!! A result!*

*The planning on these day trips aren’t always acknowledged but many thanks for keeping the children safe and happy and thank you to the Maths dept also for the fabulous experience!”*



# School Notices

## Year 10 Food Preparation and Nutrition 2024-2025 students

**Dear Parents,**

Please see the links below for the timetables for our Year 10 and Year 11 Food Preparation and Nutrition pupils. This has all the information for the lessons, the homework and any ingredients they will need for the coming year. Year 11 pupils started their coursework for **NEA 1** from the 3rd of September 2024.

All ingredients are placed in the homework section and are placed in the homework the week before they are needed. Hopefully this will stop last minute requests for ingredients.

The school will supply any one-off ingredients for recipes such as baking powder, syrup and jerk seasoning. If ever there is an issue with Ingredients please do not hesitate to email me or send your child in with a note.

All pupils will need to supply a plastic container to take their food home in. This can be a container such as a large sweet plastic tub. They will also need a hair band or hair tie if they have long hair.

Acrylic and false nails and nail polish are a health and safety issue in catering. So please refrain from fake nails and nail polish.

If there are any issues please contact me on [mroffey4.320@heathcoteschool.com](mailto:mroffey4.320@heathcoteschool.com) .

Thank you so much for your support and I look forward to working with your children in the forthcoming year.

[Please Click Here](#) for the Year 10 timetable.

[Please Click Here](#) for the Year 11 timetable.

**Ms Roffey**

**Food and Nutrition**



# Reading at Heathcote

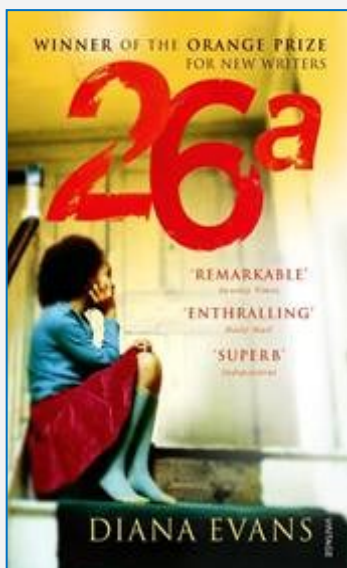
## Accelerated Reader

Congratulations to the following pupils for achieving a score of 90-100% correct in their A/R Quizzes. Well done to all those pupils who continue to read!

Year 7	Year 8	Year 9
Mia H-M 100% Correct	Georgina T 100% Correct	Georgia D 100% Correct
Zander B 100% Correct		Eleanor J 100% Correct

## Heathcote's Book Of The Fortnight

**26a** by *Diana Evans*



Identical twins, Georgia and Bessi Hunter, live in the loft of 26 Waifer Avenue. It is a place of beanbags, nectarines and secrets, and visitors must always knock before entering. Down below there is not such harmony. Their Nigerian mother puts cayenne pepper on her Yorkshire pudding and has mysterious ways of dealing with homesickness; their father angrily roams the streets of London, prey to the demons of his Derbyshire upbringing.

Forced to create their own identities, the Hunter children build a separate universe. Their elder sister Bel discovers sex, high heels and organic hairdressing whilst the twins prepare for a flapjack empire. It is when the reality comes knocking that the fantasies of childhood start to give way. How will Georgia and Bessi cope in a world of separateness and solitude, and which of them will be stronger?

*Thanks to Ms Elliott, our Librarian who provides our Accelerated Reader results and Book of the Fortnight. Ms Elliott retires next week after serving the school for some 29 years. She will be very much missed!*



# Year 7 News

Form	Praise Points	Attendance
7.1	183	81.9%
7.2	224	91.8%
7.3	170	91.4%
7.4	328	99.3%
7.5	305	95.0%
7.6	343	98.0%

## Key Messages

### *Dear Parents/Carers,*

As we approach half-term, we encourage you to support your child in preparing for Challenge Week, which will take place i after the break. Resources to aid revision are available on Google Classroom, and we ask that you remind your child to engage with them thoroughly.

### **Effective Revision Tips:**

- Encourage your child to create a revision timetable to balance their studies.
- Promote active revision techniques such as summarising key points, using flashcards, and practicing past questions.
- Ensure they take regular breaks to maintain focus and avoid burnout.
- Encourage a good night's sleep and healthy meals to support concentration.

**Behaviour Expectations:** We have noticed that as pupils become more tired, there can be a decline in behaviour. Please reinforce our school expectations with your child:

- Follow all staff instructions promptly.
- No talking after the whistle at line-up.
- Adhere to the one-way system around school.
- Wear blazers at all times unless instructed otherwise.
- Keep hands, feet and objects to themselves
- No name calling, everyone should be treated with respect

**Statement Writing:** We remind pupils that statements should only be written for high-level concerns that cannot be resolved by the class teacher. Please encourage your child to speak to the tutor or teacher for minor issues that have not been reported to teachers or tutors.

**Form & Teaching Group Changes:** Due to the year group being at full capacity, we are unable to make form changes. We appreciate your understanding on this matter.

**Rewards Assembly:** Next week, we will be holding our Rewards Assembly to celebrate the hard work and achievements of our pupils. We look forward to recognising their efforts and encouraging continued success.

Thank you for your continued support in ensuring a positive and productive school environment for all.

*Ms Gasper*

*Year 7 Lead*



# Year 8 News

Form	Praise Points	Attendance
8.1	209	92.3%
8.2	334	98.6%
8.3	224	92.8%
8.4	142	94.1%
8.5	143	89.3%
8.6	238	95.8%
8.7	209	98.1%

## Key Messages

### Dear Parents/Carers,

Year 8 pupils represented the school with pride during their trip to the British Museum with the History department on Thursday. Throughout the visit, the pupils demonstrated excellent behaviour, showing curiosity and asking questions as they explored the museum's exhibits. Pupils engaged in viewing the ancient artefacts, and showed a genuine interest in deepening their historical knowledge. Their respectful conduct towards staff, visitors, and the museum reflected the high standards we have every day at school. Well done to all pupils for being great ambassadors for our community.

We look forward to celebrating the achievements of our Year 8 pupils in next week's half-term rewards assembly. It makes me incredibly proud to be able to recognise those who consistently uphold our school values while aiming for excellence in their education and enrichment opportunities. I would like to give special recognition to the 58 pupils who have maintained a flawless record (right), without

Harriet	Sofia C	Safia	Giray	Thomas	Chloe
Jenaya	Lucy	Tia H	Naail	Emilia	Millie
Nikola	Tommy	Tia	Otis	Melissa S	Dexter T
Belle	Rae	Jay	Daniel K	Max S	Ben
Konnie	Esther	Georgie H	Mandy	Nathan	Georgina T
Sophie	Lola F	Harry	Ray	Haadi	Alina
Nia	Esme	Alice H	Abirami	Jasmine S	Skyla
Reuben	Charlotte	Yasmin H	Mabel	Jack S	Jacob
Cirilla	Toby	Ollie	Alice	Eddie S	
Sophia C	Armin	Omer K	Rubyrose	Sarah	

receiving a single negative point since September. Their dedication to daily attendance, focus, and respectful behaviour reflects the high standards we encourage, and it is wonderful to see them continue to thrive.

### Reminders

Please ensure that the following recurring concerns are addressed with Year 8 pupils, as a significant number are receiving daily restorations for these reasons:

- **Punctuality to School and Lessons** - It is essential that pupils arrive on time for both school and their lessons to maintain a structured and effective learning environment. Persistent lateness disrupts lessons and impacts the learning of others.
- **Attendance at Restorations** - Pupils must attend their scheduled restorations. The restoration list is printed daily, and tutors will remind pupils of their obligations. Failure to attend restorations without a valid reason will lead to further escalation. If a pupil is unable to attend an after-school restoration, parents or guardians should inform the school in advance to reschedule it for the following day.
- **Correct Equipment** - As part of their essential school equipment, all pupils are required to bring a reading book every day. This ensures they are prepared for any reading activities and promotes literacy across the school. This year I will be enforcing a big push on reading habits and exploring varied texts to enhance literacy skills and outcomes.
- **Incorrect uniform** - Some Year 8 pupils have been abusing the returns system and using it to truant lessons. Moving forwards, only Year 8 pupils that have been collected by Ms Larkin first thing in the morning at line-up, or sent from late gate will be allowed to engage with the return system. Any pupils bringing themselves to H50 will be sent away and given a Truancy 10+ minutes restoration.
- **Prohibited Physical Behaviour ('Play-Fighting')** - The school has a strict no-contact policy, and 'play-fighting' is not an acceptable excuse for inappropriate physical interactions. Any form of physical behaviour will result in disciplinary action, with the minimum sanction being a regulation or reflection. More serious incidents of physical abuse will lead to suspension. Pupils must keep their hands, feet, and any objects to themselves at all times.

Thank you for your cooperation in reinforcing these expectations.



# Year 9 News

Form	Praise Points	Attendance
9.1	166	91.0%
9.2	133	95.8%
9.3	221	90.7%
9.4	90	96.0%
9.5	121	93.8%
9.6	173	94.0%

## Key Messages

### *Dear Parents and Carers,*

It was wonderful to see so many of you at the recent Parents/Options Information Evening. Attendance was outstanding, and we appreciate you taking the time to support your child's decision-making process. We hope you found the session informative and useful.

### **Key Date: Year 9 Options 'Straw Poll'**

During the week commencing March 3rd, pupils will take part in a 'straw poll' to express their initial subject preferences. This is an important step in guiding our curriculum planning, and while choices are not final at this stage, we encourage pupils to think carefully about their interests and future aspirations.

### **Behaviour Reminder**

We've had a positive week in terms of general behaviour, and we appreciate the support from parents in reinforcing our school expectations. However, we want to remind pupils that physical contact games—including a new online trend involving punching—are strictly prohibited. Any incidents will be sanctioned accordingly to ensure the safety and well-being of all students.

### **Attendance Update**

Attendance has been mixed over the past fortnight. A special well done to 9.4, 9.5, and 9.6, who have all maintained over 95% attendance—a fantastic achievement! Consistent attendance is key to academic success, and we encourage all students to aim for excellent attendance. Please do continue to support your child in maintaining good routines.

### **Upcoming Trips**

The Twist Museum and The Paradox Museum trips this week were well received and pupils had the opportunity to engage in interactive and thought-provoking exhibits. We look forward to sharing positive feedback from these experiences in the next newsletter.

Thank you for your continued support.

*Ms Page*

*Year 9 Lead*



# Year 10 News

Form	Praise Points	Attendance
10.1	123	88.9%
10.2	184	84.8%
10.3	119	91.3%
10.4	110	96.6%
10.5	84	92.9%
10.6	99	87.8%

## Key Messages

*Dear Parents/Carers,*

### Work Experience placements and Forms

Many thanks for the vast majority of work placements secured. I am pleased with the amount of forms received to date. For those yet to secure placements, please remember that the school deadline is Monday 24th February 2025. Forms and placements should have been secure by this date.

Please reach out if you have any concerns.

### Vaping

Over the past few weeks, students have been educated on the risks associated with vaping, as we recognise this is becoming an increasingly prevalent issue within the community. It is essential to emphasise our concerns to both students and parents.

We would like to remind you that bringing vapes or refills into the school is strictly prohibited under our behaviour policy. As a result, students found in possession of these items may face suspension and, in some cases, permanent exclusion from the school.

We kindly ask for your support in reinforcing this message with your child.

### Attendance

Attendance throughout the year group has been outstanding. Congratulations to the majority of students who have maintained a 100% attendance record. 10.2 continue to lead the way for both praise points and their attendance.

Our praise assembly will be taking place on Tuesday 11th February. We will be highlighting the positive work and commitments made so far.

### Form time Intervention

Last week, year 10 form interventions were really successful. The majority of students engaged with this and the view is that it supports their strategies in preparation for challenge week.

Based on feedback, intervention will now take place every week A right up until the end of the year.

### Spring Term Trips

As a reminder, the English department will be running an English trip on Thursday 24th April 2025. This is linked to the topics currently being delivered in class.

Last chance reminder notifications have been sent out. If you would like your child to attend, please reach out as soon as possible.

*Mr Smith*

*Year 10 Lead*



# Year 11 News

Form	Praise Points	Attendance
11.1	45	91.7%
11.2	32	94.2%
11.3	27	94.8%
11.4	32	96.5%
11.5	42	95.7%
11.6	28	96.6%

## Key Messages

*Dear Parents/Carers,*

I am pleased to share that the first week of Challenge Week has gone very well. Pupils have been settled, focused, and excellently behaved throughout, demonstrating a mature and positive attitude towards their exams. It has been particularly encouraging to see their confidence as they enter and leave the exam hall.

As a year group, it is clear that they are taking this crucial year seriously, with the majority showing great focus on their exams, target grades, and revision.

I hope that pupils are finding study leave beneficial and using their time wisely to prepare for the days ahead. Many have faced intense exam schedules and have handled them brilliantly, showing resilience and determination.

A quick reminder regarding uniform expectations: these remain high during Challenge Week. In particular, blazers and appropriate footwear have been an issue. Please ensure your child continues to attend in full, correct uniform.

Additionally, we are aware that some pupils have missed exams this week. A catch-up plan is being finalised, and parents will receive an email with the rescheduled date and time. These details will also be available on your child's Arbor account.

Thank you for your continued support.

*Ms Clancey*

*Year 11 Lead*



# Year 12 News

Form	Praise Points	Attendance
12.1	9	96.3%
12.2	12	96.7%
12.3	24	91.2%
12.4	31	91.4%
12.5	15	98.7%

## Key Messages

*Dear Parents & Carers of Year 12,*

### **Year 12 Parents Evening**

As you are all aware the year 12 parents evening will be held on Thursday 13th February from 4pm-6:20pm. Please can I ask all parents and guardians to attend if you are able to as this is a great opportunity to see how your child is performing. This evening is compulsory for students and they must attend even if they are not able to be accompanied by a parent/guardian.

### **Work Experience Forms**

Pupils must complete their own work experience placement form when securing their work experience placements. Completed forms will need to be handed to Ms Bashal by 24th February 2025.

### **Reminder of uniform expectations**

A reminder that your child is expected to attend sixth form in smart business wear. Hoodies and Converse should not be worn to sixth form and students will be sanctioned for wearing these items. A polite reminder that skirts should be knee length.

### **Pastoral Reminders**

A polite reminder that parents should inform the Sixth form reception via [sixthformattendance@heathcote.waltham.sch.uk](mailto:sixthformattendance@heathcote.waltham.sch.uk) or 020 8498 5110 option 3 if their child will not be present at school. This needs to be done every day of non-attendance.

### **Contact Details**

If you'd like to contact me via e-mail the address is: [pmiltiadou@heathcote.waltham.sch.uk](mailto:pmiltiadou@heathcote.waltham.sch.uk)

*Mr Miltiadou*

*Year 12 Lead*



# Year 13 News

Form	Praise Points	Attendance
13.1	2	92.1%
13.2	3	91.7%
13.3	9	94.6%
13.4	10	87.1%
13.5	19	95.9%

## Key Messages

### *Dear Parents/Carers of Year 13,*

This half term has flown by, but has been extremely eventful; filled with trips, UCAS applications, open evening and two fantastic drama performances from our talented Drama pupils.

We would like to reiterate our thanks to all those pupils that have supported as volunteers in the last few weeks; as tour guides and subject leaders at open evening. A special mention to both Jenatie & Sumayya who spoke brilliantly and successfully showcased Heathcote to prospective pupils & their families. You made us proud and we very much appreciate you all.

Thank-you to those pupils that have tried to embrace the Heathcote values of Challenge, Encourage and Succeed. Unfortunately, this has not been the case across the whole of year 13, we have therefore made the decision to remove all pupil privileges until they can be rewarded back. All year 13 Pupils will, from Monday 10th February be expected to be in school all day from 8.30am – 15.10pm, with pupils remaining on site all day, no early finishes and no offsite lunchbreaks. Pupils have been reminded to bring sufficient revision / work to complete and to bring lunch / top up their dinner accounts until further notice. We will then reward pupils with these privileges back once our expectations are met once again.

As I'm sure you are aware Challenge Week 2 Mocks are in full swing. These are vital assessments for us to measure pupils' progress and evaluate any areas of intervention or support required. Please encourage and support your child to be as prepared as possible for these assessment, whilst also striking the difficult balance of encouraging them to rest and recuperate after a stressful and challenging period.

Have a fantastic half-term break when it arrives.

*Ms Lewis*

*Year 13 Lead*



# Other News & Events

## CALLING ALL PARENTS!

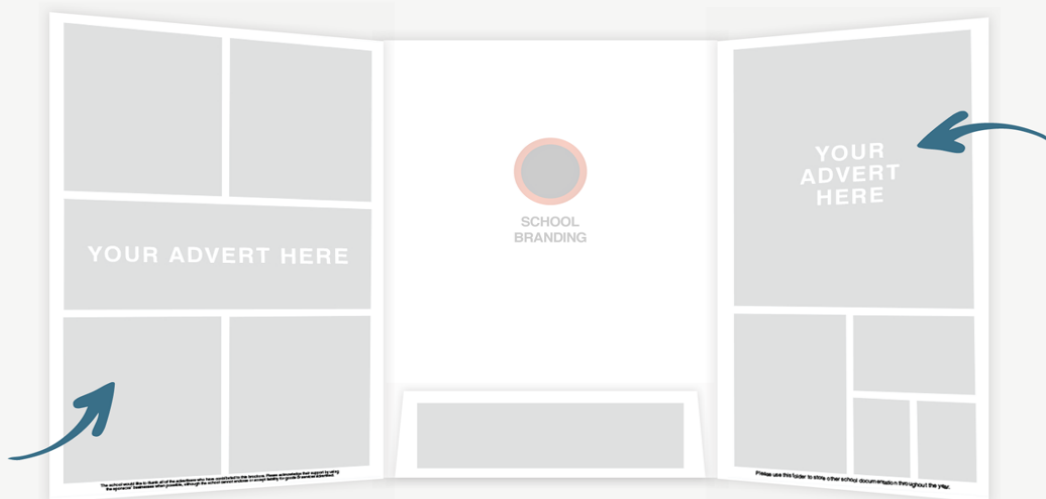


We are currently compiling a presentation folder for all of our parents. Inside the folder there will be space to include

## ADVERTISEMENTS FOR LOCAL COMPANIES AND BUSINESSES

### 3,000 FOLDERS WILL BE PRODUCED

and distributed to the parents of all our pupils, teachers and any others who request information about the school. Advertising revenue will generate income to boost school funds.



If you wish to take this opportunity to support the school and promote your business, act now to reserve your spot *space is limited*. Please register your interest with **FSE** on **01933 303520**.

# Other News & Events



## Join us Sunday Mornings



- Under 5 to Under 12's  
(Reception to year 7)
- Boys & Girls
- All Abilities welcome,  
No experience required



[Getintouch@chingfordrfc.co.uk](mailto:Getintouch@chingfordrfc.co.uk)



**Chingford Rugby Club**  
Waltham Way, E4 8AQ



[www.chingfordrfc.co.uk](http://www.chingfordrfc.co.uk)

# Other News & Events

# JOIN THE EXCITEMENT




**JOIN**  
**CHINGFORD**  
**RUGBY FOOTBALL CLUB**

We're recruiting:

Under 12's through to Colts (Year 7 to Year 13)

 [getintouch@chingfordrfc.co.uk](mailto:getintouch@chingfordrfc.co.uk)

 [www.chingfordrfc.co.uk](http://www.chingfordrfc.co.uk)

 **Chingford Rugby Club**  
Waltham Way, E4 8AQ



# Lunch Menu

## Week Beginning 10th February

WEEK 1	MONDAY CLIMATE CHANGE DAY	TUESDAY BURGER DAY	WEDNESDAY TRADITIONAL DAY	THURSDAY CURRY DAY	FRIDAY CHEFS CHOICE
<b>MAINS</b>	<p>HOMEMADE CHEESE AND POTATO PUFFS ● WITH POTATO WEDGES</p> <p>STICKY TOFU WITH MIXED RICE ● V</p> <p>JACKET POTATO WITH VARIOUS FILLINGS ● V ●</p>	<p>SPICED DIRTY CHICKEN BURGER IN A FLOURED BAP WITH JACKET WEDGES</p> <p>JERK POWER SAUSAGE IN A FLOURED BUN WITH JACKET WEDGES ● V</p> <p>JACKET POTATO WITH VARIOUS FILLINGS ● V ●</p>	<p>SPAGHETTI BOLOGANISE</p> <p>ROASTED WINTER VEGETABLE BIRYANI ● V</p> <p>JACKET POTATO WITH VARIOUS FILLINGS ● V ●</p>	<p>CHICKEN CURRY AND MIXED RICE</p> <p>SWEET POTATO AND CHICKPEA CURRY WITH MIXED RICE ● V</p> <p>JACKET POTATO WITH VARIOUS FILLINGS ● V ●</p>	<p>MSC DEEP FRIED FISH WITH CHIPPED POTATOS OR MSC FISH FINGERS WITH CHIPPED POTATOES</p> <p>SPICY VEGETABLE QUESADILLA ● V</p> <p>JACKET POTATO WITH VARIOUS FILLINGS ● V ●</p>
ALL DISHES SERVED WITH SEASONAL VEGETABLES OR MIXED SALAD					
					FRESH BREAD IS MADE DAILY
<b>STREET</b>	MEXICAN STYLE QUORN LOADED BURRITO ●	BEEF ENCHILADAS	SIZZLING CHICKEN AND GINGER STIR FRY WITH NOODLES	MAC N CHEESE ●	JERK CHICKEN WINGS
<b>PASTA</b>	 ● V ●	 ● V ●	 ● V ●	 ● V ●	 ● V ●
<b>COLD</b>	SELECTION OF SANDWICHES, BAGUETTES AND WRAPS	SELECTION OF SANDWICHES, BAGUETTES AND WRAPS	SELECTION OF SANDWICHES, BAGUETTES AND WRAPS	SELECTION OF SANDWICHES, BAGUETTES AND WRAPS	SELECTION OF SANDWICHES, BAGUETTES AND WRAPS
<b>DESSERTS</b>	<p>JAM COCONUT SPONGE ● AND CUSTARD ● V ●</p> <p>FRESH FRUIT ● V</p> <p>FRUIT POTS ● V</p> <p>ORGANIC FRUIT YOGURT ●</p> <p>ICE CREAM TUB ●</p>	<p>BANANA CAKE ● AND CUSTARD ● V ●</p> <p>FRESH FRUIT ● V</p> <p>FRUIT POTS ● V</p> <p>ORGANIC FRUIT YOGURT ●</p> <p>ICE CREAM TUB ●</p>	<p>CHOCOLATE CRACKNEL AND CHOCOLATE SAUCE ●</p> <p>FRESH FRUIT ● V</p> <p>FRUIT POTS ● V</p> <p>ORGANIC FRUIT YOGURT ●</p> <p>ICE CREAM TUB ●</p>	<p>LEMON DRIZZLE CAKE ● AND CUSTARD ● V ●</p> <p>FRESH FRUIT ● V</p> <p>FRUIT POTS ● V</p> <p>ORGANIC FRUIT YOGURT ●</p> <p>ICE CREAM TUB ●</p>	<p>FRUITY FLAPJACK ● V</p> <p>FRESH FRUIT ● V</p> <p>FRUIT POTS ● V</p> <p>ORGANIC FRUIT YOGURT ●</p> <p>ICE CREAM TUB ●</p>
A SELECTION OF NATURAL FRUIT DRINKS / MILK SHAKE / BOTTLED WATER					

## Week Beginning 24th February

WEEK 2	MONDAY CLIMATE CHANGE DAY	TUESDAY BURGER DAY	WEDNESDAY TRADITIONAL DAY	THURSDAY CURRY DAY	FRIDAY CHEFS CHOICE
<b>MAINS</b>	<p>CREAMY PASTA BAKE ●</p> <p>SWEET AND SOUR VEGETABLES WITH MIXED RICE ● V</p> <p>JACKET POTATO WITH VARIOUS FILLINGS ● V ●</p>	<p>SPICY NACHO TOPPED BEEF BURGER IN A FLOURED BUN WITH ITALIAN DICED POTATOES</p> <p>HALLOUMI BURGER WITH ITALIAN DICED POTATOES ●</p> <p>JACKET POTATO WITH VARIOUS FILLINGS ● V ●</p>	<p>ROASTED GARLIC AND LEMON CHICKEN WITH ROSEMARY ROAST POTATOES, SAGE AND ONION STUFFING, AND GRAVY</p> <p>HOMEMADE CHEESE AND SWEETCORN QUICHE WITH ROSEMARY ROAST POTATOES ●</p> <p>JACKET POTATO WITH VARIOUS FILLINGS ● V ●</p>	<p>LAMB ROGAN JOSH WITH MIXED RICE</p> <p>THAI KATSU CURRY WITH MIXED RICE ● V</p> <p>JACKET POTATO WITH VARIOUS FILLINGS ● V ●</p>	<p>MSC FISH FINGERS WITH CHIPPED POTATOES OR BUBBLE CRUMB SALMON WITH CHIPPED POTATOES</p> <p>STUFFED BELL PEPPER ● V</p> <p>JACKET POTATO WITH VARIOUS FILLINGS ● V ●</p>
ALL DISHES SERVED WITH SEASONAL VEGETABLES OR MIXED SALAD					
					FRESH BREAD IS MADE DAILY
<b>STREET</b>	SPICED BANGKOK NOODLES ●	FISH AND CHIP WRAP	TEX MEX	CHILLI TOPPED NACHOS	PIRI PIRI CHICKEN WINGS
<b>PASTA</b>	 ● V ●	 ● V ●	 ● V ●	 ● V ●	 ● V ●
<b>COLD</b>	SELECTION OF SANDWICHES, BAGUETTES AND WRAPS	SELECTION OF SANDWICHES, BAGUETTES AND WRAPS	SELECTION OF SANDWICHES, BAGUETTES AND WRAPS	SELECTION OF SANDWICHES, BAGUETTES AND WRAPS	SELECTION OF SANDWICHES, BAGUETTES AND WRAPS
<b>DESSERTS</b>	<p>PEACH MELBA ●</p> <p>FRESH FRUIT ● V</p> <p>FRUIT POTS ● V</p> <p>ORGANIC FRUIT YOGURT ●</p> <p>ICE CREAM TUB ●</p>	<p>APPLE CRUMBLE ● SERVED WITH CUSTARD ● V ●</p> <p>FRESH FRUIT ● V</p> <p>FRUIT POTS ● V</p> <p>ORGANIC FRUIT YOGURT ●</p> <p>ICE CREAM TUB ●</p>	<p>ETON MESS ●</p> <p>FRESH FRUIT ● V</p> <p>FRUIT POTS ● V</p> <p>ORGANIC FRUIT YOGURT ●</p> <p>ICE CREAM TUB ●</p>	<p>LEMON CHEESECAKE ●</p> <p>FRESH FRUIT ● V</p> <p>FRUIT POTS ● V</p> <p>ORGANIC FRUIT YOGURT ●</p> <p>ICE CREAM TUB ●</p>	<p>CHOCOLATE AND BEETROOT MUFFIN ● SERVED WITH CUSTARD ● V ●</p> <p>FRESH FRUIT ● V</p> <p>FRUIT POTS ● V</p> <p>ORGANIC FRUIT YOGURT ●</p> <p>ICE CREAM TUB ●</p>
A SELECTION OF NATURAL FRUIT DRINKS / MILK SHAKE / BOTTLED WATER					